



TEMPLESPA



A-Z

Product Directory 2023

Welcome to our Product Directory

January 2023

This is packed with information about all of our multi award-winning products and before you begin your read there's a few things we'd like to highlight about the information you'll find here.

As a skincare brand of excellence we're constantly evolving and updating our products, we never stand still. We continuously focus on improvements, increasing performance to deliver even better results. Improving our sustainability and, equally importantly, making sure we follow all of our industry legal guidelines and product safety requirements.

Our Ingredients lists (you'll see these listed as INCI) get updated from time to time as does our packaging as we move towards recyclable and reusable materials too, so make sure you always check in to have the latest product directory to hand.



TEMPLESPA

The image features a rectangular piece of paper with a soft, textured green watercolor wash background. The wash consists of various shades of green, from light and airy to slightly darker, muted tones, creating a natural, organic feel. The edges of the paper are irregular and deckled. Centered on the paper is the text "Skin Therapy" written in a white, elegant cursive script. The word "Skin" is positioned above "Therapy", and both are written in a fluid, connected style. The white ink of the text stands out clearly against the green background.

*Skin
Therapy*

A STROKE OF GENIUS

SERUM MASCARA

lengthens & conditions
vitamin e | carnauba wax

THE LITTLE BLACK DRESS FOR THE LASHES!

This clever, multi-talented formula is quite a performer! Best described as "treatment with colour". The nourishing and smooth formula provides instant dimension and buildable application whether you want one natural coat for full and defined lashes or maximum coverage for voluptuous lashes with dramatic height and incredible length.

The twisted wire brush is critical to achieving even application; it is wired and wound enabling even coverage from root to tip giving natural volume with each coat.

The best bit, an exclusive blend of plant peptides and ingenious antioxidant vitamins act like skincare-for-the-lashes, strengthening and treating each lash, keeping them conditioned, nourished and oh-so healthy.

BENEFITS:

- ✓ Clearly defined longer lashes
- ✓ Flexible build for increased volume
- ✓ Conditioning lashcare ingredients
- ✓ No smudging, flaking, running or clumping
- ✓ Long lasting all day wear
- ✓ Gives dramatic lift and length
- ✓ Flexible polymers for easy, even application
- ✓ Glossy smooth finish

CATEGORY:

Skin Therapy | Red Carpet

SUITABLE FOR:

All skin types

KEY INGREDIENT CLAIMS:

- High tech formula fuses antioxidant vitamin E, highly nourishing plant peptides and high-performance polymers to give a long-lasting performance.
- Modern, flexible polymers coat each lash, making it a dream to apply.
- Contains natural carnauba wax, derived from the leaves of the carnauba palm, a plant native to and grown only in the northeast of Brazil. It helps to add shine and texture to the mascara.
- Contains beeswax which helps make hair look sleek and shiny.

HOW TO APPLY:

Apply the brush at the base of the lashes and swipe upwards. Repeat for increased volume.
Remove with EASY ON THE EYE on cotton pads in downward & inwards strokes.



PARTNER PRODUCTS:

A STROKE OF GENIUS is part of our SKIN THERAPY range, as it provides fabulous instant results whilst also showing lashes some love with it's nourishing benefits.

Other products in the range, that work synergistically, are:

- VELVELUTTO
- GLINT
- EASY ON THE EYE

INGREDIENTS: Aqua (Water), Cera Alba (Beeswax), Copernicia Cerifera (Carnauba) Wax, Acrylates Copolymer, Stearic Acid, VP/VA Copolymer, Glycerin, Tribehenin, Polybutene, Palmitic Acid, Acacia Senegal Gum, Isododecane, Glyceryl Stearate, Aminomethyl Propanol, Phenoxyethanol, Hydrogenated Tetradecenyl/Methylpentadecene, Polyvinyl Alcohol, Behenyl Behenate, Benzyl Alcohol, Sodium Dehydroacetate, Tocopheryl Acetate, Hydrolyzed Wheat Protein, Hydroxypropyl Guar, Tetrasodium EDTA, Rubus Idaeus (Raspberry) Seed Oil, Myristic Acid, Butylene Glycol, Propylene Carbonate, Lauric Acid, Oleic Acid, Punica Granatum Bark Extract, PPG-26-Buteth-26, PEG-40 Hydrogenated Castor Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Apigenin, Oleanolic Acid, Biotinoyl Tripeptide-1.
+/- May Contain: CI 77499 (Iron Oxides), CI 77007 (Ultramarines)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 7 ml / 0.2 fl.oz.

PACKAGING:

A metallised mascara bottle & cap with embossed logo in a sustainable FSC-certified & recyclable carton. The brush is made of synthetic fibres.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

ALL TALK

MOISTURISING LIP BALM

Kiss goodbye to dryness!

Super rich with natural ingredients and a delicious sun-kissed Mediterranean fruit flavour. The result? Sensationally soft and nourished lips.

BENEFITS:

- ✓ Softens, protects & conditions lips
- ✓ Rich in essential oils
- ✓ Soothing & nourishing
- ✓ Naturally based formula

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

All skin types | Unisex

USES:

- Lip balm for dry lips
- Protective base under lipstick

KEY INGREDIENT CLAIMS:

- *Castor seed oil* – antibacterial, great for skin.
- *Beeswax* - protects skin from chapping and helps to lock in moisture.
- *Lanolin wax*– soothing, moisturising.
- *Soya bean oil* - naturally conditions the skin and gives a glossy finish.
- *Vitamin E* - soothing, antioxidant and protect cells from environmental pollutants.
- *Clary* - soothing and anti-inflammatory.
- *Cardamom* - a warming, restorative oil.
- *Lemon* - antiseptic and cooling.
- *Black Tea* - antioxidant that protects the skin.
- *Thyme* - purifying, stimulating. A natural astringent. Anti-inflammatory.
- *Lime* - a source of vitamin C and an anti-irritant.
- *Orange* - calming, soothing, reduces irritation.

HOW TO APPLY/USE:

Massage over lips to ensure they stay soft and moisturised. Mmmmm! Can be worn on its own or lightly under lipstick for added hydration and protection.

PARTNER PRODUCTS:

ALL TALK is part of our Skin Therapy Special Attention range. Other products in the range include:

- WINDOWS OF THE SOUL
- EXALT
- IT'S ALL GOOD



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free-from synthetic colours

INGREDIENTS:

Ricinus Communis (Castor) Seed Oil, Lanolin Cera (Lanolin Wax), Silica, Cera Alba (Beeswax), Glycine Soja (Soybean) Oil, Aroma (Flavor), Tocopheryl Acetate, Limonene, Linalool, Citral, Geraniol.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

5 ml / 0.15 fl.oz.

PACKAGING:

100% recyclable tube.



BE FIRM

SKIN LIFTING SERUM

firms & refines
peptides | pomegranate

Need a lift?

BE FIRM is your skin's personal architect, designed to revamp a complexion that's lost its bounce. It's derma-science at its peak, this serum is formulated to work at the lower level of the epidermis helping to reduce the appearance of wrinkles, while improving skin firmness and visibly refining skin texture. The premium formula, full of Mediterranean ingredients, acts like scaffolding for the skin with Lycoskin-Defence, Ameliox, Essenskin™, jojoba, olive, rose, rice, pomegranate, tomato, milk thistle, vitamins and shea butter. The velvety texture sinks in quickly to leave skin feeling plump and soft. Put the spring back into your skin!

The purpose of a Temple Spa serum is to be a professional problem solver. All are highly concentrated and have been formulated by the highest calibre of derma-scientists. They work by delivering key ingredients deep down into the skin's structure, where they are most needed, to treat specific skincare issues. All provide three essential functions: protection, prevention and repair, making them highly suitable for skins of all ages. In addition, they are designed to work with your moisturiser to boost its effectiveness even further.

BENEFITS:

- ✓ Reduces the look of fine lines & wrinkles
- ✓ Plumps & smooths the skin
- ✓ Improves skin bounce & resilience
- ✓ Helps reduce the signs of ageing

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

Unisex | All skin types

USES:

As a solution (either prevention or repair) for the following skin problems: slackness, thinness, wrinkles and lines, sagging, crepe-paper-skin, dullness and sallowness.

KEY INGREDIENT CLAIMS:

- *RoseFlor 22 Hyp* - helps maintain the natural skin barrier, whilst protecting and moisturising.
- *Vitamin PP* - increases elasticity and collagen synthesis. Supports the skin barrier against pollutants, leading to strong, supple and hydrated skin.
- *Essenskin™* - targets sagging and "crepe paper" skin. Increases firmness and elasticity for a fresh, relaxed and luminous complexion
- *Shea Butter* - penetrates deep into the skin leaving it soft, hydrated and restructured.
- *Ameliox Complex* - visibly diminishes fine lines & wrinkles. Increases firmness & hydration. Slows down development & deepening of wrinkles. A safe alternative to Botox!
- *Jojoba* - incredibly moisturising and softening, this hydrating oil will tone and regenerate the skin.
- *Lycoskin Defence* - obtained from tomato stem cells. Helps protect against premature ageing. Induces production of collagen. Shields the skin against free radicals.
- *Vitamin E* - its antioxidant properties help protect cells from UV damage and environmental pollutants. Whilst hydrating the skin.



- *Rice Granatum 27 Extract* - blend of rice & pomegranate has strong moisturising and anti-free radical properties. It will boost collagen synthesis and antioxidants

HOW TO APPLY/USE:

After cleansing and toning, apply 2 pumps of BE FIRM onto a clean fingertip. Using upward and outward movements, massage into the skin to allow the ingredients to really penetrate the dermal layer. Use alone, or leave for a couple of minutes before following with your favourite moisturiser, which will seal in the benefits of this rich and nutritious skin supplement.

PARTNER PRODUCTS:

BE FIRM is one of three serums in our Skin Therapy range. Other products that a Be Firm user are likely to use are:

- IN THE BEGINNING
- TRUFFLESQUE
- SKIN TRUFFLE

OTHER CREDENTIALS:

- ✓ Essential oils & natural plant extracts
- ✓ Free-from synthetic colours
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS:

Aqua (Water), Niacinamide, Glycerin, Butylene Glycol, Caprylic/Capric Triglyceride, Alcohol Denat., Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Phenoxyethanol, Cetearyl Alcohol, Glyceryl Stearate, Ethylhexylglycerin, Alcohol, Olive Glycerides, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Pentadecalactone, Pentylene Glycol, Sclerotium Gum, Ceramide NP, Lecithin, Sodium Hydroxide, Carnosine, 3- Aminopropane Sulfonic Acid, Calcium Hydroxymethionine, Hydroxyethylcellulose, Tocopherol, Helianthus Annuus (Sunflower) Seed Oil, Olea Europaea (Olive) Fruit Oil, Sodium Hyaluronate, Solanum Lycopersicum (Tomato) Leaf Cell Culture Extract, Rosa Centifolia Flower Wax, Oryza Sativa (Rice) Starch, Punica Granatum Bark Extract, Silybum Marianum Fruit Extract, Hydrolyzed Rice Protein, Oryza Sativa (Rice) Bran Oil, Xanthan Gum, Potassium Sorbate, Sodium Benzoate.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

30 ml / 1.1 fl.oz.

PACKAGING:

Airless pump in a sustainable & recyclable FSC carton.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

BE GONE

KIND-HEARTED CLEANSING CRÈME

calms & soothes

prebiotics | liquorice | aubergine

The gentlest way to say goodbye!

This luscious cleanser has a unique elastic texture, so it doesn't pull fragile skin, yet gives a super cleanse. It contains vitamins A & E plus our unique Calmaderm™ complex with Mediterranean botanicals of basil, aubergine, liquorice and apricot, along with the advanced skin science of a powerful prebiotic that's designed to leave your complexion healthy, settled and comforted. It's definitely love in action!

BENEFITS:

- ✓ TLC for sensitive skin
- ✓ Smooth and soothed after-feel
- ✓ Helps reduce skin stress
- ✓ Prebiotic support for your skin's microbiome

CATEGORY: Skin Therapy | Sensitive Skin

SUITABLE FOR: Sensitive and fragile skin | Unisex

USES:

- Daily facial cleansing
- Can remove eye makeup

KEY INGREDIENT CLAIMS:

- **Biolin** - a special blend of sugars that are proven to be a powerful prebiotic that boosts the growth of good bacteria without stimulating the harmful bacteria. Helps to support your skin's microbiome's defences, strengthen the skin, prevent itching, redness and maintain the healthy appearance of the skin.
- **Calmaderm™ Complex** - a custom blend of extracts that help to address signs of sensitivity or irritation. This complex contains:
 - Apricot oil** – skin-softening, extremely nourishing & moisturising, packed full of vitamins A & E, helps to reduce the appearance of wrinkles, dark circles and puffiness.
 - Aubergine** - rich in water, vitamins and minerals to help keep skin clear and hydrated with a radiant glow. Contains Vitamin B3 to help prevent blemishes and redness.
 - Basil** - soothes skin with its moisturising and nourishing properties and is known to help soothe your mind too.
 - Beet Root Extract** - a source of antioxidants, which can help reduce inflammation and improve the appearance of skin damage.
 - Black Oat Extract** - lowers trans-epidermal water loss by bonding moisture. Oats have a calming effect on sensitive or irritated skin, by protecting from environmental damage.
 - Liquorice Extract** - known for its anti-inflammatory abilities, it helps to soothe not only your stomach, but also sensitive skin.
 - Resurrection plant** - helps increase skin elasticity, improves suppleness of the skin and reduces the appearance of wrinkles.
- **DEFENSIL®-PLUS** - contains blackcurrant seed oil, balloon vine extract and sunflower oil. It's the first-aid kit for your skin. It relieves dry, itchy, allergy-prone skin and gives those plagued by eczema a new lease of life.
- Also contains:
 - Olive oil** – softens & smoothens the skin, leaving it supple
 - Cucumber** – cooling, cleansing & soothing
 - Vitamin E** – soothing, antioxidant
 - Vitamin A** – improves elasticity
 - Lavender** – calming, natural analgesic, anti-inflammatory
 - Soya Extract** – aids cell renewal
 - Lecithin** – strengthens skin barrier



HOW TO APPLY/USE:

Apply morning and night to face & neck, massaging with upward circular movements. Splash face with warm water or use a warm damp cloth to remove.

PARTNER PRODUCTS:

BE GONE is part of our Skin Therapy | Sensitive Skin range – a complete regime for delicate skin that needs comfort and a bit of special attention. Other products suitable for sensitive skin include:

- BE STILL
- BECALM
- TONING ESSENCE
- BE STRONG
- IT'S ALL GOOD

INGREDIENTS: Aqua (Water), Glycerin, Caprylic/Capric Triglyceride, Glyceryl Stearate, Isostearyl Isostearate, PEG-100 Stearate, Carbomer, Phenoxyethanol, Caprylyl Glycol, Prunus Armeniaca (Apricot) Kernel Oil, Inulin, Stearic Acid, Palmitic Acid, Propylene Glycol, Olea Europaea (Olive) Fruit Oil, Octyldodecanol, Alpha-Gluconic Acid, Oligosaccharide, PEG-90M, Sodium Hydroxide, Tetrasodium Glutamate Diacetate, Citric Acid, Allantoin, Tocopheryl Acetate, Ribes Nigrum (Black Currant) Seed Oil, Avena Sativa (Oat) Kernel Extract, Beta Vulgaris (Beet) Root Extract, Cucumis Sativus (Cucumber) Fruit Water, Avena Strigosa Seed Extract, Lecithin, PEG-40 Hydrogenated Castor Oil, Lavandula Angustifolia (Lavender) Oil, Retinyl Palmitate, Haberlea Rhodopensis Leaf Extract, Potassium Sorbate, Helianthus Annuus (Sunflower) Seed Oil Unsaponifiables, Faex (Yeast) Extract, Tocopherol, Cardiospermum Halicacabum Flower/Leaf/Vine Extract, Helianthus Annuus (Sunflower) Seed Oil, Ethylhexylglycerin, Solanum Melongena (Eggplant) Fruit Extract, Ocimum Basilicum (Basil) Oil, Glycine Soja (Soybean) Oil, Glycyrrhiza Glabra (Licorice) Root Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150ml / 5.0fl.oz.

PACKAGING:

Jar, & cap made from PP which is recyclable and 30% PCR
Shive made from LDPE which is recyclable
Carton made from FSC material and is recyclable

CLINICALLY TESTED FOR SENSITIVE SKIN

WHAT THE INDEPENDENT USER TRIAL SAY:

- 89% said the cleanser effectively removes dirt and impurities.
- 93% said the unique texture does not pull at the skin.
- 77% said the product is suitable for their sensitive skin.
- 82% said their skin looked smoothed after use and their complexion healthy.

* Based on a panel size of 103



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

BE STILL

SETTLING MOISTURISER

calms & hydrates

prebiotics | liquorice | oats

Liquid silk for the skin!

Beautiful. Sophisticated. A texture like liquid silk that settles the skin immediately, leaving it smooth and hydrated. BE STILL contains vitamins A & E plus our unique Calmaderm™ complex with Mediterranean botanicals of basil, aubergine, liquorice and apricot, along with the advanced skin science of a powerful prebiotic to provide the comfort sensitive skin craves. Calm skin... calm you!

BENEFITS:

- ✓ Hydrates to settle skin
- ✓ Soothes, comforts & nurtures
- ✓ Happy & healthy-looking skin
- ✓ Prebiotic support for your skin's microbiome

CATEGORY: Skin Therapy | Sensitive Skin

SUITABLE FOR: Sensitive, stressed and fragile skin | Unisex

USES:

- Day moisturiser for under make-up or on its own for TLC

KEY INGREDIENT CLAIMS:

- **Biolin** – a special blend of sugars that are proven to be a powerful prebiotic that boosts the growth of good bacteria on the skin without stimulating the harmful bacteria. Helps to support your skin's microbiome's defences, strengthen the skin, prevent itching, redness and maintain the healthy appearance of the skin.

- **Calmaderm™ Complex** – a custom blend of extracts that help to address signs of sensitivity or irritation. This complex contains:

Apricot oil – skin-softening, extremely nourishing & moisturising, packed full of vitamins A & E, helps to reduce the appearance of wrinkles, dark circles and puffiness.

Aubergine - rich in vitamins and minerals to help keep skin clear and hydrated with a radiant glow. Contains Vitamin B3 to help prevent blemishes and calm redness.

Basil – soothes skin with its moisturising and nourishing properties and is known to help soothe your mind too.

Beet Root Extract – a source of antioxidants, which can help reduce inflammation and to improve the appearance of skin damage.

Black Oat Extract - lowers trans-epidermal water loss by bonding moisture. Oats have a calming effect on sensitive or irritated skin, by protecting from environmental damage.

Liquorice Extract - known for its anti-inflammatory abilities it helps to soothe not only your stomach, but also sensitive skin.

Resurrection plant - helps increase skin elasticity, improves suppleness of the skin and reduces the appearance of wrinkles.

- **DEFENSIL®-PLUS** - contains blackcurrant seed oil, balloon vine extract and sunflower oil. A first-aid kit for your skin. It relieves dry, itchy, allergy-prone skin and gives those plagued by eczema a new lease of life.

- Also contains;

Olive oil – softens & smoothens the skin, leaving it supple

Cucumber – cooling, cleansing & soothing

Vitamin E – soothing, antioxidant

Vitamin A – improves elasticity

Lavender – calming, natural analgesic, anti-inflammatory

Soya Extract – aids cell renewal

Lecithin – strengthens skin barrier

Calendula – soothing and calming

Papaya – excellent for skin irritations

HOW TO APPLY/USE:

After cleansing & toning, apply 2-3 pumps onto a clean fingertip and dot onto face and neck. Massage in circular, upward motions. Use morning & night. Also great for soothing skin after shaving for the guys.



PARTNER PRODUCTS:

BE STILL is part of our Skin Therapy | Sensitive Skin range – a complete regime for delicate skin that needs comfort and a bit of special attention. Other products suitable for sensitive skin include:

- BE GONE
- BECALM
- TONING ESSENCE
- BE STRONG
- IT'S ALL GOOD

INGREDIENTS: Aqua (Water), Glycerin, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Cetearyl Alcohol, Ceteth-20, Oryza Sativa (Rice) Starch, Ethylhexyl Methoxycinnamate, Caprylic/Capric Triglyceride, Ethylhexyl Salicylate, Myreth-3 Myristate, Olea Europaea (Olive) Fruit Oil, Coco-Glucoside, Tridecane, Inulin, Phenoxyethanol, Glycine Soja (Soybean) Oil, Caprylyl Glycol, PEG-14M, Prunus Armeniaca (Apricot) Kernel Oil, Tocopheryl Acetate, Undecane, Calendula Officinalis Flower Extract, Octyldodecanol, Alpha-Glucan Oligosaccharide, Butyl Methoxydibenzoylmethane, Propylene Glycol, Tetrasodium Glutamate Diacetate, Lavandula Angustifolia (Lavender) Oil, Retinyl Palmitate, Ribes Nigrum (Black Currant) Seed Oil, Panthenol, Citric Acid, Ascorbyl Tetraisopalmitate, Helianthus Annuus (Sunflower) Seed Oil Unsaponifiables, Beta Vulgaris (Beet) Root Extract, Tocopherol, Carica Papaya (Papaya) Fruit Extract, Cucumis Sativus (Cucumber) Fruit Water, Avena Strigosa Seed Extract, Lecithin, PEG-40 Hydrogenated Castor Oil, Glucose, Haberlea Rhodopensis Leaf Extract, Potassium Sorbate, Sodium Hydroxide, Helianthus Annuus (Sunflower) Seed Oil, Cardiospermum Halicacabum Flower/Leaf/Vine Extract, BHT, Faex (Yeast) Extract, Ethylhexylglycerin, Solanum Melongena (Eggplant) Fruit Extract, Ocimum Basilicum (Basil) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Glycyrrhiza Glabra (Licorice) Root Extract.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 50 ml / 1.6fl.oz.

PACKAGING:

Airless pump and bottle not currently recyclable. Cap in PP and is recyclable.

Carton made from FSC material and is recyclable.

CLINICALLY TESTED FOR SENSITIVE WHAT THE INDEPENDENT USER TRIAL SAY:

94%	said the moisturiser absorbs into the skin easily.
91%	said the moisturiser is non-greasy on the skin and leaves it instantly hydrated.
83%	said the moisturiser provides them with healthy looking skin.
93%	said it left their skin feeling smooth.

* Based on a panel size of 105



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

BE STRONG

SKIN STRENGTHENING SERUM

soothes & hydrates
liquorice | vitamins a & e

Nutrition booster!

BE STRONG is a power packed “super juice” for skin that needs a lifeline! Designed for skin feeling weak and fragile, this serum penetrates to the lower levels of the epidermis. Its cocktail of vitamins, liquorice extract, Mediterranean botanicals and Calmaderm™ complex reduces the appearance of visible redness, reinforces and supports, leaving a feeling of comfort. Ahhh... that's better.

BENEFITS:

- ✓ Visibly improves skin tone
- ✓ Hydrates by replacing lost moisture
- ✓ Helps soothe discomfort and unhappy skin
- ✓ Formulated for sensitive skin

CATEGORY:

Skin Therapy | Target Solution

SUITABLE FOR:

All skin types | Unisex

USES:

- As a daily serum to solve or prevent the following skin problems: fragility, dullness, skin-stress or irritated skin.

KEY INGREDIENT CLAIMS:

- **Calmaderm™ Complex**- a blend of extracts that help to address signs of sensitivity or irritation. This complex contains:
 - Soya Extract*- aids cell renewal.
 - Black Oat Extract*- lowers trans-epidermal water loss by bonding moisture.
 - Lecithin*- strengthens structure of skin barrier and lowers trans-epidermal water loss.
 - Resurrection Plant Extract*- anti-wrinkle and suppleness improvement.
 - Liquorice Extract*- anti-irritant and helps to even skin tone.
- *Apricot oil* - moisturising, nourishing, softens and smoothes.
- *Sunflower oil* - prevents moisture loss.
- *Soybean* - naturally conditions the skin.
- *Vitamin C* - powerful antioxidant and anti-ageing ingredient.
- *Vitamin B* - moisturising, reduces inflammation and accelerates skin healing.
- *Vitamin E* - soothing, anti-oxidant and protect cells from environmental pollutants.
- *Vitamin A* – improves elasticity, stimulates collagen formation.
- *Lavender* - soothing and calming, especially to stressed skin.

HOW TO APPLY/USE: After cleansing with BE GONE and toning with TONING ESSENCE, massage into face and neck.



Follow with your favourite Templespa moisturiser to seal in the benefits of this rich and nutritious skin supplement.

PARTNER PRODUCTS:

BE STRONG is one of three serums in our Skin Therapy range. Other products that a Be Strong user are likely to use are:

- BE GONE
- BECALM
- BE STILL

OTHER CREDENTIALS:

- ✓ Essential oils & natural plant extracts
- ✓ Free from synthetic colours & fragrance
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Glycerin, Propylene Glycol, Neopentyl Glycol Diheptanoate, Butylene Glycol, Ethylhexyl Methoxycinnamate, Triethanolamine, C12-15 Alkyl Benzoate, Isododecane, Phenoxyethanol, Panthenol, Alpha-Glucan Oligosaccharide, Prunus Armeniaca (Apricot) Kernel Oil, Carbomer, Propanediol, Ethylhexyl Salicylate, Beta Vulgaris (Beet) Root Extract, Butyl Methoxydibenzoylmethane, Avena Strigosa Seed Extract, Lecithin, Disodium EDTA, Helianthus Annuus (Sunflower) Seed Oil, Ascorbyl Tetraisopalmitate, Lavandula Angustifolia (Lavender) Oil, Tocopheryl Acetate, Ethylhexylglycerin, Haberlea Rhodopensis Leaf Extract, Retinyl Palmitate, PEG-40 Hydrogenated Castor Oil, Potassium Sorbate, Caprylic/Capric Triglyceride, Faex (Yeast) Extract, Tocopherol, Mirabilis Jalapa Extract, Citric Acid, Glycine Soja Oil, Glycyrrhiza Glabra (Licorice) Root Extract, Geraniol, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

30 ml / 1.0 fl.oz.

PACKAGING:

Airless pump in a sustainable & recyclable FSC carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% said this serum leaves their skin feeling immediately hydrated
- 92% said the serum leaves my skin feeling more comfortable and soft
- 84% said the serum leaves my skin feeling immediately comforted and moisturised
- 76% said this serum left their skin feeling reinforced

* based on a panel size of 59



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

BECALM

SOOTHING FACE MASK

hydrates & smooths

prebiotics | liquorice | lavender

A hug in a jar!

BECALM is a luscious, creamy-textured mask that does exactly what it promises... tells stressed skin to BECALM and happy! Super effective Calmaderm™ complex with Mediterranean botanicals of basil, aubergine, liquorice and apricot, along with the advanced science of a powerful prebiotic that's designed to deliver skin nourishment, comfort and hydration for the sensitive type. Skin restored!

BENEFITS:

- ✓ Helps to soothe skin
- ✓ Hydrates, nourishes and firms the skin by replacing lost moisture
- ✓ Prebiotic support for your skin's microbiome

CATEGORY: Skin Therapy | Sensitive Skin

SUITABLE FOR: Sensitive, stressed and fragile skin | Unisex

USES:

- Weekly nourishing skin-boosting facial
- Three times a week for a soothing, calming treatment

KEY INGREDIENT CLAIMS:

- **Biolin** - a special blend of sugars that are proven to be a powerful prebiotic that boosts the growth of good bacteria on the skin without stimulating the harmful bacteria. Helps to support your skin's microbiome's defences, strengthen the skin, prevent itching, redness and maintain the healthy appearance of the skin.
- **Calmaderm™ Complex** - a custom blend of extracts that help to address signs of sensitivity or irritation. This complex contains:
 - Apricot oil** – skin-softening, extremely nourishing & moisturising, packed full of vitamins A & E, helps to reduce the appearance of wrinkles, dark circles and puffiness.
 - Aubergine** - rich in vitamins and minerals to help keep skin clear and hydrated with a radiant glow. Contains Vitamin B3 to help prevent blemishes and calm redness.
 - Basil** - soothes skin with its moisturising and nourishing properties and is known to help soothe your mind too.
 - Beet Root Extract** - a source of antioxidants, which can help reduce inflammation and improve the appearance of skin damage.
 - Black Oat Extract** - lowers trans-epidermal water loss by bonding moisture. Oats have a calming effect on sensitive or irritated skin, by protecting from environmental damage.
 - Liquorice Extract** - known for its anti-inflammatory abilities, it helps to soothe not only your stomach, but also sensitive skin.
 - Resurrection plant** - helps increase skin elasticity, improves suppleness of the skin and reduces the appearance of wrinkles.
- **DEFENSIL®-PLUS** - contains blackcurrant seed oil, balloon vine extract and sunflower oil. A first-aid kit for your skin. It relieves dry, itchy, allergy-prone skin and gives those plagued by eczema a new lease of life.
- Also contains:
 - Olive oil** – softens & smoothens the skin, leaving it supple
 - Shea butter** – nourishes and moisturises the skin
 - Prickly pear extract** – brightens and softens the skin
 - Red algae** – rich in minerals, vitamins and trace elements
 - Cucumber** – cooling, cleansing & soothing
 - Vitamin E** – soothing, antioxidant
 - Vitamin A** – Improves elasticity
 - Lavender** – calming, natural analgesic, anti-inflammatory
 - Lecithin** – strengthens skin barrier
 - Allantoin** – soothing, healing properties



HOW TO APPLY/USE:

Smooth lightly over clean skin, with upward, circular movements, then relax for 10-20 minutes. Remove with a damp flannel. Rinse with water. Use weekly.

PARTNER PRODUCTS:

BECALM is part of our Skin Therapy | Sensitive Skin range – a complete regime for delicate skin that needs comfort and a bit of special attention. Other products suitable for sensitive skin include:

- BE GONE
- BE STILL
- TONING ESSENCE
- BE STRONG
- IT'S ALL GOOD

INGREDIENTS: Aqua (Water), Butyrospermum Parkii (Shea) Butter, Glycerin, Oryza Sativa (Rice) Starch, Oleyl Erucate, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Glyceryl Stearate, Olea Europaea (Olive) Fruit Oil, PEG-100 Stearate, Phenoxyethanol, Alpha-Glucan Oligosaccharide, Caprylyl Glycol, Prunus Armeniaca (Apricot) Kernel Oil, Octyldodecanol, Panthenol, Niacinamide, Tocopheryl Acetate, Calcium Pantothenate, Helianthus Annuus (Sunflower) Seed Oil Unsaponifiables, Opuntia Ficus-Indica Stem Extract, Pyridoxine HCL, Sodium Ascorbyl Phosphate, Tetrasodium Glutamate Diacetate, Allantoin, Inulin, Lavandula Angustifolia (Lavender) Oil, Propylene Glycol, Citric Acid, Retinyl Palmitate, Chondrus Crispus (Carrageenan) Extract, Caprylic/Capric Triglyceride, Maltodextrin, Ribes Nigrum (Black Currant) Seed Oil, Sodium Starch Octenylsuccinate, Sodium Hydroxide, Tocopherol, Cardiospermum Halicacabum Flower/Leaf/Vine Extract, Helianthus Annuus (Sunflower) Seed Oil, Chlorphenesin, Beta Vulgaris (Beet) Root Extract, Cucumis Sativus (Cucumber) Fruit Water, Avena Strigosa Seed Extract, Lecithin, Sodium Dehydroacetate, Potassium Sorbate, PEG-40 Hydrogenated Castor Oil, Silica, Sodium Benzoate, Haberlea Rhodopensis Leaf Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Faex (Yeast) Extract, Ethylhexylglycerin, Solanum Melongena (Eggplant) Fruit Extract, Ocimum Basilicum (Basil) Oil, Glycine Soja (Soybean) Oil, Glycyrrhiza Glabra (Licorice) Root Extract, Geraniol, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 65 ml / 2.1fl.oz.

PACKAGING:

Jar is PET and cap is PP which are widely recyclable
Shive made from LDPE which is recyclable
Carton made from FSC material and is recyclable

CLINICALLY TESTED FOR SENSITIVE SKIN WHAT THE INDEPENDENT USER TRIAL SAY:

96%	said the mask has a luscious creamy texture.
90%	said they were happy with the feel of their skin after use.
90%	said the product is suitable for sensitive skin.
86%	said their skin felt nourished.

* Based on a panel size of 50



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

BREAKFAST SMOOTHIE

GENTLE EXFOLIATOR

brightens & purifies
honey | oats | fruit ahas

Get your glow on!

You know those times when your skin would love a facial but there's just no time? BREAKFAST SMOOTHIE creamy-textured exfoliator is a nutritious alternative that cleanses and polishes in one and won't upset the balance of your skin.

Super-abundant in Mediterranean ingredients honey, jojoba, olive, papaya, strawberry, orange, apricot, pear, apple and oatmeal, that hydrate and slough off dead skin cells to reveal a bright and smooth complexion. Just like a healthy smoothie!

BENEFITS:

- ✓ Purifies, invigorates & smoothes
- ✓ Hydrates and tones for a healthy glow
- ✓ Gently cleanses and polishes at the same time
- ✓ Revitalises & replenishes for younger looking skin

CATEGORY:

Skin Therapy | Norm-all Skin

SUITABLE FOR:

All skin types | Unisex

USES:

- Daily scrub
- Great as a breakfast/morning treat
- Weekly mask treatment
- Spa facial as a scrub or mask.

KEY INGREDIENT CLAIMS:

- *Apricot oil* - moisturising, nourishing, softening and smoothing.
- *Honey* – softening and soothing.
- *Jojoba oil* – a moisturising emollient that helps reduce moisture loss.
- *Olive oil* - softens and smooth's the skin, leaving it supple.
- *Oat seed extract* - moisturising, soothing, calming and anti-inflammatory.
- *Pear & Apple* - clarifying and brings vitality.
- *Papaya* - helps soften and refine the skin.
- *Strawberry* - skin brightening and a natural astringent and skin beauty food.
- *Orange Oil* - refreshing and stimulating.

HOW TO APPLY/USE:

Apply a pea-sized amount to wet, clean skin and massage in using upward and outward circular movement. After one minute rinse off. Hey presto... brightness revealed. Mild enough to use daily.



PARTNER PRODUCTS:

BREAKFAST SMOOTHIE is part of our Normal Skin Therapy range – a complete regime for skin that is pretty balanced and normal. BREAKFAST SMOOTHIE is also suitable for all skin types as well. Other products in this range include:

- GOOD TO GO
- TONING ESSENCE
- LIFE DEFENCE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free from synthetic colours
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Squalane, Prunus Armeniaca (Apricot) Kernel Oil, Caprylic/Capric Triglyceride, Mel (Honey), Hydrogenated Jojoba Oil, Olea Europaea (Olive) Fruit Oil, Arginine, Carbomer, Phenoxyethanol, Glycerin, Carica Papaya (Papaya) Fruit Juice, Fragaria Ananassa (Strawberry) Fruit Extract, Pyrus Malus (Apple) Juice, Allantoin, Ethylhexylglycerin, Avena Sativa (Oat) Meal Extract, Pyrus Communis (Pear) Fruit Extract, Sodium Hydroxide, Citrus Aurantium Dulcis (Orange) Peel Oil Expressed, Parfum (Fragrance), Limonene, CI 77891 (Titanium Dioxide).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

100 ml / 3.3 fl.oz.

PACKAGING:

100% recyclable tube with 30% PCR with a handy flip-top cap in a sustainably sourced, recyclable FSC carton.



CLEAN UP YOUR ACT

SONIC WAVE CLEANSING BRUSH
brightens & purifies

Good vibrations!

Step up your daily routine with this clever double-sided device; 8000 sonic pulsations per minute do all the work for you to deliver a customised cleansing experience for brighter, softer, glowing-with-health skin.

Its dual function of effective cleansing plus low frequency sonic waves and the multi-textured, super soft silicone bristles allow you to tailor your facial routine and triple the benefits of your cleanser.

The cleansing function gently yet deeply purges pores to remove 99.5% of dirt, make-up, impurities and excess oil. The rejuvenation function sends low frequency sonic waves deep into your skin to encourage cell regeneration and diminish the appearance of fine lines and wrinkles for firmer looking skin. It's smart, really smart!

BENEFITS:

- Triples the benefits of your cleanser
- Healthy firmer looking skin
- Completely waterproof, even in the shower
- Benefits all skin types

CATEGORY:

Skin Therapy

SUITABLE FOR:

All skin types

USES:

- Deep pore cleansing
- Firming and facial muscle relaxing

HOW TO USE:

For cleansing, apply your favourite cleanser. Turn your device on by pressing the centre button once and start to cleanse your skin using circular movements. Every 15 seconds, pulsations briefly pause to let you know what it's time to focus on another area of your face. Remove your cleanser as you would normally.



For complete rejuvenation, first make sure your device is off and not still in the cleansing mode. Press the centre button twice and you will feel vibrating waves. Relax your facial muscles and place the brush against your skin, focusing on those areas prone to fine lines.



If you experience any discomfort when using your brush, discontinue use immediately. For face - only use product for its intended use. Not suitable for children.

CLEANING YOUR BRUSH:

Always clean your device thoroughly after use. Wash the brush surfaces with water and soap only, then rinse with warm water. Ensure it is completely dry before charging.

CHARGING YOUR BRUSH:

Charge anytime, anywhere with the USB cable provided. Plug in your charger and place your cleansing brush on top of it, with the Temple Spa logo facing down. A full charging cycle is about 3 hours. A light indicates that the battery is charged.

PARTNER PRODUCTS:

CLEAN UP YOUR ACT is part of our Skin Therapy range. The best products that partner with it include:

- IN THE BEGINNING
- GOOD TO GO
- BE GONE
- DUAL ACT
- WAY TO GO

PACKAGING:

Silicone brush & bristles in recyclable box and FSC-certified sleeve



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

DOUBLE CREAM

HYDRATING MOISTURISER

brightens & firms
multivitamins | echinacea | avocado

Indulgence in a jar!

Rich. Creamy. Feel the texture and you just know this is going to make a difference! Phirmaderm™ complex and Mediterranean botanicals of olive, avocado, red pepper, horse chestnut and blackberry help rehydrate and firm, leaving skin dewy and full of vitality. DOUBLE CREAM is true salvation for seriously parched and dehydrated skin. Your skin will thank you!

BENEFITS:

- ✓ Intense nourishment
- ✓ Lasting hydration
- ✓ Radiance
- ✓ Super soft skin feel
- ✓ Rich melting texture
- ✓ Comfortable wear

CATEGORY:

Skin Therapy | For dry or thirsty skin

SUITABLE FOR:

Dry skin | Unisex

USES:

- Day and night moisturiser
- Under makeup
- As a home spa treatment, if left on thickly overnight for extra deep moisturising

KEY INGREDIENT CLAIMS:

- *Phirmaderm™ complex* – a blend of plant extracts exclusive to Temple Spa that helps add moisture, drenching the skin and brings life to dull or tired skin. This complex contains:

Sodium Hyaluronate– found in skin naturally, depletes with age, penetrates deeply due to its molecular size, binds and locks in moisture.

Olive fruit – locks in moisture.

Red pepper (Capsicum Annuum)– encourages skin to produce its own oil, encourages cell nourishment.

Blackberry – antioxidant.

Apple - clarifying and brings vitality.

Soya - naturally conditions the skin and gives a glossy finish.

- *Avocado oil* – nourishing, vitamin source, keeps skin soft, smooth and supple.
- Plus sunflower oil, vitamin E, vitamin A, vitamin C, grape seed oil, horse chestnut, echinacea, wine extract and titanium dioxide.

HOW TO APPLY/USE:

This product is so rich that you only need to use a small amount on a clean fingertip. After cleansing with IN THE BEGINNING cleansing balm and TONING ESSENCE, dot DOUBLE CREAM around your face and neck and massage in using circular movements. You can feel it going to work immediately. For an extra deep moisturise, apply a thick layer over your face and leave overnight. You'll wake with beautiful silky soft skin.



PARTNER PRODUCTS:

DOUBLE CREAM is part of our Dry Skin Therapy range – a complete regime that provides intensive nourishment to skin that is dehydrated and screaming for moisture and radiance. Other products in this replenishing range include:

- IN THE BEGINNING
- TONING ESSENCE
- QUENCH

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free-from synthetic colours
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Squalane, Octyldodecanol, C12-15 Alkyl Benzoate, Butylene Glycol, Cetearyl Alcohol, Olea Europaea (Olive) Oil Unsaponifiables, Coco-Caprylate, Glyceryl Stearate, Glycerin, Urea, Ceteth-20, Stearic Acid, Propylene Glycol, Helianthus Annuus (Sunflower) Seed Oil, Olea Europaea (Olive) Fruit Oil, Persea Gratissima (Avocado) Oil, Phenoxyethanol, PEG-100 Stearate, Ethylhexylglycerin, Dimethicone, Benzophenone-3, Parfum (Fragrance), Xanthan Gum, Disodium EDTA, Wine, PEG-40 Hydrogenated Castor Oil, Alcohol Denat., Ascorbyl Tetraisopalmitate, Tocopheryl Acetate, Echinacea Purpurea Extract, Tocopherol, Sodium Benzoate, Retinyl Palmitate, Caprylic/Capric Triglyceride, Rubus Fruticosus (Blackberry) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Sodium Hyaluronate, Capsicum Annuum Fruit Extract, Vitis Vinifera (Grape) Seed Oil, Aesculus Hippocastanum Seed Extract, Benzoic Acid, Glycine Soja (Soybean) Oil, Dehydroacetic Acid, Citral, Citronellol, Eugenol, Geraniol, Linalool, CI 77891 (Titanium Dioxide)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz.

PACKAGING: Cap made from PP material which is recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 95%** said that the moisturiser leaves their skin feeling hydrated
- 96%** said that the moisturiser left their skin feeling immediately felt soft and nourished
- 82%** said that the moisturiser leaves their skin looking radiant
- 88%** said the moisturiser dramatically improved dryness and dehydration

* based on a panel size of 51



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

DUAL ACT

WET & DRY CLEANSING LOTION

cleanses & balances

multivitamins | st. johns wort | wild yam

The telepathic performer!

DUAL ACT is a highly intelligent formula that behaves as two cleansers in one by treating multiple skin types at the same time! It intuitively deals with an oily T-zone, whilst gently cleansing the drier areas of the face. Use on dry skin as a wipe-off lotion, or splash with water and lather it up when you feel like washing off the daily grime. Either way it is perfect for skin with a dual personality, leaving the whole face clean and smooth without being taut.

The gel-lotion texture contains the savvy Combiderm™ complex, as well as Mediterranean extracts of tomato, marjoram, olive, apricot, grapefruit and wild yam, plus skin boosters and vitamins. What a great double-act performance!

BENEFITS:

- ✓ Clever dual use wet or dry
- ✓ Wash-off gel or wipe-off lotion
- ✓ Helps balance T-zone & dry areas
- ✓ Skin feels clean & fresh

CATEGORY:

Skin Therapy | For Combination Skin

SUITABLE FOR:

Combination skin types | Unisex

USES:

- Daily facial cleansing
- Can be used to remove eye makeup

KEY INGREDIENT CLAIMS:

- *Combiderm™ complex*- a complex of natural extracts from the Mediterranean that nourish and moisturise the dehydrated areas whilst working in harmony with antiseptic and anti-microbial ingredients to address the excess oil in the skin. This complex contains:

Unisteron (complex of Wild Yam extract and Soybean Sterols)- increases elasticity, reduces roughness, smoothes wrinkles and hydrates.

St. Johns Wort extract- helps create an unblemished complexion.

Royal Jelly- contains collagen, lecithin, protein, sugars, mineral salts and Vitamins A, C, D, C and B complex and skin rejuvenating benefits.

Malt extract- moisturising and anti-inflammatory.

- *Tomato fruit extract* - controls sebum production, gently exfoliates. Antioxidant properties.
- *Marjoram* - anti-ageing benefits. Soothing, moisturising, anti-inflammatory, softens and soothes the skin. Locks in moisture. Stimulates the synthesis of collagen and elastin, encouraging firmer skin.
- *Olive oil* – soothing, moisturising and regenerative. Softens and smoothes the skin, leaving it supple. Helps to lock in moisture, preventing skin from dryness.
- *Apricot Kernel oil* - extremely nourishing to the skin. Helps the skin feel soft and smooth, reduces roughness, cracking and irritation.
- *Grapefruit peel oil* - contains anti-irritant properties. Used for acne, congested and oily skin. Tones the skin and tissue.
- *Grape seed oil* - moisturising and nourishing. An excellent antioxidant.
- *Wild Yam Root extract* - anti-inflammatory.



- *Soya bean* - aids cell renewal.
- *Vitamin E* - vitamin E is considered to be the most important oil-soluble antioxidant and free radical scavenger.
- *Vitamin A* - improves elasticity, stimulates collagen formation.

HOW TO APPLY/USE:

Every morning and night, apply about a 2cm squeeze of the cleanser into the palms of the hands and spread all over the face. Massage into face and neck using upward, circular movements. Remove with a damp, warm flannel. Alternatively, splash face with warm water and work into a light lather before rinsing clear with water.

PARTNER PRODUCTS:

DUAL ACT is part of our Combination Skin Therapy range which is a complete regime of products that are almost telepathic - they know where to go and what to do. Other products that bring a sense of balance include:

- THE POWER BREAKFAST
- MOISTURE TO GO
- TONING ESSENCE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Caprylic/Capric Triglyceride, Prunus Armeniaca (Apricot) Kernel Oil, Butylene Glycol, Glycerin, Glyceryl Stearate, PEG-100 Stearate, Propylene Glycol, Vitis Vinifera (Grape) Seed Oil, Phenoxyethanol, Oleyl Alcohol, Stearic Acid, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Triethanolamine, PEG-40 Hydrogenated Castor Oil, Dioscorea Villosa (Wild Yam) Root Extract, Betaine, Ethylhexylglycerin, Disodium EDTA, Glycine Soja (Soybean) Sterols, Hexyldecanol, Parfum (Fragrance), Olea Europaea (Olive) Leaf Extract, Allantoin, Tocopheryl Acetate, Alcohol Denat., Hypericum Perforatum Flower/Leaf/Stem Extract, Malt Extract, Potassium Sorbate, Royal Jelly, Solanum Lycopersicum (Tomato) Fruit Juice, Retinyl Palmitate, Citrus Grandis (Grapefruit) Peel Oil, Origanum Majorana Leaf Oil, Tocopherol, Citronellol, Geraniol, Limonene, Linalool, CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

150 ml / 5.0fl.oz.

PACKAGING:

Tube made from 30% recycled plastic & flip-top cap made from 100% recycled plastic. 100% sustainably sourced FSC carton. Fully recyclable pack.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

EASY ON THE EYE

GENTLE EYE MAKE-UP REMOVER & SOOTHING EYE SOLUTION

cleanses & refreshes
eyebright | cornflower | vitamin e

More than meets the eye!

This gentle yet effective, fragrance-free formulation is clever with a dual purpose; it removes eye and brow make-up (even waterproof) and also refreshes tired, gritty eyes. Mediterranean botanical extracts of camelia tea, cornflower, eyebright and melissa combine with aloe gel in this super lightweight liquid to ensure your eyes are fresh, revitalised & soothed and your eye make-up completely gone.

BENEFITS:

- ✓ Removes waterproof mascara
- ✓ Clinically tested for sensitive skin
- ✓ Ophthalmologically tested
- ✓ Suitable for contact lens wearers

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

All skin types | Sensitive | Unisex

USES:

- Gentle eye make-up remover
- Eye lotion to relieve weariness
- Wonderful for when you are about to land after a long haul flight. Arrive revived!
- Relief from the irritations around the eyes due to hayfever

KEY INGREDIENT CLAIMS:

- *Eyebright* – a natural toning ingredient especially good for sensitive skin areas. Refreshing, calming, reduces inflammation and sensitivity so it's ideal for eye care.
- *Cornflower* – an excellent toner and known to help reduce inflammation.
- *Glycerin* - fantastic skin smoother & softener.
- *Melissa (Balm mint)* – anti-inflammatory, soothing.
- *Camellia (green tea extract)* – anti-inflammatory, antioxidant.
- *Aloe Barbandensis leaf juice* - protective, soothing, calming and helps to maintain a healthy skin.
- *Vitamin E* - fantastic skin smoother & softener.
- *PEG-7 glyceryl cocoate* – derived from coconut oil this emollient is great at removing make-up and providing moisturisation to the skin.

HOW TO APPLY/USE:

To remove eye make-up, apply to dampened cotton pads, press onto eyes for a few seconds and gently sweep in a downwards motion first and then again from the outer eye in. Use separate cotton pads for each eye.

For tired eyes, apply to dampened cotton pads and lay over each eye. 10 seconds for instant refreshment and 5 minutes for a reviving 40 winks. Keep in the fridge for an extra cooling treat.



PARTNER PRODUCTS:

EASY ON THE EYE is part of our Skin Therapy range. Other products that an EASY ON THE EYE customer might use are:

- WINDOWS OF THE SOUL
- EYE TRUFFLE
- GLINT
- A STROKE OF GENIUS

INGREDIENTS: Aqua (Water), Isopentylidol, Glycerin, PEG-7 Glyceryl Cocoate, Butylene Glycol, Polysorbate 20, Aloe Barbadensis Leaf Juice, Benzyl Alcohol, Ethylhexylglycerin, Allantoin, Euphrasia Officinalis Extract, Camellia Sinensis Leaf Extract, Citric Acid, Sodium Hyaluronate, Melissa Officinalis Flower/Leaf/Stem Extract, Centaurea Cyanus Flower Extract, Tocopherol, Potassium Sorbate, Sodium Benzoate, Lactic Acid.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150 ml / 5.0 fl.oz

PACKAGING:

PET bottle made from 30% PCR with a pump and overcap in a sustainable & recyclable FSC carton.

WHAT THE INDEPENDENT TRIALS SAY:

96%	comment that the product is super lightweight
90%	agree this product effectively removes all eye and brow make up
87%	agree the product works fast allowing them to remove make up rapidly
77%	agree the product effectively removes waterproof mascara
87%	agree the product leaves eyes feeling instantly refreshed
79%	agree the products leaves their skin feeling soothed

* based on a panel size of 52



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

EXALT

FIRMING NECK GEL

tones & smooths

rose | multivitamins | bell pepper

A nip & tuck in a jar!

EXALT is a luscious neck gel designed to tackle the test of time. It powerfully performs to help tone and firm the look and feel of the neck and décolletage area, bringing back the youthfulness you desire. The special formula includes Mediterranean red pepper, grapeseed, olive, oats, wheat germ, vitamins and the gorgeous essential oil of rose. In minutes you'll see and feel the softness. Surgery can wait!

BENEFITS:

- ✓ Firms & tones the look and feel of the skin
- ✓ Softens the appearance of wrinkles
- ✓ Instantly smooths
- ✓ Locks in moisture
- ✓ Clinically tested for sensitive skin

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

All skin types | Sensitive | Unisex

USES:

- Neck gel for both day and night.
- Great for the jaw line & décolleté too.

KEY INGREDIENT CLAIMS:

- *Acmella extract – also known as the electric daisy it has an intriguing floral bloom and when extracted for skincare has an anti-ageing anti-wrinkle benefit, immediate smoothing, prevents the appearance of expression lines and visibly smooths the skin surface.*
- *Red Bell Pepper extract - encourages cell nourishment and the skin to produce its own oil.*
- *Grapeseed oil - protects, inhibits breakdown of collagen/elastin.*
- *Olive fruit Oil – locks in moisture. Softens & smoothens the skin, leaving it supple.*
- *Oat extract - moisturises and softens*
- *Wheat germ oil & extract - firming properties, highest source of naturally occurring vitamin E.*
- *Vitamin C - powerful antioxidant with anti-acne and capabilities.*
- *Vitamin E - soothing, antioxidant and protect cells from environmental pollutants.*
- *Vitamin A - improves elasticity, stimulates collagen formation.*
- *Rose Oil - natural oil that helps to soothe frazzled nerves and gives Exalt its special fragrance.*
- *Wild Yam - anti-inflammatory.*

HOW TO APPLY / USE:

Use morning and evening after cleansing. Massage the neck and décolletage with long, upward strokes, 'ironing' your skin with the back of your hands until fully absorbed.



PARTNER PRODUCTS:

EXALT is part of our Skin Therapy Special Attention range. Products that provide targeted solutions for particular skin issues. Other products in the range include:

- WINDOWS OF THE SOUL
- THE CONTOURIST
- BE FIRM
- THE SCULPTOR

INGREDIENTS:

Aqua (Water), Undecane, Tridecane, Polysorbate 20, Coco-Caprylate, Hydrogenated Ethylhexyl Oliviate, Hydrogenated Olive Oil Unsaponifiables, Caprylic/Capric Triglyceride, Oleyl Alcohol, Coco-Caprylate/Caprates, Glycerin, Phenoxylethanol, Sodium Carbomer, Triticum Vulgare (Wheat) Germ Oil, Vitis Vinifera (Grape) Seed Oil, Dioscorea Villosa (Wild Yam) Root Extract, PPG-26-Buteth-26, Olea Europaea (Olive) Fruit Oil, Parfum (Fragrance), Benzyl Alcohol, Glycine Soja (Soybean) Sterols, Hexyldecanol, Ethylhexylglycerin, PEG-40 Hydrogenated Castor Oil, Avena Sativa (Oat) Kernel Extract, Capsicum Annuum Fruit Extract, Ethylhexyl Methoxycinnamate, Triticum Vulgare (Wheat) Germ Extract, Spilanthes Acmella Flower Extract, Tetrasodium Glutamate Diacetate, PEG-90M, Ascorbyl Tetraisopalmitate, Tocopheryl Acetate, Retinyl Palmitate, Butyl Methoxydibenzoylmethane, Ethylhexyl Salicylate, Sodium Benzoate, Silica, Tocopherol, BHT, Geraniol, Linalool, Citronellol, CI 17200 (D&C Red No. 33).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES: 50ml /1.6fl.oz

PACKAGING: Cap made from PP material which is recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

CLINICALLY TESTED FOR SENSITIVE SKIN WHAT THE INDEPENDENT USER TRIAL SAY:

Instant results:

93% Agreed my skin looks and feels soft within minutes of applying the product

99% Agreed product felt gentle on their skin

4 weeks use morning & evening (after cleansing)

98% Agreed the product moisturised my skin

96% Agreed my neck looks and feels soft after using this product

95% Agreed my décolletage looks and feels soft after using this product

* Based on a panel size of 110

CLINICAL TRIAL RESULTS: (For use around the jaw line, neck and décolletage)

- Clinically proven to significantly reduce the appearance of fine lines and wrinkles.
- Clinically proven to significantly improve the elasticity of your skin.
- Clinically proven to brighten and even your skin tone.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

EYE SURVIVE

MULTIPLE EFFECT SERUM-COMPLEX TREATMENT EYE MASK

tightens & firms

kombuchka | cucumber | marine algae

A RESCUE MISSION FOR THE EYES

less tired | less bags | less lines | less dark | less puffy | less dry

Late nights, long days, early starts, screen gazing, laughter and stress; all signs of a well-lived life. No wonder our poor eyes get tired, overworked, puffy, dark, dry and wrinkly. EYE WILL SURVIVE is your secret weapon, a very clever eye serum-mask-concentrate for a 20-minute rescue treatment. Each bio-cellulose, coconut-derived fabric patch is drenched in our specialist complex I-FIRM, that gently hugs the fragile eye area delivering a liposome serum into the lower levels of the epidermis for speedy visible results.

BENEFITS:

- ✓ Reduces the appearance of fine lines and wrinkles
- ✓ Reduces the appearance of puffiness and dark circles
- ✓ Helps to visibly firm the eye area by replacing lost moisture
- ✓ Suitable for all skin types
- ✓ Clinically tested for sensitive skin
- ✓ Brightens & tones the eye area for a healthy appearance

CATEGORY:

Skin Therapy | Special Attention | Eyes

SUITABLE FOR:

All skin types | Sensitive | Unisex

USES:

- As a 6-day intensive treatment course for healthy looking eyes.
- A localised 20 minute express treatment to brighten and tone the eye area.
- 2/3 times a week as part of a 28 day treatment for improved results.

KEY INGREDIENT CLAIMS:

- I-FIRM is an eye complex blended exclusively with a marine biotech active which fills in wrinkles, lifts and tightens the eye area and contains:

Marine Exopolysaccharide Skin Lifting Agent – tightens the skin, leading to immediate smoothing and anti-wrinkle effects. Collagen and elastin boosting action. Smoothing effect within 15 minutes and lasts for over 6 hours. Wrinkle filling, comfort and suppleness. It diminishes the appearance of crow's feet.

Kombuchka™ black tea ferment - diminishes skin roughness. Increases the brightness, lustre, radiance and clarity of the skin.

Rice Bran Extract – a known antioxidant that protects the skin cells and is soothing to the skin.

- *Cucumber Fruit Extract* - excellent cooling, cleansing and soothing properties and helps to keep skin soft.
- *Peach Resin Extract* – freshens, brightens and tones the eye area.



HOW TO APPLY/USE:

Apply to clean skin. Carefully remove each eye mask from the protective backing and place around the contour of each eye, adjust into position and now relax. After 10 minutes 'pat and press' to smooth any creases and after 20 minutes, remove the eye mask and gently tap any excess serum from the sachet around the eye area using the ring finger. For an intensive corrective course, apply daily for 6 days or use 2/3 times a week over a 28-day period.

PARTNER PRODUCTS:

EYE SURVIVE is part of our Skin Therapy range. Other products that an EYE WILL SURVIVE customer might use are:

- EASY ON THE EYE
- WINDOWS OF THE SOUL
- EYE TRUFFLE
- GLINT
- A STROKE OF GENIUS
- EYE THERAPIST

INGREDIENTS: Aqua (Water), Butylene Glycol, Glycerin, Lecithin, Plankton Extract, PVP, Hydroxyacetophenone, 1,2-Hexanediol, Sodium Polyacrylate, Phenoxyethanol, Glycosyl Trehalose, Hydrogenated Starch Hydrolysate, Propylene Glycol, Xanthan Gum, Cucumis Sativus (Cucumber) Fruit Extract, Prunus Persica (Peach) Resin Extract, PEG 40 Hydrogenated Castor Oil, Hydrolyzed Rice Bran Extract, Saccharomyces/Xylinum/Black Tea Ferment, Parfum (Fragrance), Citric Acid, Hydroxyethylcellulose.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

6 X 6 ml / 0.2 fl.oz

PACKAGING:

Coconut derived bio-cellulose masks in an aluminium sachet and housed in a warm grey carton.

CLINICAL TRIAL RESULTS:

Parameter	6 Day Trial	28 Day Trial
Skin Elasticity	was elevated 8.6%	Was elevated 6.8%
Skin Brightening Efficacy (Dark Circles)	Brightness was elevated 9.4%	Brightness was elevated 11.2%
Skin Firming Efficacy	Sagging was reduced 8.1%	Sagging was reduced 8.6%
Puffy Eyes	N/A	Swelling was decreased by 8.6%



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

EYE THERAPIST

EYE MASSAGERS

less tired | less bags | less puffy

This super cute duo is designed to use around the eye area in conjunction with our lymphatic drainage massage ritual. They help increase microcirculation, improve muscle tone and reduce facial tension resulting in a brighter eye area that appears lifted.

Pop them in the fridge for 5 – 10 minutes for an even more cooling and refreshing wake-up for eyes.

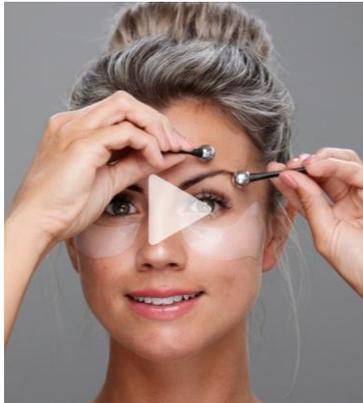
People might just ask if you've had an eye lift.

BENEFITS & HOW TO USE:

Watch our online video for our in-house therapist's eye massage ritual and lymphatic massage techniques.

- ✓ Encourages lymphatic drainage and toxin reduction
- ✓ Helps increase muscle tone
- ✓ Reduces muscle tension
- ✓ Helps reduce puffiness & dark circles
- ✓ Increases cell renewal
- ✓ Encourages brow lifting

www.templespa.com/theeyetherapistvideo



CATEGORY:

Skin Therapy | Special Attention | Eyes

SUITABLE FOR:

All skin types | Sensitive | Unisex

PARTNER PRODUCTS:

EYE THERAPIST works especially well with:

- EYE WILL SURVIVE
- WINDOWS OF THE SOUL
- EYE TRUFFLE

SIZE:

A pair of massagers, one size for all eyes

PACKAGING:

Zinc alloy silver massage head with poly propylene black handles, housed in a match box carton.

To clean, hand wash with warm soapy water, rinse and leave to dry.



GLINT

SHADOW CONCEALER

brightens & conceals
vitamin e | antioxidants

When you need a miracle!

Just the thing you need to banish the telltale signs of daily fatigue or too many late nights. GLINT is an advanced multi-tasking formula developed to target and cover up dark circles, shadows, imperfections and fine lines. Lightweight feeling yet with highly effective coverage, it glides on and blends easily to jumpstart your complexion in a flash. A stroke of make-up artist genius!

It's red carpet gorgeousness!

SHADES:

Available in light and light to medium

BENEFITS:

- ✓ Professional trick of the trade
- ✓ Imperfections? A thing of the past
- ✓ Flash flawless finish
- ✓ Instant cover-up job

CATEGORY:

Skin Therapy | Red Carpet

SUITABLE FOR:

All skin types

USES:

To spot conceal dark circles, shadows & fine lines

KEY INGREDIENT CLAIMS:

- *Raspberry Seed Oil* - High in essential fatty acids, omega 3,6 and 9 supported also with high levels of vitamin E – a real do-gooder! This oil is very effective in skincare as it has a super smooth emollient feel that lubricates skin's surface to create a cushioned lipid barrier. This means protection and superior moisture retention for the skin. It also helps visibly tighten the skin so it's a real skincare gem!
- *Pomegranate Fruit Extract* - An ancient Mediterranean ingredient used in traditional medicine for centuries. Rich in natural vitamins and antioxidants and is known for its skin brightening and lightening qualities. It also helps detoxify skin for improved clarity.

HOW TO APPLY/USE:

Find a shadow, paint, pat and you're good to go!

Use as an under eye concealer by dispersing a small amount of the product into the applicator brush and gently patting under eye to instantly refresh and revive. Smooth over with a clean fingertip. It can also be used to conceal and even out those areas where shadows may occur (i.e. around the nose, hollow of chin) by lightly painting and patting the area with the applicator brush.



PARTNER PRODUCTS:

GLINT is part of our SKIN THERAPY range, as it provides fabulous instant results whilst also showing skin some love with its clever skincare benefits.

Other products in the range, which work synergistically, are:

- A STROKE OF GENIUS
- EASY ON THE EYE
- EYE THERAPIST
- EYE SURVIVE
- WINDOWS OF THE SOUL

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Make-up artist formula

INGREDIENTS: Aqua (Water), Cyclopentasiloxane, Talc, Dimethicone, Hydrogenated Polyisobutene, Glycerin, Dimethicone/Vinyl Dimethicone Crosspolymer, HDI/Trimethylol Hexyllactone Crosspolymer, PEG/PPG-18/18 Dimethicone, Isononyl Isononanoate, Polyglyceryl-3 Diisostearate, Trimethylsiloxysilicate, Cetyl Dimethicone, Sorbitan Sesquioleate, Sodium Chloride, Butylene Glycol, Phenoxyethanol, PPG-25-Laureth-25, Squalane, Hydroxyacetophenone, Sodium Dehydroacetate, Hydrogen Dimethicone, Disteardimonium Hectorite, Tocopheryl Acetate, Dimethicone Crosspolymer, Aluminum Hydroxide, Disodium EDTA, Rubus Idaeus (Raspberry) Seed Oil, Silica, Trihydroxystearin, Chenopodium Quinoa Seed Extract, Punica Granatum Fruit Extract, Potassium Sorbate, Helianthus Annuus (Sunflower) Seed Oil, Sorbic Acid, Rosmarinus Officinalis (Rosemary) Leaf Extract, CI 77891 (Titanium Dioxide), CI 77491 (Iron Oxides), CI 77492 (Iron Oxides), CI 77499 (Iron Oxides)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

2 ml / 0.6 fl.oz

PACKAGING:

Metallised applicator click pen with make-up artist brush in a sustainable and recyclable FSC-certified carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 95% agree this blends easily to cover the daily signs of fatigue
- 95% said the concealer glides onto the skin and has a lightweight feeling
- 93% of users agree this concealer helps cover dark circles & shadows under the eyes
- 88% of users agree this immediately improves their complexion & instantly covers imperfections

* based on a panel size of 59



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

GLOWCOLIC

RESURFACING TONER

exfoliates & brightens

glycolic acid | vitamin c | lactic acid

Smoothly Done

GLOWCOLIC is an exfoliating toner with natural glycolic acid that smooths, nourishes and balances your skin's complexion. Mediterranean extracts of grape, apple, lemon and orange, rich in natural acids and vitamin c, combined with glycolic, mandelic and lactic acids to provide a refreshing formulation that gently lifts away dead skin cells and impurities to renew and nourish, evening out the skin's surface for a brighter, healthier-looking complexion that sings with radiance.

BENEFITS:

- ✓ Leaves skin radiant and healthy-looking
- ✓ Tones and refreshes dull, lacklustre skin
- ✓ Gently buffs away dead skin cells and impurities
- ✓ Smooths & promotes a more even skin complexion

CATEGORY:

Skin Therapy

SUITABLE FOR:

All skin types, except super-sensitive

USES:

- Use as a replacement or to complement your existing daily toner
- As part of a radiance-boosting treatment
- Can also be used as a weekly spa facial treatment to revive dull skin and give it a refreshing polish
- Do not use on broken or sensitive skin
- **SUNBURN ALERT:** This product contains alpha hydroxy acids (AHA's) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

KEY INGREDIENT CLAIMS:

- **Glycolic Acid** – is an alpha-hydroxy acid (AHA), it exfoliates built-up dead skin cells and resurfaces dull, uneven skin for a smoother, brighter, more even-looking complexion.
- **Mandelic Acid** - is an alpha-hydroxy acid (AHA), a go-to anti-ageing ingredient in the world of skincare. Accelerates cell turnover by dissolving the tiny bonds that hold skin cells together, helping to remove dead skin on the surface to brighten instantly.
- **Lactic Acid** - is an alpha-hydroxy acid (AHA). It boosts the exfoliation process and stimulates superficial cells growth. It also has moisturising and water-holding properties.
- **Hyaluronic Acid** – deceiving as it isn't an AHA and doesn't exfoliate, instead it provides essential moisturising and film-forming properties to the skin. It can hold 1,000 times its weight in water.
- **Mediterranean fruit extracts of grape, apple, lemon and orange** – antioxidants rich in vitamin c they provide gentle exfoliation, renew, nourish and brighten the skin.



HOW TO APPLY/USE:

After cleansing, apply to a cotton wool pad, sweep across face, neck and décolletage, avoiding the eye area. For best results use daily, morning & night. Follow with LIFE DEFENCE SPF30 to ensure your new smooth skin is protected from the sun's harmful rays.

PARTNER PRODUCTS:

GLOWCOLIC is designed to smooth the skin and bring radiance to dull skin. Other products in our range that help provide smooth or radiant skin are:

- IN THE BEGINNING
- MOST REVEALING
- LIFE DEFENCE SPF 30

INGREDIENTS LIST: Aqua (Water), Glycerin, Polysorbate 20, Butylene Glycol, Phenoxyethanol, Pentylene Glycol, Pyrus Malus (Apple) Fruit Extract, Citric Acid, Malic Acid, Fructose, Urea, Propylene Glycol, Sodium Benzoate, Gluconolactone, Mandelic Acid, Tartaric Acid, Tetrasodium Glutamate Diacetate, Sodium Hydroxide, Aloe Barbadensis Leaf Juice Powder, Cucumis Sativus (Cucumber) Juice, Parfum (Fragrance), Potassium Sorbate, Citrus Medica Limonum (Lemon) Fruit Extract, Hydrolyzed Grape Fruit, Hydrolyzed Wheat Bran, Glycolic Acid, Lactic Acid, Chamomilla Recutita (Matricaria) Flower Extract, Allantoin, Maltose, Sodium Chloride, Sodium Lactate, Sodium PCA, Trehalose, Lactobionic Acid, Sodium Hyaluronate Crosspolymer, Benzyl Alcohol, Actinidia Chinensis (Kiwi) Fruit Extract, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Citrus Aurantium Dulcis (Orange) Fruit Extract, Citrus Reticulata (Tangerine) Fruit Extract, Glucose, Sodium Hyaluronate, Tropaeolum Majus Flower/Leaf/Stem Extract, Phosphoric Acid, Sodium Sulfite, Ethylhexylglycerin, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150ml / 5.0fl.oz

PACKAGING:

Orange PET recyclable bottle containing 30% PCR material in a sustainable FSC carton.

WHAT THE INDEPENDENT USER TRIAL SAY:

- 91% said the toner leaves skin looking healthier and was instantly smoother.
- 85% said their skin was brighter and more radiant.
- 91% said the toner leaves skin looking healthier
- 92% said the toner was gentle on their skin and made skin feel more refreshed.

* Based on a panel size of 53



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

GOOD TO GO

CREAMY FOAMING CLEANSER

cleanses & balances

aloe | carrot | multivitamins

Oh my goodness!

If you're blessed with pretty normal skin and love natural goodness, then you'll adore GOOD TO GO. Perfect for no-fuss people on the run who need a quick yet effective wash-off cleanser that leaves the skin soft and nourished without feeling taut. The clever pump miraculously transforms the liquid formula into a luscious creamy foamy texture. The naturally bountiful and highly nutritious formula includes aloe vera, carrot, bergamot, lemon, tangerine, cucumber, honey, watercress & multivitamins. It's Mediterranean market goodness!

BENEFITS:

- ✓ Won't dry out the skin
- ✓ Maintains total skin balance
- ✓ Lightweight & creamy
- ✓ Skin feels clean & comfy

CATEGORY: Skin Therapy | Norm-all Skin

SUITABLE FOR:

- Normal skin
- Teenagers
- All skin types who prefer a wash-off cleanser

USES:

- Daily facial cleansing
- Perfect for keeping in the shower

KEY INGREDIENT CLAIMS:

- *Aloe Barbadensis Leaf Juice* - protective, soothing, calming and helps to maintain a healthy skin.
- *Carrot* - active protective and antioxidant properties for a healthy complexion.
- *Bergamot* – uplifting, fresh essential oil.
- *Lemon* – helps strengthen skin capillaries.
- *Tangerine* – fresh essential oil.
- *Cucumber* - cooling, cleansing and soothing.
- *Honey* – soothes and softens.
- *Watercress* - cleansing, soothing, toning and stimulating properties.
- *Vitamin E* – soothing. An antioxidant that protects cells from UV damage and environmental pollutants.
- *Vitamin A* - improves elasticity, stimulates collagen formation, helps reduce UV induced wrinkle formation.
- *Radish Root* – provides antimicrobial benefits, whilst moisturising and conditioning the skin.

HOW TO APPLY/USE:

Splash the face with clean water, then work two pumps of this creamy lotion into a foam on the skin using upward circular movements. Rinse with clean water.

PARTNER PRODUCTS:

GOOD TO GO is part of our Norm-all Skin Therapy range – a complete regime that will provide nourishment to skin that is pretty level-headed and 'normal'.

Other products in this range include:

- BREAKFAST SMOOTHIE
- TONING ESSENCE
- LIFE DEFENCE SPF 30



INGREDIENTS: Aqua (Water), Cocamidopropyl Betaine, Glycerin, Polysorbate 20, PEG-7 Glyceryl Cocoate, Sodium Chloride, Sodium Lauroyl Sarcosinate, Parfum (Fragrance), Panthenol, Sodium Benzoate, Acacia Concinna Fruit Extract, Balanites Aegyptiaca Fruit Extract, Citric Acid, Polyquaternium-39, Potassium Sorbate, Tetrasodium Glutamate Diacetate, Gypsophila Paniculata Root Extract, Sodium Laurate, Aloe Barbadensis Leaf Juice Powder, Propylene Glycol, Cucumis Sativus (Cucumber) Juice, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Citrus Reticulata (Tangerine) Fruit Extract, Raphanus Sativus (Radish) Root Extract, Tocopheryl Acetate, Retinyl Palmitate, Helianthus Annuus (Sunflower) Seed Oil, Beta Vulgaris (Beet) Root Extract, Sorbic Acid, Mel (Honey), Phosphoric Acid, Arctium Majus Root Extract, Citrus Limon (Lemon) Peel Extract, Hedera Helix (Ivy) Leaf Extract, Nasturtium Officinale Extract, Salvia Officinalis (Sage) Leaf Extract, Lactic Acid, Fucus Vesiculosus Extract, Saponaria Officinalis Leaf/Root Extract, Beta-Carotene, Daucus Carota Sativa (Carrot) Root Extract, Daucus Carota Sativa (Carrot) Seed Oil, Sodium Sulfite, Ascorbyl Palmitate, Tocopherol, Limonene, Linalool

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES: 170ml / 5.7 fl.oz.

PACKAGING:

Bottle – Made from HDPE with 30% recycled plastic and is fully recyclable. The foaming pump is not widely recycled so please remove it before popping in your plastic recycling bin. Cap – Made from PP and widely recycled. Carton – 100% Recyclable & sustainably sourced FSC-certified paper.

WHAT THE INDEPENDENT TRIALS SAY:

- 98% of users agree:**
 - Leaves skin squeaky clean
 - Definitely removes dirt and impurities
 - Leaves skin feeling soft
- 90% of users agree:**
 - Skin is left balanced
 - After use skin feels comfortable
 - Leaves skin nourished

* based on a panel size of 54



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

IN THE BEGINNING

DEEP CLEANSING MELT

rejuvenates & brightens
olive | basil | calendula

A hand-blended facial in a jar!

IN THE BEGINNING is one of those 'desert island products' you can't live without! A concentrated balm that gives that 'just had a facial' feeling every time. Its unique buttery-crystalline texture melts as you massage, delivering rich vitamin E straight to your skin. Formulated with Mediterranean ingredients of olive, calendula, basil, clary and lavender to ensure a nutritious, intense cleanse, leaving skin feeling dewy and glowing with health and vitality. The result... deeply cleansed & brightened skin!

BENEFITS:

- ✓ Intense cleanse
- ✓ Melting exfoliating beads
- ✓ Polishes & brightens
- ✓ Super soft skin feel

CATEGORY:

Skin Therapy | For Dry Skin

SUITABLE FOR:

- Dry skin types
- Thirsty, dehydrated or dull skin
- Any skin type in need of special attention
- Unisex

USES:

- Daily facial cleansing
- Can remove eye makeup

KEY INGREDIENT CLAIMS:

- *Olive Fruit Oil* – deeply penetrates the skin, locks in moisture, prevents skin dryness. Softens & smooths.
- *Calendula flower extract* – protects and restores damaged skin.
- *Basil leaf extract* - anti-inflammatory.
- *Clary oil* - promotes cell regeneration.
- *Lavender oil* - soothing and calming.
- *Vitamin E* - an antioxidant that reduces water loss to the transepidermal layer, improving the appearance of rough, dry, damaged skin. Helps prevent irritation due to sun.

HOW TO APPLY/USE:

Use morning and evening as a daily cleansing ritual or weekly spa facial. Apply a small amount (the size of a pea) to your forehead, cheeks and chin. With clean fingers, massage into your skin using circular upward movements, using the little beads to gently exfoliate and slough off any excess dry patches (the beads eventually melt). Remove by moistening TAKE IT OFF muslin cleansing cloth and gently massaging over the skin before wiping off. Complete with TONING ESSENCE.



PARTNER PRODUCTS:

IN THE BEGINNING cleansing balm is part of our Dry Skin Therapy range – a complete regime that will provide intensive nourishment to skin that is dehydrated and screaming for moisture and radiance.

Other products in this replenishing range include:

- QUENCH
- TONING ESSENCE
- TAKE IT OFF
- DOUBLE CREAM

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free-from synthetic colours & fragrance
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Olea Europaea (Olive) Fruit Oil, Glyceril Stearate, PEG-100 Stearate, Lavandula Angustifolia (Lavender) Oil, Salvia Sclarea (Clary) Oil, Tocopheryl Acetate, Calendula Officinalis Flower Extract, Ocimum Basilicum (Basil) Leaf Extract, Geraniol, Limonene, Linalool

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

75 g / 2.6 oz.

PACKAGING:

Cap made from PP material which is recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 95% agree this spa professional cleansing balm is easy to apply
- 89% said the melting bead formula left their skin feeling super clean
- 87% agree it left their skin feeling deeply cleansed
- 89% report their skin looked fresh and radiant after use
- 85% agree it left their skin with a 'just had a facial feeling'
- 80% said this balm brightened their skin
- 69% of users agreed this is the best cleansing balm they have ever used

* based on a panel size of 55



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

IT'S ALL GOOD

NUTRITIOUS BOOST FACIAL OIL

plumps & smooths

super seeds | neroli | vitamin e

Beauty is skin deep!

IT'S ALL GOOD is an exquisite facial treatment oil with targeted active ingredients formulated to visibly plump, smooth and rebalance skin while protecting against environmental damage and visible signs of premature ageing. Vitamin E, peach kernel, sunflower and olive oil replenish the skin with essential moisture giving your complexion an instantly smoother appearance. Over time the hydrating formula minimises the appearance of fine lines and wrinkles leaving skin with a fresh and natural glow.

It's a multi-tasking skin saviour that works as you need it, where you need it. It's a whole lot of loving care!

Skin stress, hypersensitivity and plain old wear and tear can leave skin feeling a little bit under the weather and in need of a life-giving elixir!

BENEFITS:

- ✓ Leaves skin with more youthful bounce and resilience
- ✓ Rebalances, comforts and replenishes lost moisture
- ✓ Instantly smoother, softer more radiant skin
- ✓ Visibly reduces the signs of ageing
- ✓ Suitable for use in Amethyst Trust treatments

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

- All skin types, including sensitive
- Unisex

USES:

- Day or night nutritional facial treat
- Professional quality massage medium
- For 'naked skin' rest days
- All over body oil or to target specific problem areas

KEY INGREDIENT CLAIMS:

- *Defencil*® - normalises sensitive skin, protects the skin barrier and has anti-inflammatory benefits
- *Collageneer*® - increases skin firmness and elasticity whilst reducing stretch marks by stimulating collagen synthesis
- *Peach Kernel Oil* - antioxidant and anti-ageing ingredient, Rejuvenates dry & sensitive skin. Rich in vitamins A & E.
- *Sunflower Oil* - rich in vitamin E. Soothing and calming properties heal dry or damaged skin.
- *Watermelon Seed Oil* - light and easily absorbed, nourishing and restorative. Restores skin elasticity.
- *Olive* - reduces skin damage caused by the environment and UV rays. Regenerative and restorative.

HOW TO APPLY/USE:

After cleansing and toning, apply a few drops of IT'S ALL GOOD to quench skin and seal in hydration. Massage into face, neck and décolletage using upwards and outward movement

Leave to sink in for 5 minutes before applying your moisturiser.

If your skin is feeling particularly dry, you can add a few drops to your daily moisturiser to boost its effect. It also makes the perfect travel companion as it is a true multi-tasker. It can be used on hair to condition dry ends or tame fly away, as well as on nails to soften and moisturise cuticles or rescue skin anywhere on the body too.



PARTNER PRODUCTS:

IT'S ALL GOOD is part of our Skin Therapy Special Attention range. Products that provide targeted solutions for particular skin issues.

Other products in the range include:

- WINDOWS OF THE SOUL
- ALL TALK
- EXALT
- THE SCULPTOR

OTHER CREDENTIALS:

- ✓ Dermatologically tested for sensitive skin
- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS: Helianthus Annuus (Sunflower) Seed Oil, Caprylic/Capric Triglyceride, Coco-Caprylate/Caprate, Prunus Persica (Peach) Kernel Oil, Octyldodecanol, Simmondsia Chinensis (Jojoba) Seed Oil, Citrullus Lanatus (Watermelon) Seed Oil, Olea Europaea (Olive) Oil Unsaponifiables, Lavandula Angustifolia (Lavender) Oil, Parfum (Fragrance), Echium Plantagineum Seed Oil, Lupinus Albus Seed Extract, Tocopherol, Helianthus Annuus (Sunflower) Seed Oil Unsaponifiables, Boswellia Serrata Gum Extract, Glycine Soja (Soybean) Oil, Cardiospermum Halicacabum Flower/Leaf/Vine Extract, Linalool, Limonene, Geraniol

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 30ml/1fl.oz.

PACKAGING: Glass bottle with pipette dropper in a sustainable FSC-certified carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% agree this moisturiser replenishes skin and leaves it feeling smooth
- 90% said the product left their skin with a fresh looking natural glow
- 88% report that the oil leaves skin feeling firmer and reduces roughness
- 86% agree the oil helps to reduce the appearance of fine lines and wrinkles
- 86% of users agree the oil provided their complexion with a beautiful, dewy radiant boost

* based on a panel size of 50



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

LET'S CONCENTRATE

SKIN GLOWING SERUM

clears & brightens

vitamin c | alpha arbutin | zinc

Clearly very clever!

A powerful, serum-juice-concentrate, that melts deep into your skin to reveal a clear, smooth, toned and glowing complexion. The clever formula delivers a daily dose of vitamin C, plus potent alpha arbutin that work together to brighten and boost the skin, helping to diminish the appearance of open pores and hyperpigmentation. In addition, blemish-fighting antioxidants of zinc and magnesium combine with skin-loving sodium hyaluronate and orange oil to reveal soft, bare-faced confidence for you and your beautifully radiant, revived and rejuvenated skin. So good.

BENEFITS:

- ✓ Promotes radiant, glowing, healthy-looking skin
- ✓ Diminishes the appearance of uneven skin tone
- ✓ Targets age spots and blemishes
- ✓ Helps to brighten and clarify

CATEGORY:

Skin Therapy | Special Attention

SUITABLE FOR:

- All skin types, including sensitive
- Unisex
- Blemish-prone skin
- People with scarring or hyperpigmentation
- Dull looking skin

USES:

- As a daily serum to promote radiant, glowing, healthy-looking skin and to target hyperpigmentation.

KEY INGREDIENT CLAIMS:

- *Ascorbyl Glucoside* – a new more stable form of vitamin C. A powerhouse antioxidant that actively delivers brighter, healthier and younger looking skin.
- *Alpha Arbutin* – works in conjunction with vitamin C to enhance its ability to reduce the appearance of age spots, blemishes and the redness in pimple spots. Derived from the dried leaves of blueberry, cranberry and bearberry plants and is a great ingredient for targeting hyperpigmentation and skin brightening.
- *Zinc, Magnesium, Manganese and Sodium PCA* – a compound of four essential minerals. Together, these elements help to replenish with key trace elements and maintain fresh and radiant skin.
- *Lemon Fruit Water* – extracted from the lemons via a flash distillation process which combines water, heat and pressure to vaporise the extract from the lemon. It acts as an astringent which also inhibits tyrosinase (enzyme which produces melanin) to help brighten the skin.
- *Sodium Hyaluronate* – attracts moisture to the skin, reduces dryness and flaking by increasing skin hydration. It also helps to soften the formulation and provide a softer glide on the skin.
- *Orange Essential Oil* – used topically is beneficial for maintaining the health, appearance and texture of skin by promoting clarity, radiance and smoothness, thereby reducing the signs of acne and other uncomfortable skin conditions. The essential oil is obtained by cold pressing the fruit peel of the orange.

HOW TO APPLY/USE:

After cleansing and toning, massage into face and neck or target specific areas of concern like age spots or blemishes anywhere on face and hands. Follow with your favourite moisturiser to seal in the benefits of this skin-glowing serum.

PARTNER PRODUCTS:

LET'S CONCENTRATE is part of our Skin Therapy range and is designed to bring radiance to your skin. Other products that provide radiance to the skin are:

- IN THE BEGINNING
- GLOWCOLIC
- MOST REVEALING



OTHER CREDENTIALS:

- ✓ Dermatologically tested for sensitive skin
- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Butylene Glycol, Glycerin, Alpha-Arbutin, Ascorbyl Glucoside, 1,2- Hexanediol, PEG-40 Hydrogenated Castor Oil, Sodium PCA, Carbomer, Hydroxyacetophenone, Sodium Hydroxide, Sodium Polyacrylate, Magnesium PCA, Citrus Limon (Lemon) Fruit Water, Disodium EDTA, Sodium Hyaluronate, Xanthan Gum, Zinc PCA, Diethylhexyl Syringylidenemalonate, Citric Acid, Manganese PCA, Phenoxyethanol, Caprylic/Capric Triglyceride, Potassium Sorbate, Citrus Aurantium Dulcis (Orange) Oil, Limonene, CI 14700 (FD&C Red No. 4), CI 15985 (FD&C Yellow No. 6).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 30ml/1fl.oz.

PACKAGING:

Recyclable glass bottle with pipette dropper in a sustainable FSC-certified carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 90% agree skin looks smoother, brighter & more radiant
- 88% said their skin looks and feels healthier
- 83% agree skin feels rejuvenated and revived
- 84% agree skin is clearer and glowing after use

* based on a panel size of 105 subjects Age 18 - 65

Significantly reduced the appearance of open pores, brown spots and uneven skin tone - in subjects age 36+

WORLD CLASS CLINICAL RESEARCH WORKING IN COLLABORATION WITH PROFESSOR MARK BIRCH-MACHIN AND NEWCASTLE UNIVERSITY.

We tested the following ingredients:

- Ascorbyl Glucoside
- Alpha Arbutin
- Zinc, Magnesium, Manganese and Sodium PCA
- Lemon Fruit Water

Clinically proven to:

- Provide cell protection from UV light
- Increase skin cell viability
- Increase skin cell resilience
- Positively affect skin cell mitochondria / cell energy



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

LIFE DEFENCE

SPF 30 MOISTURISER

protects & hydrates

rocket | ginseng | vitamin e

Your front line skin defender!

This feather-light moisturiser provides an environmental skin filter for your face. With UVA/UVB broad-spectrum protection SPF 30, plus a potent antioxidant complex of rocket, ginseng root, vitamin E and hyaluronic acid. These clever ingredients create a barrier against the sun and skin-damaging free radicals, city pollution, air con, high energy visible blue light from digital devices and daily skin stress. LIFE DEFENCE safeguards your skin leaving it comfortable, radiant and healthy, 7 days a week, 365 days a year.

BENEFITS:

- ✓ Protects against pollution & the harmful effects of high energy visible light
- ✓ Helps to prevent the appearance of sun-induced age spots and damage
- ✓ Broad-spectrum UVA/UVB protection
- ✓ Suitable for all skin types including sensitive skin

CATEGORY: Skin Therapy | All Skin Types | Norm-all Skin

SUITABLE FOR: Everyone, even sensitive skin

USES:

- Use as a daily moisturiser alone or over the top of your usual moisturiser
- Apply generously to ensure protection from exposure to the elements. Repeat application when out and about for long periods of exposure to the elements.
- Daily facial sun protection all year round

KEY INGREDIENT CLAIMS:

- *Rocket extract* – is rich in isothiocyanates which help to counter the effects of free radicals. It also has powerful soothing, anti-redness and antioxidant properties.
- *Hyaluronic acid* – known for its anti-ageing, hydrating and moisture restoring properties, resulting in skin looking and feeling softer, smoother, plumper and radiantly hydrated.
- *Vitamin E* – an antioxidant ingredient which helps protect cells from damage and environmental pollutants. Antioxidants fight against the oxidant effect of free radicals (molecules that damage collagen and accelerate the ageing process).
- *Glyceryl stearate* – derived from palm kernel, vegetable, & soy oil it's also found naturally in the human body. It acts as a lubricant on the skin's surface, which gives the skin a soft and smooth appearance. It easily penetrates the skin and slows the loss of water from the skin by forming a barrier on the skin's surface. It has been shown to protect skin from free-radical damage as well.
- *Ginseng root extract* – derived from the roots of the Withania Somnifera plant this organic extract has been used in traditional medicine for millennia. It's proven to protect against blue light exposure & digital pollution which is known to cause additional environmental stress to the mitochondria on our skin which play a key role in maintaining healthy skin cells.



As a moisturiser LIFE DEFENCE provides broad Spectrum UVA/UVB protection. That means it helps to protect against UVA and UVB rays.

- *UVA rays are 30 to 50 times stronger than UVB rays. They are known to cause damage at all levels of the epidermis resulting in premature skin ageing, and are a cause of deep lines and wrinkles.*
 - *The UVA filter in LIFE DEFENCE is Butyl Methoxydibenzoylmethane.*
- *UVB rays do not penetrate the skin as deeply as UVA rays. The intense energy from UVB rays is spread over the upper layers of the skin and can cause more damage. UVB rays are the primary cause of skin reddening, sunburn and photoaging.*
 - *The UVB filters in LIFE DEFENCE are Octyocrylene, Ethylhexyl Methoxycinnamate & Ethylhexyl Salicylate.*

WHAT IS SPF AND HOW DOES SPF RATING WORK?

SPF — or Sun Protection Factor — is a measure of a sunscreen's ability to prevent UVB from damaging the skin. Here's how it works: If it takes 20 minutes for your unprotected skin to start turning red, using an SPF 30 sunscreen theoretically prevents reddening 30 times longer. LIFE DEFENCE has an SPF rating of 30.

It is always important to protect yourself from the harmful effects of the sun. The sun is strongest between 11am - 3pm. Have a lazy lunch or bag an umbrella and stay in the shade during these hours when possible. Sunrays are actually harmful all year round not just in the summer months. Stay protected to avoid premature ageing.

HOW TO APPLY/USE: Apply generously over clean skin or over your daily moisturiser. Repeat the application when out and about for long periods of exposure to the elements. Your SPF products should be reapplied as a minimum every 2-hours if you're exposed to the sun.

PARTNER PRODUCTS:

LIFE DEFENCE is part of our Normal / All Skin Types range. Including sensitive.

For an effective skin care regime include the following partner products:

- GOOD TO GO
- TONING ESSENCE
- BREAKFAST SMOOTHIE



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

OTHER CREDENTIALS:

- ✓ Natural plant extracts
- ✓ Free-from synthetic colours
- ✓ No animal derived ingredients
- ✓ Professional strength formula
- ✓ Anti-ageing ingredients

INGREDIENTS: Aqua, Butyloctyl Salicylate, Ethylhexyl Methoxycinnamate, Ethylhexyl Salicylate, Octocrylene, Polysilicone-11, Tribehenin PEG-20 Esters, Butyl Methoxydibenzoylmethane, Polymethylsilsesquioxane, Glycerin, HDI/Trimethylol Hexyllactone Crosspolymer, Bis-Stearyl Dimethicone, Cetearyl Alcohol, Glyceryl Behenate, Magnesium Aluminum Silicate, Dimethicone, Sodium Lauryl Glucose Carboxylate, Hydroxyacetophenone, Fructose, Lauryl Glucoside, Cetearyl Isononanoate, Tocopheryl Acetate, Xanthan Gum, Parfum, Caprylyl Glycol, 1,2-Hexanediol, BHT, Disodium EDTA, Sodium Citrate, Withania Somnifera Root Extract, Glyceryl Stearate, Ethylhexylglycerin, Laureth-12, Sorbic Acid, Cetyl Palmitate, Sodium Hyaluronate, Hydrolyzed Eruca Sativa Leaf, Potassium Sorbate, Citric Acid, Sodium Benzoate, Alpha-Isomethyl Ionone, Benzyl Salicylate, Citronellol, Hexyl Cinnamal, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml /1.69fl.oz.

PACKAGING:

Oval tube with gloss cap and foil band in a sustainable FSC-certified carton.



LIP DEFENCE

SPF 30 PROTECTING LIP BALM

protects & hydrates
vitamin e | cica

My lips are sealed!

A clear, deeply hydrating, anti-pollution lip balm formulated with broad-spectrum SPF 30 & blue light protection. With the added goodness of vitamins C & E and sodium hyaluronate to deeply nourish and repair.

BENEFITS:

- ✓ Protects against pollution & the harmful effects of high energy visible light
- ✓ Helps to prevent dry, damaged and chapped lips
- ✓ Broad-spectrum UVA/UVB protection
- ✓ Suitable for all skin types

CATEGORY: Skin Therapy | Norm-all Skin

SUITABLE FOR: All Skin Types

USES:

- Use as a frequent use, 24/7 lip moisturiser
- Apply generously to ensure protection from exposure to the elements. Repeat application when out and about for long periods of time.
- Daily lip protection from the sun and environmental elements all year round

KEY INGREDIENT CLAIMS:

- **Vitamin E** – an antioxidant ingredient which helps protect cells from damage and environmental pollutants. Antioxidants fight against the oxidant effect of free radicals (molecules that damage collagen and accelerate the ageing process).
- **Vitamin C** – an antioxidant that is effective for brightening an uneven skin tone
- **Ginseng root extract** – derived from the roots of the Withania Somnifera plant this organic extract has been used in traditional medicine for millennia. It's proven to protect against blue light exposure & digital pollution which is known to cause additional environmental stress to the mitochondria on our skin which play a key role in maintaining healthy skin cells.
- **Sodium Hyaluronate**- found in skin naturally, depletes with age, penetrates deeply due to its molecular size, binds and locks in moisture.
- **Peppermint oil** - is used topically (applied to the skin) for headaches, muscle aches, itching, and other problems. It also provides the fresh flavour to lip products.
- **Centella asiatica** – commonly known as Indian Pennywort it is rich in amino acids, beta carotene, fatty acids, and numerous potent phytochemicals. Used as a medicinal herb for its ability to calm inflammation, speed wound healing, stimulate new cell growth, build collagen, and improve circulation.

As a moisturiser LIP DEFENCE provides broad Spectrum UVA/UVB protection. That means it helps to protect against UVA and UVB rays.

- *UVA rays are 30 to 50 times stronger than UVB rays. They are known to cause damage at all levels of the epidermis resulting in premature skin ageing and are a cause of deep lines and wrinkles.*
- *The UVA filter in LIP DEFENCE is Butyl Methoxydibenzoylmethane.*



- *UVB rays do not penetrate the skin as deeply as UVA rays. The intense energy from UVB rays is spread over the upper layers of the skin and can cause more damage. UVB rays are the primary cause of skin reddening, sunburn and photoaging.*
 - *The UVB filters in LIP DEFENCE are Octocrylene, Ethylhexyl Methoxycinnamate & Ethylhexyl Salicylate.*

WHAT IS SPF AND HOW DOES SPF RATING WORK?

SPF — or Sun Protection Factor — is a measure of a sunscreen's ability to prevent UVB from damaging the skin. Here's how it works: If it takes 20 minutes for your unprotected skin to start turning red, using an SPF 30 sunscreen theoretically prevents reddening 30 times longer. LIP DEFENCE has an SPF rating of 30. It is always important to protect yourself from the harmful effects of the sun. The sun is strongest between 11am - 3pm. Have a lazy lunch or bag an umbrella and stay in the shade during these hours when possible. Sunrays are actually harmful all year round not just in the summer months. Stay protected to avoid premature ageing.

HOW TO APPLY/USE:

Apply onto clean, dry lips daily. Repeat application when out and about, or whenever your lips need a bit of attention.

PARTNER PRODUCTS:

LIP DEFENCE is part of our Normal / All Skin Types range. For an effective skin care regime include the following partner products:

- GOOD TO GO
- TONING ESSENCE
- BREAKFAST SMOOTHIE
- LIFE DEFENCE

INGREDIENTS: Hydrogenated Polydecene, Polybutene, Octocrylene, Ethylhexyl Methoxycinnamate, Ethylhexyl Salicylate, Butyl Methoxydibenzoylmethane, Hydrogenated Styrene/Isoprene Copolymer, Cera Microcrystallina, C18-36 Acid Triglyceride, Butyloctyl Salicylate, Triolein, Silica, Mentha Piperita Oil, Sodium Hyaluronate, Tocopheryl Acetate, Ascorbyl Tetraisopalmitate, Helianthus Annuus Seed Oil, Aqua, Pentaerythrityl Tetra-Di-T-Butyl Hydroxyhydrocinnamate, Alcohol, Panax Ginseng Root Extract, Centella Asiatica Leaf Extract, BHT, Tocopherol.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 10 ml / 0.3 fl.oz.

PACKAGING:

HDPE tube with applicator, contains 30% PCR material widely recyclable.
Cartons made from FSC material and is recyclable.



LOVELY DAY

IMMEDIATE RESPONSE BRONZING GEL

nourishes & bronzes
vitamin e | pro-vitamin b5

Liquid sunshine in a tube!

If you've managed to grab some rays and have beautifully bronzed skin, well good for you! But for most of us it's handy and healthy to get our sunshine from a tube. LOVELY DAY provides an instant, golden glow that can be used on both the face and body. It's for those days that you need a golden tan instantly. With its sophisticated sheer formula and unique layering ability you can obtain your desired colour level with ease - a tint or a tan, it's up to you! It's luscious gel-like texture glides over the skin and is enriched with anti-ageing vitamin E and pro-vitamin B5 to leave skin healthy, bronzed and oh so good! Have a lovely day!

BENEFITS:

- ✓ Instant even golden tan
- ✓ Use on face & body
- ✓ Water resistant
- ✓ No build up streaks
- ✓ Natural lightweight finish
- ✓ No wait – what you see is what you get
- ✓ Want a light tint or a deep tan? You control the tone yourself by how many layers you apply

CATEGORY:

Skin Therapy

SUITABLE FOR:

All skin types

USES:

- Face bronzer
- Body bronzer
- An alternative to a tinted moisturiser

KEY INGREDIENT CLAIMS:

- *Vitamin E* - natural vitamin E is extremely hydrating and healing. Its anti-oxidant properties help protect cells from UV damage and environmental pollutants.
- *Pro-Vitamin B5* - moisturising reduces inflammation and accelerates skin healing.
- *Hyaluronic Acid* - moisturising to the skin. Binds and retains essential moisture within the stratum corneum, reduces fine lines caused by dehydration. A potent humectant that absorbs moisture from the air to help hydrate your skin.
- *Xanthum Gum* - acts as a skin-conditioning agent.

HOW TO APPLY/USE:

Exfoliate dry skin before application as a bronzer can darken excess dry patches. After moisturising body and face, dot onto skin and massage using upward and outwards movements. Layer until you get the desired shade. Wash your hands after application, to avoid excess tone. Now enjoy the compliments!

The advanced micro-fine pigments that are used to obtain the beautiful colour of LOVELY DAY need to be thoroughly cleansed from the pores or washed away. So it's worth performing a double cleanse before bed. IN THE BEGINNING deep cleansing melt is perfect!



PARTNER PRODUCTS:

LOVELY DAY is part of our Skin Therapy range, as it provides fabulous instant results whilst also showing skin some love with it's clever skincare benefits.

Other products within this range are:

- A STROKE OF GENIUS
- GLINT

Other complimentary products that help prepare the skin for bronzing solutions are BREAKFAST SMOOTHIE facial exfoliator and SUGAR BUFF Mediterranean body scrub.

Products that help extend the tan include DUVET comforting body cream, PALM BALM luxurious skincare for the hands and your favourite facial moisturiser.

OTHER CREDENTIALS:

- ✓ Not animal tested
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Propylene Glycol, Bis-PEG-18 Methyl Ether Dimethyl Silane, Glycerin, Hydrogenated Polyisobutene, Potassium Cetyl Phosphate, PEG-14 Dimethicone, Phenoxyethanol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Talc, Sodium Hydroxide, Disodium EDTA, Ethylhexylglycerin, Xanthan Gum, Panthenol, Sodium Hyaluronate, Tocopheryl Acetate, CI 77492 (Iron Oxides), CI 77491 (Iron Oxides), CI 77499 (Iron Oxides), CI 77289 (Chromium Hydroxide Green).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

30 ml / 1 fl.oz

PACKAGING:

Tube – HDPE/LDPE mix with 30% recycled plastic
Cap – PP recyclable plastic
Carton - 100% sustainably sourced & recyclable carton.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

MOISTURE MATTE

MATTIFYING MOISTURISER

absorbs oil & mattifies

lemongrass | microsponges

Liquid cashmere for skin!

Genius. State-of-the-art. An incredible cashmere-soft texture that targets super-shiny patches and keeps skin matte all day. MOISTURE MATTE contains Mediterranean ingredients of bergamot, pomegranate, apricot, myrtle, lemongrass, anise, and vitamins A, C & E, combined with a collection of oil-absorbing microspheres...You'll fall in love with this one!

BENEFITS:

- ✓ Great for oily & congested skin
- ✓ Lightweight, non-greasy
- ✓ Keep skin shine free all day
- ✓ Leaves skin feeling soft & smooth

CATEGORY:

Skin Therapy | For Oily Skin

SUITABLE FOR:

- Oily skin
- Unisex (men love it)
- Great for blemish prone skin, teenage or hormonal skin
- Normal skin that prefers a light moisturiser

USES:

- Day and night facial moisturiser
- Makeup base (any skin type) to help lock on foundation
- Skin mattifier (for shiny patches, shaved/bald heads)

KEY INGREDIENT CLAIMS:

- *Bergamot* - antiseptic and bacterial growth inhibitor. Good for oily and acne skin.
- *Pomegranate* - a unique oil extract which is a powerful anti-inflammatory agent. Antioxidant, moisturizing and nourishing properties.
- *Myrtle* – astringent, Useful ingredient for oily skin and a useful ingredient against acne.
- *Lemongrass* - antiseptic and bactericide.
- *Anise* - antiseptic and slightly astringent.
- *Vitamin C* - powerful antioxidant and ingredient with anti-acne capabilities.
- *Vitamin E* – soothing, antioxidant and protect cells from environmental pollutants.
- *Vitamin A* - improves elasticity, stimulates collagen formation.
- *Microsponges* - absorbs excess sebum (oil), reduce shine.

HOW TO APPLY/USE:

After cleansing with your chosen cleanser & toning with TONING ESSENCE, apply 2-3 pumps onto a clean fingertip and dot onto face and neck. Massage in circular, upward motions. Use morning & night. Ideal as a makeup base and for taking the shine off foreheads & T-zone.

PARTNER PRODUCTS:

MOISTURE MATTE is part of our Oily Skin Therapy range – a complete regime for oily blemish prone skin.

Other products in this mattifying range include:

- WAY TO GO
- TONING ESSENCE
- PURIFICATION



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS:

Dimethicone, Isododecane, Polysilicone-11, Polymethylsilsesquioxane, HDI/Trimethylol Hexyllactone Crosspolymer, Parfum (Fragrance), Caprylic/Capric Triglyceride, Silica Dimethyl Silylate, Ascorbyl Tetraisopalmitate, Tocopheryl Acetate, Retinyl Palmitate, Tocopherol, Illicium Verum (Anise) Fruit Oil, Cymbopogon Schoenanthus Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Punica Granatum Seed Oil, Myrtus Communis Oil, Alpha-Isomethyl Ionone, Benzyl Salicylate, Citronellol, Eugenol, Hydroxycitronellal, Linalool, CI 61565 (D&C Green No. 6), CI 60725 (D&C Violet No. 2)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz.

PACKAGING:

Airless pump with a frosted cap in a sustainably sourced FSC-certified carton

WHAT THE INDEPENDENT TRIALS SAY:

- 92% agree the formulation has an incredible cashmere soft texture
- 86% said the moisturiser leaves skin feeling soft and smooth.
- 84% said the moisturiser is suitable to use as a primer
- 82% agree the moisturiser is non-greasy and absorbs easily into the skin.
- 76% said the moisturiser leaves the skin feeling matte

* based on a panel size of 51



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

MOISTURE TO GO

BALANCING MOISTURISER

softens & hydrates
tomato | multivitamins

Liquid velvet for the skin!

Clever. Advanced. A texture like pure velvet and well-behaved on both oily and dry areas of your split personality skin! Mediterranean ingredients of tomato, grapefruit, marjoram, wild yam and olive combine with vitamins and our high performance Combiderm™ complex to bring balance - absorbing excess oil and rehydrating the drier areas at the same time. We actually think MOISTURE TO GO might just be telepathic!

BENEFITS:

- ✓ Helps reduce oiliness and shine
- ✓ Hydrating & lightweight
- ✓ Skin feels smooth & firm
- ✓ Helps balance combination skin

CATEGORY:

Skin Therapy | For Combination Skin

SUITABLE FOR:

Combination Skin types | Unisex

USES:

- Day and night facial moisturiser
- Enhances makeup application (under foundation)

KEY INGREDIENT CLAIMS:

- **Combiderm™ complex**- a complex of natural extracts from the Mediterranean that nourish and moisturise the dehydrated areas whilst working in harmony with antiseptic and anti-microbial ingredients to address the excess oil in the skin. This complex contains:

Unisteron (complex of Wild Yam extract and Soybean Sterols)- Increases elasticity, reduces roughness, smoothes wrinkles and hydrates.

St. Johns Wort Extract- cooling and drying due to its anti-inflammatory, astringent action.

Royal Jelly- contains collagen, lecithin, protein, sugars, mineral salts and Vitamins A, C, D, C and B complex. Skin rejuvenating benefits.

Malt Extract- Moisturising and anti-inflammatory.

- *Tomato* - controls sebum production, gently exfoliates. Antioxidant.
- *Grapefruit oil* - used for congested and oily skin.
- *Grapeseed* - antioxidant. Protects. Inhibits breakdown of collagen.
- *Marjoram* - soothing, moisturising, anti-inflammatory, softens and soothes the skin. Locks in moisture.
- *Olive Oil* - softens and smoothes the skin, leaving it supple.
- *Vitamin E* - soothing, antioxidant and protect cells from environmental pollutants.
- *Vitamin A* - improves elasticity, stimulates collagen formation.
- *Vitamin C* - powerful antioxidant ingredient.

HOW TO APPLY/USE:

After cleansing and toning, apply 2-3 pumps onto a clean fingertip and dot onto face and neck. Massage in circular, upward motions. Use morning and night.



PARTNER PRODUCTS:

MOISTURE TO GO is part of our Combination Skin Therapy range. A complete regime of products that are almost telepathic: they know where to go and what to do to treat skin that is both dry and oil.

Other products that bring a sense of balance include:

- DUAL ACT
- TONING ESSENCE
- THE POWER BREAKFAST

OTHER CREDENTIALS:

- ✓ Essential oils & natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Dimethicone, Glycerin, Dimethicone Crosspolymer, Polyacrylamide, Propylene Glycol, C12-15 Alkyl Benzoate, Vitis Vinifera (Grape) Seed Oil, C13-14 Isoparaffin, Phenoxyethanol, Oleyl Alcohol, Polysilicone-11, Laureth-7, Dioscorea Villosa (Wild Yam) Root Extract, Parfum (Fragrance), Ethylhexylglycerin, Hexyldecanol, Glycine Soja Sterols, Betaine, Tocopheryl Acetate, Retinyl Palmitate, CI 77891 (Titanium Dioxide), Olea Europaea (Olive) Leaf Extract, Caprylic/Capric Triglyceride, Sodium Hyaluronate, Hypericum Perforatum Flower/Leaf/Stem Extract, Royal Jelly, Malt Extract, Potassium Sorbate, Solanum Lycopersicum (Tomato) Fruit Juice, PEG-40 Hydrogenated Castor Oil, Alcohol Denat., Ceramide Np, Ascorbyl Tetraisopalmitate, Tocopherol, Citrus Grandis Peel Oil, Origanum Majorana Leaf Oil, Citronellol, Geraniol, Limonene, Linalool, CI 42090 (FD&C Blue No. 1), CI 19140 (FD&C Yellow No. 5).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz.

PACKAGING:

Airless pump with frosted cap in a sustainable FSC-certified recyclable carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 98% agree this moisturiser absorbs easily with a lightweight feel
- 95% of users said this moisturiser leaves their skin feeling smooth
- 89% said this reduces the appearance of any oiliness and shine on the t-zone during the day
- 89% agree this leaves skin feeling hydrated and balanced
- 68% agree this moisturiser left their skin feeling firmer

* based on a panel size of 60



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

MOST REVEALING

GLOWING SKIN OXYGEN PEEL

resurfaces & brightens

glycolic acid | vitamin c | sodium hyaluronate

BUBBLES DARLING!

Looking for instant, yet serious results you can see in the mirror? This state-of-the-art oxygenating bubble peel powerfully transforms your complexion from lacklustre to positively glowing. The highly effective formula is powered by vitamin C and a cocktail of glycolic, malic, lactic, citric and hydroxy acids that are all good for your skin! Sodium hyaluronate hydrates and cushions the skin while it foams and fizzes, lifting away dead skin cells and decongesting debris from the pores. Botanical extracts of apple, kiwi and chamomile soothe, vitamins A & E nourish and Mediterranean oils of sweet orange & bergamot work together to reveal unbelievably smooth, bright and radiant skin. Your skin will be resurfaced, re-energised and refreshed. So, bubble up and let the glow begin!

BENEFITS:

- ✓ Deeply purifies to reveal healthier looking skin
- ✓ Helps to re-texturise and correct uneven skin tone
- ✓ Instant facial for radiant skin
- ✓ Smooths & refines the appearance of fine lines & wrinkles

CATEGORY:

Skin Therapy

SUITABLE FOR:

All skin types, except super-sensitive

USES:

- As part of a radiance-boosting treatment
- Can also be used as a weekly spa facial treatment to revive dull skin and give it a refreshing polish
- Do not use on broken or sensitive skin

KEY INGREDIENT CLAIMS:

- *Glycolic Acid* – is an alpha-hydroxy acid (AHA), it exfoliates built-up dead skin cells and resurfaces dull, uneven skin for a smoother, brighter, more even-looking complexion.
- *Mandelic Acid* - is an alpha-hydroxy acid (AHA), a go-to anti-ageing ingredient in the world of skincare. Accelerates cell turnover by dissolving the tiny bonds that hold skin cells together, helping to remove dead skin on the surface to brighten instantly.
- *Malic Acid* - is an alpha-hydroxy acid (AHA), naturally occurring in apples, it exfoliates the top layer of the skin.
- *Lactic Acid* - is an alpha-hydroxy acid (AHA). It boosts the exfoliation process and stimulates superficial cells growth. It also has moisturising and water-holding properties.
- *Sodium Hyaluronate* - found in skin naturally, depletes with age, penetrates deeply due to its molecular size, binds and locks in moisture.
- *Bergamot & Sweet Orange Oil* – rich in vitamin c which helps to brighten skins natural complexion.
- *Mediterranean extracts of grape, apple, kiwi & chamomile* - they provide gentle exfoliation, renew, nourish and brighten the skin.

HOW TO APPLY/USE:

Pump twice into the hand and apply to clean damp skin, avoiding the eye area. Smooth on, give it a good massage and leave to fizz and bubble. Once bubbles subside, remove thoroughly with a warm cloth and then splash your face with water. Pat skin dry and follow with serum and ideally an SPF moisturiser. Use weekly to look simply fabulous.



SUNBURN ALERT: This product contains alpha hydroxy acids (AHA's) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

PARTNER PRODUCTS:

MOST REVEALING is designed to smooth the skin and bring radiance to dull skin. Other products in our range that help provide smooth or radiant skin are:

- GLOWCOLIC
- TRUFFLESQUE
- LIFE DEFENCE SPF 30

INGREDIENTS LIST: Aqua (Water), Methyl Perfluorobutyl Ether, Isododecane, Glycerin, Polyglyceryl- 10 Laurate, Butylene Glycol, Cocamidopropyl Betaine, Carbomer, PEG-12 Dimethicone, Polysilicone-11, Glycolic Acid, Phenoxyethanol, Sodium Hydroxide, Caprylyl Glycol, Xanthan Gum, Parfum (Fragrance), Malic Acid, Pyrus Malus (Apple) Fruit Extract, Citrus Sinensis (Orange) Peel Oil Expressed, Tetrasodium Glutamate Diacetate, Allantoin, Gluconolactone, Mandelic Acid, Citric Acid, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Tocopheryl Acetate, Decyl Glucoside, Lactic Acid, Retinyl Palmitate, Caprylic/Capric Triglyceride, Lactobionic Acid, Hexylene Glycol, Actinidia Deliciosa Fruit Extract, Sodium Hyaluronate Crosspolymer, Chamomilla Recutita (Matricaria) Flower/Leaf/Stem Extract, Benzyl Glycol, Benzyl Alcohol, Ethylhexylglycerin, Potassium Sorbate, Sodium Benzoate, Tocopherol, Raspberry Ketone, Citral, Limonene, Linalool, CI 19140 (FD&C Yellow No. 5), CI 14700 (FD&C Red No. 4), CI 15985 (FD&C Yellow No. 6).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 50 ml / 1.6.fl.oz

PACKAGING: Airless pump and bottle not currently recyclable. Cap in PP and is recyclable. Carton made from FSC material and is recyclable.

WHAT THE INDEPENDENT USER TRIAL SAY:

Instant

- 91% said the product provides a facial treatment sensation.
- 84% agreed their skin felt smoother and softer after one use.
- 80% said skin felt instantly resurfaced.
- 76% said skin was instantly glowing and radiant

After 28 days usage (once a week)

- 84% said skin feels resurfaced, refreshed & re-energised.
- 79% agreed the product transformed the look and feel of their skin.
- 83% said the product deeply purifies to reveal healthier looking skin.
- 83% said skin was positively glowing and radiant after use.

*Based on a panel size of 101.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

PURIFICATION

DEEP CLEANSING MASK
decongests & purifies
kaolin clay | tea tree | algae

A vacuum cleaner for the pores!

A rich marine mud that gives a professional deep cleanse... yes! PURIFICATION helps banish blocked pores, breakouts and oily skin blemishes and has a fabulous dense mousse texture. Contains the advanced Seberderm™ complex, plus Mediterranean ingredients of tea tree, algae, sage, rosemary, lemongrass, pomegranate, myrtle and anise. Your skin will emerge feeling squeaky clean, cool and refreshed... positively purified!

BENEFITS:

- ✓ Ideal for blemish prone skin
- ✓ Helps to decongest pores
- ✓ Professional deep clean
- ✓ Glowing complexion

CATEGORY:

Skin Therapy | Oily | Congested

SUITABLE FOR:

- Oily, congested skin types
- Unisex
- Great for acne-prone, teenage or hormonal skin
- Normal skin that has blocked pores & other blemishes

USES:

- Deep cleansing mask, as part of a weekly home spa
- Localised spot treatment for areas on the face with blackheads and blocked pores
- Can also be used to dab onto troublesome areas as an overnight treatment (but cover pillow to avoid stain)

KEY INGREDIENT CLAIMS:

- **Seberderm™ complex** – targets excess oil production by tightening the pores, prevents bacteria build up and decongests the pores. This complex contains:
Cane Sugar Extract- Leaves skin feeling smooth and moisturised
Ribwort Plantain Extract- a natural rejuvenator of the epidermal skin layer, also has astringent qualities.
Date Extract- Smooths the skin.
- *Tea Tree* - antibacterial, antiseptic, decongests, promotes tissue healing.
- *Algae* – rich in minerals, vitamins and trace elements.
- *Sage oil* - antibiotic, astringent. Smells like camphor.
- *Rosemary* - antiseptic, stimulating. Excellent treatment for acnes.
- *Lemon Grass* – uplifting astringent with antiseptic and bactericide properties.
- *Pomegranate* - Antioxidant, astringent, antiviral.
- *Myrtle* - astringent, has drying effect on skin. Useful ingredient for oily skin and may be useful against acne.
- *Eucalyptus* - soothing, Antibacterial and anti-inflammatory. Good for problem skin condition, especially where there is a risk of infection.
- *Lavender* - soothing, calming.
- *Balm Mint* - astringent and antiviral properties. Antibacterial and a calming agent.
- *Bergamot* - antiseptic and bacterial growth inhibitor. Good for oily and acne skin.
- *Kaolin clay* - decongesting, tones, absorbs oil.
- *Vitamin E* - helps protect from UV damage and an antioxidant.
- *Vitamin A* - it improves the elasticity of the skin, stimulates collagen formulation.



HOW TO APPLY/USE:

Spread generously on skin (or just T-zone or spots) and if you have time, leave on for 20 minutes whilst you have a steamy bath. Remove with a dark damp flannel. Rinse with water. Use weekly.

PARTNER PRODUCTS:

PURIFICATION is part of our Oily Skin Therapy range – a complete regime for oily prone skin. Other products in this mattifying range include:

- WAY TO GO
- TONING ESSENCE
- MOISTURE MATTE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Mineral Rich
- ✓ Natural plant extracts
- ✓ 100% natural fragrance
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Kaolin, Glycerin, Propylene Glycol, Alcohol Denat., PEG-40 Hydrogenated Castor Oil, Polyacrylamide, Phenoxyethanol, C13-14 Isoparaffin, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Laureth-7, Ethylhexylglycerin, Tocopheryl Acetate, Laminaria Digitata Extract, Saccharum Officinarum (Sugar Cane) Extract, Phoenix Dactylifera (Date) Fruit Extract, Plantago Lanceolata Leaf Extract, Retinyl Palmitate, Cymbopogon Schoenanthus Oil, Eucalyptus Globulus Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Salvia Officinalis (Sage) Oil, Caprylic/Capric Triglyceride, Melissa Officinalis Flower/Leaf/Stem Extract, Punica Granatum Seed Extract, Tocopherol, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Illicium Verum (Anise) Fruit Oil, Myrtus Communis Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Citric Acid, Sodium Benzoate, Talc, Citral, Limonene, Linalool, Geraniol, CI 77491 (Iron Oxides), CI 77492 (Iron Oxides), CI 77499 (Iron Oxides).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

85g / 2.9 oz.

PACKAGING:

Cap made from PP material which is recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% agree this mask helps to decongest pores
- 94% said this mask leaves skin feeling deeply cleansed
- 90% said their skin felt squeaky clean and refreshed
- 88% report this mask leaves skin with a glowing complexion
- 85% said their skin felt detoxified and like it had been professionally deep cleaned
- 84% agree this mask reduces oily skin and leaves it instantly purified
- 83% agree this is ideal for blemish prone skin

* based on a panel size of 58



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

QUENCH

REJUVENATING MASK

hydrates & nourishes

avocado | apricot | multivitamins

Drench & quench to life!

No surprises - this luxurious, rejuvenating mask is like a drink for the skin, literally saturating it with goodness. QUENCH has a rich texture and nutritious formula packed with Mediterranean ingredients of avocado, blackberry, red pepper, grapeseed, horse chestnut and olive, plus Phirmaderm™ complex and echinacea. Plump, soft & radiant. Your skin will thank you!

BENEFITS:

- ✓ Intensely hydrating
- ✓ Brightens dull, lacklustre skin
- ✓ Helps firm & tone by replacing lost moisture
- ✓ Skin looks glowing, rosy and plump

CATEGORY: Skin Therapy | Dry

SUITABLE FOR:

Dry skin | Unisex

USES:

- Overnight moisture treatment
- Weekly skin boosting facial
- Anyone who needs skin rejuvenation

KEY INGREDIENT CLAIMS:

- *Phirmaderm™ complex* – a blend of plant extracts, exclusive to Temple Spa, to help address ageing skin concerns. Moisture drenching, boosting collagen synthesis and bringing life to dull or tired skin. This complex contains:

Olive fruit – key ingredient which locks in moisture and softens and smoothes the skin. Has good penetrating ability, targeting the epidermal layer (top layer skin). Stimulates the synthesis of collagen & elastin which is what is broken down when our skin becomes wrinkled.

Red pepper (Capsicum Annuum) – encourages skin to produce its own oil, encourages cell nourishment.

Blackberry – antioxidant.

Apple - clarifying and brings vitality.

Soya - naturally conditions the skin and gives a glossy finish.

- *Avocado oil* - good source of skin nourishing vitamins. Excellent skin softener and moisturiser. Keeps skin smooth and subtle.
- *Grapeseed oil* - antioxidant. Protects. Inhibits breakdown of collagen.
- *Horse chestnut* - exfoliant, encourages skin to produce its own oil.
- *Echinacea* - boosts the skin's immune system; helps prevent the breakdown of collagen/elastin; soothing; antibacterial and anti-inflammatory.
- *Sunflower oil* - protects and preserves skin from moisture loss, and helps to keep it soft and smooth.
- *Apricot oil* – skin softening, moisturising and nutritious.
- *Vitamin E* - penetrates the skin where it exhibits anti-inflammatory activity. Its antioxidant properties help protect cells from UV damage and pollutants.
- *Vitamin A* - penetrates into the skin where it converts into Retinol. It improves elasticity and stimulates collagen formulation and helps reduce UV induced wrinkle formation.
- *Vitamin C* - powerful antioxidant ingredient with anti-acne capabilities



HOW TO APPLY/USE:

Smooth on clean damp skin using upward, circular movements. Leave for 10 minutes, a few hours or even overnight. Remove with a damp flannel, or massage the remainder in. Use as an instant skin boost when skin is dull, dry, or a little over-exposed to the elements and at weekends to give skin a mini-vacation.

PARTNER PRODUCTS:

QUENCH is part of our Dry Skin Therapy range – a complete regime that will provide intensive nourishment to skin that is dehydrated and screaming for moisture and radiance. Other products in the range include:

- DOUBLE CREAM
- IN THE BEGINNING
- TONING ESSENCE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Glycerin, Octyldodecanol, Caprylic/Capric Triglyceride, Squalane, Stearic Acid, Cetearyl Alcohol, Cetyl Ethylhexanoate, Olea Europaea (Olive) Oil Unsaponifiables, Ceteth-20, Propylene Glycol, Glyceryl Stearate, Helianthus Annuus (Sunflower) Seed Oil, Olea Europaea (Olive) Fruit Oil, Phenoxyethanol, Persea Gratissima (Avocado) Oil, Parfum (Fragrance), Carbomer, Triethanolamine, Cholesterol, Benzoic Acid, Prunus Armeniaca (Apricot) Kernel Oil, Wine, Dehydroacetic Acid, Ethylhexyl Methoxycinnamate, PEG-40 Hydrogenated Castor Oil, Alcohol Denat., Disodium EDTA, Tocopheryl Acetate, Echinacea Purpurea Extract, Ethylhexylglycerin, Sodium Benzoate, Retinyl Palmitate, Tocopherol, Rubus Fruticosus (Blackberry) Fruit Extract, Ethylhexyl Salicylate, Butyl Methoxydibenzoylmethane, Pyrus Malus (Apple) Fruit Extract, Ascorbyl Tetraisopalmitate, Capsicum Annuum Fruit Extract, Vitis Vinifera (Grape) Seed Oil, Aesculus Hippocastanum Seed Extract, Glycine Soja (Soybean) Oil, Citral, Citronellol, Geraniol, Linalool, CI 77891 (Titanium Dioxide), CI 14700 (FD&C Red No. 4)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE: 65 ml / 2.1 fl.oz.

PACKAGING: Frosted jar made from PET and cap made from PP, which can be recycled at home. Shive made from HDPE and an FSC-certified carton which are also recyclable.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

TAKE IT OFF

MUSLIN CLEANSING CLOTHS
exfoliates & brightens

Scrumptiously clean

We all love clean skin. There's nothing like it. We want a cleansing routine to wash away the daily grime and makeup, leaving our skin looking bright and feeling fresh and supple. Temple Spa cleansers, even though bespoke to different skin types all have one little tool in common to get an even deeper clean– TAKE IT OFF! This simple piece of genius has the ability to give a deep down, thorough cleanse which is much more effective than simply splashing your face with water or wiping it with cotton wool. Our muslins are ample in size and generous in effectiveness. You'll probably find you can't do your daily skincare routine without them!

BENEFITS:

- ✓ 100% pure cotton muslin fabric
- ✓ Machine washable
- ✓ Ensures a deep cleanse after using a cleanser or a scrub/mask
- ✓ Gently exfoliates, lifts away impurities and dead skin cells

CATEGORY:

Skin Therapy | All Skin Types

SUITABLE FOR:

All skin types | Unisex

USES:

- To remove cleansers
- To remove masks

HOW TO USE:

Apply your favourite cleanser such and massage gently into your skin. Dampen the muslin cloth with warm water and lightly massage over all areas where you applied cleanser. Rinse and repeat until all residue is removed. Follow with refreshing TONING ESSENCE and finish off with your favourite moisturiser. Rinse thoroughly after every use and allow the cloth to air dry naturally.



PARTNER PRODUCTS:

TAKE IT OFF is part of our Skin Therapy range and is the perfect home-facial routine accessory for the following products:

- Cleansers IN THE BEGINNING, DUAL ACT, WAY TO GO & BE GONE.
- Masks such as THE POWER BREAKFAST, BREAKFAST SMOOTHIE, BECALM, TRUFFLESQUE & QUENCH.

CONTENTS:

2 x large muslins in a sustainably sourced FSC-certified & recyclable card envelope.



THE POWER BREAKFAST

NUTRITIOUS SCRUB & MASK

brightens & smooths
fruit aha's | kaolin clay | oats

Health kick in a jar!

How great do you feel when your day starts with a really healthy breakfast? You know the one... oats, nuts and a medley of super-fruits including apple, pear, strawberry, walnut and papaya. Well, we've taken those ingredients and created THE POWER BREAKFAST, an amazing face-scrub-mask that's like muesli for the skin. It will brighten, decongest and smooth even the duller of complexions. Polished skin, polished performance!

BENEFITS:

- ✓ Exfoliates & softens
- ✓ Revitalises & replenishes
- ✓ Polishes & brightens
- ✓ Purifies & tones

CATEGORY:

Skin Therapy | Combination | Weary

SUITABLE FOR:

- Combination skin needing balance
- Weary skin needing reviving
- Any skin type needing a polishing scrub and/or a skin softening mask
- Unisex (men love it!)
- Backs, chests, faces and hands

USES:

- Dual use: 1-minute scrub or 20-minute mask
- Hand treatment mask
- Great breakfast/morning treatment
- Great for men who are suffering from in-growing hairs (use prior to shaving).

KEY INGREDIENT CLAIMS:

- *Kaolin clay* - decongesting, tones, absorbs oil.
- *Honey* - softens, anti-inflammatory, soothes.
- *Oats* - softening, exfoliating.
- *Aloe Vera* - hydrating, soothing, softening, healing, moisturising.
- *Pear and apple juice* - cleansing, detox and exfoliating.
- *Papaya juice* - naturally dissolves dead skin cells.
- *Strawberry juice* - skin brightening effect, exfoliator, astringent.
- *Walnut shell powder* - gentle exfoliator.
- *Allantoin* - extract from the comfrey plant which has excellent soothing properties. Stimulates new tissue growth. Non-allergenic and ideal for sensitive, irritated skin.

HOW TO APPLY/USE:

Massage over clean, damp skin using small circular movements, paying attention to the T-zone. Got 10-20 minutes? Then leave on and relax in a steamy bath to increase the benefits. Rinse off with clean water. Use weekly.



PARTNER PRODUCTS:

THE POWER BREAKFAST is part of our Combination Skin Therapy range, which is a complete regime of products that are almost telepathic - they know where to go and what to do.

Other products that bring a sense of balance include:

- DUAL ACT
- MOISTURE TO GO
- TONING ESSENCE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS:

Kaolin, Aqua (Water), Glycerin, Alcohol Denat., PVP, Mel (Honey), Synthetic Beeswax, Myristyl Myristate, Avena Sativa (Oat) Kernel Extract, Pyrus Malus (Apple) Juice, Pyrus Communis (Pear) Fruit Extract, Fragaria Ananassa (Strawberry) Fruit Extract, Carica Papaya (Papaya) Fruit Juice, Phenoxyethanol, Juglans Regia (Walnut) Shell Powder, Polysorbate 60, Sorbitan Stearate, Rubus Idaeus (Raspberry) Seed Powder, Parfum (Fragrance), Allantoin, Ethylhexylglycerin, Aloe Barbadensis Leaf Juice Powder, Limonene, Hexyl Cinnamal, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

85 g / 3 oz.

PACKAGING:

Frosted jar made from PET and cap made from PP, which can be recycled at home. Shive made from HDPE and an FSC-certified carton which are also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% agree this mask leaves my skin feeling soft
- 88% agree this mask brightens, revitalises & replenishes the skin
- 86% agree this purifies & tones the skin

* based on a panel size of 57



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

THE SCULPTOR

MULTI-PURPOSE MASSAGER
sculpts & tones

Ready to roll!

Boost your skincare routine with THE SCULPTOR, designed to mimic a professional therapist's massage techniques. The twin rollers stimulate and refresh by gently kneading skin. Facial contours are energised leaving skin looking radiant. And for the body, it helps to relieve overworked, achy muscle tension. Let's roll!

BENEFITS:

- ✓ Enhances the absorption & efficacy of your skincare
- ✓ Helps to ease tight muscles & aching limbs with a soothing massage
- ✓ Secret weapon for a sculpted jaw, cheekbones and lifted brow
- ✓ Essential for skin plumpness, elasticity, smoothness & tone
- ✓ Regular massaging encourages lymphatic drainage

CATEGORY:

Skin Therapy

USES:

- Firming & sculpting the neck and jaw area
- Professional facial
- Deep massage for tight or tense muscles

HOW TO USE:

THE SCULPTOR is effective when used regularly and can be used on its own or paired with your favourite serum, oil or moisturiser. After applying the product, push THE SCULPTOR into skin by smoothing the roller in upward and outward motions along the jaw, cheekbone, temple and brows. You can even use it to knead tense shoulders and tight muscles.

Intensify the massage by storing in the refrigerator or run under hot water to help open pores. After use, be sure to wash and dry.

Follow our ritual for maximum results:

Apply these steps to your morning skincare routine to get skin plumped & glowing for the day ahead. Use throughout the day when taking a break in front of the TV or as a me-time ritual or use it at night to increase the benefits of your night-time ritual prior to a good night sleep.

STEP 1 THE NATURAL NECK LIFT



Avoiding the throat area at the centre of your neck, roll upwards from your collar bones to your jaw 5-6 times to smooth the neck.
The perfect partner product to use with this technique is EXALT.



STEP 2 THE JAW LINE SCULPT



Starting at your chin, place the rollers either side of your jawline and roll firmly up to your ear. Do this five times on each side.
The perfect partner product to use for this technique is IT'S ALL GOOD.

STEP 3 THE LIP PLUMPER



Work your way up to your lips, rolling each lip from the centre outwards, 3 times for plump and gorgeous lips. Mwah!

The perfect partner products to use are ALL TALK or LIP DEFENCE.

STEP 4 THE SUPERMODEL CHEEKBONE



Get ready to sculpt!
Position your cheekbone in-between the roller heads and push outwards from your nose to the top of your ear 8-10 times each side.
The perfect partner product to use for this technique is IT'S ALL GOOD.

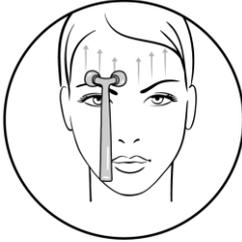


STEP 5 THE TENSION RELEASER



Unknot those brows and roll outwards along each brow bone 3 times, pausing at your temples for a gentle massage. The perfect partner products to use are IT'S ALL GOOD or LIGHT RELIEF.

STEP 6 THE BROW SMOOTH



Roll upwards from your brows to your hairline to tighten and smooth your forehead. The perfect partner products to use are LIGHT RELIEF or BE FIRM.

PACKAGING:

FSC certified card carton that is fully recyclable, just remove the ribbon puller before adding to your card recycling bin at home or use to store your roller. THE SCULPTOR is made from zinc alloy metal.



TONING ESSENCE

ESSENTIAL MIST TONIC WITHOUT THE ALCOHOL

balances & soothes
basil | tomato | melon

Mediterranean skin refreshment!

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!

BENEFITS:

- ✓ Alcohol-free
- ✓ Refines & tones
- ✓ Cools & refreshes
- ✓ Gentle & pH balanced
- ✓ Leaves skin radiant and healthy looking

CATEGORY:

Skin Therapy | For All Skin Types

SUITABLE FOR:

Unisex | All skin types

USES:

- After cleansing to tone, refine & deep clean
- After masks and scrubs to refine and tone
- To cool down summer skin
- To hydrate during flights or in air-conditioning

KEY INGREDIENT CLAIMS:

- *Tomato* - antioxidant, gentle exfoliator, moisturising, reduces sebum (oil) production.
- *Lemon* - astringent, purifying, sloughs off dead skin cells, aids cell renewal.
- *Orange oil* - antibacterial, antiseptic and comforting, reduces irritation, soothing and calming.
- *Melon* - softening, smoothes skin, refreshing.
- *Rosemary* - antiseptic, soothing and softening.
- *Basil* - soothing, anti-inflammatory, anti-itch.
- *Mandarin* - toning.
- *Lime* - antiseptic, stimulant.
- *Ginger* - improves circulation, reduces nausea, anti-microbial.
- *Lavender oil* - calming & soothing.

HOW TO APPLY/USE:

Apply 2-3 sprays onto a cotton wool pad and wipe over face.

To use as a hydration mist – hold the bottle away from the face, close the eyes and spritz all over the face to hydrate and combat the drying effects of flying or hot/drying weather and air-conditioning spaces.

In the hot summer months, you can store your TONING ESSENCE in the refrigerator so it's ready for a fresh, cooling pick-me-up spritz at any time you need to cool down.



PARTNER PRODUCTS:

Toning Essence is part of our Skin Therapy Cleansers for all skin type range. It works with all cleansers, masks and scrubs.

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Propylene Glycol, Phenoxyethanol, PEG-40 Hydrogenated Castor Oil, Trideceth-9, Ethylhexylglycerin, Parfum (Fragrance), Citric Acid, Cucumis Melo (Melon) Juice, Solanum Lycopersicum (Tomato) Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Citrus Limon (Lemon) Peel Extract, Zingiber Officinale (Ginger) Root Extract, Citrus Aurantifolia (Lime) Juice, Ocimum Basilicum (Basil) Leaf Extract, Lavandula Angustifolia (Lavender) Flower Extract, Pelargonium Graveolens Flower/Leaf/Stem Extract, Sodium Hydroxide, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150 ml / 5 fl.oz.
30 ml / 1.0 fl.oz. (travel size)

PACKAGING:

PET bottle with 30% PCR plastic and a spray pump in an sustainable FSC-certified & recyclable carton.



WAY TO GO

PURIFYING CLEANSING WASH

cleanses & decongests
bergamot | rosemary | anise

A breath of fresh air!

WAY TO GO a wash-off cleansing gel for people who crave that squeaky clean feeling. It's a brilliantly fresh formula that devotes itself to cleansing without leaving skin feeling taut!

The cooling gel texture is enriched with Seberderm™ complex that cleverly reduces the appearance of oily skin, plus Mediterranean botanicals of anise, bergamot, rosemary, date fruit, balm mint, pomegranate, myrtle and vitamins A & E. It has a natural foaming agent making it quick and easy to use, but gentle enough to not strip the protective layers of the skin. Clean as a whistle, and oh-so fresh!

BENEFITS:

- ✓ Helps control excess sebum
- ✓ Helps to decongest the pores
- ✓ Lightweight & fresh
- ✓ Skin feels clean & vibrant

CATEGORY:

Skin Therapy | For Oily Skin

SUITABLE FOR:

- Oily/Congested skin types
- Unisex
- Great for acne-prone, teenage or hormonal skin
- Those who prefer a wash-off cleanser

USES:

- Daily facial cleansing, morning and evening
- Great to keep in the shower

KEY INGREDIENT CLAIMS:

- *Seberderm™ complex* - targets excess oil production by tightening the pores, prevents bacteria build up and decongests the pores. This complex contains:
Cane Sugar Extract- leaves skin feeling smooth and moisturised.
Ribwort Plantain Extract- anti-bacterial properties and encourages the repair of damaged tissue. The leaves contain mucilage, tannin and silicic acid.
Date Extract- cleansing and astringent properties.
- *Anise* - antiseptic, stimulant.
- *Bergamot* - antiseptic, uplifting.
- *Rosemary* - antiseptic, stimulating and a treatment for acne and for soothing skin irritations.
- *Date* - cleansing and astringent properties.
- *Balm mint* - calming and rich in minerals and vitamins. Also has antioxidant, antibacterial, astringent and antiviral properties.
- *Pomegranate* - anti-ageing, antioxidant, astringent, and antiviral.
- *Myrtle* - drying, astringent action that is useful for oily skin and acne.

HOW TO APPLY/USE:

Every morning and night, splash the face with water and squeeze a raspberry-sized amount onto the palms, spread this all over the face (and beard) using circular movements. Rinse off with warm water. Fabulous for keeping in the shower.



PARTNER PRODUCTS:

WAY TO GO is part of our Oily Skin Therapy range – a complete regime for oily prone skin. Other products in this mattifying range include:

- PURIFICATION
- MOISTURE MATTE
- TONING ESSENCE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Glycerin, Coco-Glucoside, Polysorbate 20, Propylene Glycol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Triethanolamine, Sodium Lauroyl Oat Amino Acids, Phenoxyethanol, Sodium Lauryl Glucose Carboxylate, Lauryl Glucoside, Cocamidopropyl Betaine, Sodium Chloride, Alcohol Denat., Parfum (Fragrance), Ethylhexylglycerin, Disodium EDTA, PEG-40 Hydrogenated Castor Oil, Sodium Citrate, Butyl Methoxydibenzoylmethane, Tetrasodium EDTA, Saccharum Officinarium (Sugar Cane) Extract, Sorbic Acid, Sodium Benzoate, Punica Granatum Seed Extract, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Illicium Verum (Anise) Fruit Oil, Myrtus Communis Oil, Phoenix Dactylifera (Date) Fruit Extract, Plantago Lanceolata Leaf Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Melissa Officinalis Flower/Leaf/Stem Extract, Benzyl salicylate, Citronellol, Eugenol, Hydroxycitronellal, Linalool, CI 60730 (Ext. D&C Violet No. 2), CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

150 ml / 5.0 fl.oz.

PACKAGING:

Recyclable HDPE tube containing 30% recycled plastic with a handy flip-top cap in a sustainably sourced FSC-certified carton.



WINDOWS OF THE SOUL

HYDRATING EYE TREATMENT GEL-CREAM
smooths & de-puffs
echinacea | eyebright

Easy on the eye!

A velvet formula that treats the eye area with kindness. WINDOWS OF THE SOUL is a revolutionary gel cream, lightweight and hydrating. Combined with echinacea, eyebright, cucumber and edelweiss to soothe. Let your eyes tell your story!

BENEFITS:

- ✓ Cools & refreshes tired eyes
- ✓ Reduces the appearance of puffiness
- ✓ Tightens & tones the eye area
- ✓ Reduces the appearance of dark circles

CATEGORY:

Skin Therapy

SUITABLE FOR:

All skin types, including sensitive | Unisex

USES:

- Eye cream
- Use day or night after your daily cleansing ritual or simply when your eyes need to be loved.
- Great for computer users whose eyes may feel dry and tired.
- It refreshes, revitalises and keeps you and your eyes going.

KEY INGREDIENT CLAIMS:

- *Vitamin E* - soothing, antioxidant and protect cells from environmental pollutants.
- *Vitamin A* - improves elasticity, stimulates collagen formation.
- *Vitamin C* - powerful antioxidant ingredient.
- *Echinacea* - good antibacterial and anti-inflammatory properties with anti-enzyme activity. Great for problem skin conditions. Protects from effects of environmental stress.
- *Eyebright* - an astringent and toner, especially good for sensitive skin. Aids calming of the skin. An excellent eye care ingredients. Refreshes the eyes and reduces inflammation.
- *Edelweiss* - anti-inflammatory, encourages cell renewal, free radical scavenger (inhibits damage caused by free radicals).
- *Milk Thistle* - credited since the middle ages as a 'magical herb'. An antioxidant and protects the skin from free radical damage.
- *Cucumber* - excellent cooling, cleansing and soothing properties and helps to keep skin soft.

HOW TO APPLY/USE:

Pump one drop onto a clean ring finger, pat gently around the eye area, being careful not to drag the skin.



PARTNER PRODUCTS:

WINDOWS OF THE SOUL is one of our Skin Therapy range. Products that provide targeted solutions for particular skin issues. Other products in the range include:

- EXALT
- EASY ON THE EYE
- ALL TALK
- IT'S ALL GOOD

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free-from synthetic colours
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Dimethicone, Dimethicone Crosspolymer, Glycerin, Polysilicone-11, Phenoxyethanol, Polyacrylamide, Propylene Glycol, Dimethicone/Vinyl Dimethicone Crosspolymer, C13-14 Isoparaffin, Butylene Glycol, PEG-40 Hydrogenated Castor Oil, Laureth-7, Hesperidin Methyl Chalcone, Parfum (Fragrance), Ethylhexylglycerin, Steareth-20, Ascorbyl Tetraisopalmitate, Tocopheryl Acetate, Isoceteth-10, Silica, Retinyl Palmitate, Cucumis Sativus (Cucumber) Fruit Water, Caprylic/Capric Triglyceride, Decyl Glucoside, Ceramide NP, Sodium Citrate, Potassium Sorbate, Echinacea Purpurea Extract, Caprylyl Glycol, Hexylene Glycol, Chlorhexidine Digluconate, Silybum Marianum Seed Extract, Euphrasia Officinalis Extract, Dipeptide-2, Citric Acid, Palmitoyl Tetrapeptide-7, Tocopherol, Gnaphalium Leontopodium Flower Extract, Citronellol, Geraniol, Limonene, Linalool, CI 77891 (Titanium Dioxide).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

15 ml / 0.5 fl.oz.

PACKAGING:

Airless pump in a sustainable FSC-certified & recyclable carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 91% of users said this eye treatment absorbs quickly leaving skin hydrated
- 87% agree this product is lightweight and super kind to eyes leaving them feeling refreshed
- 82% of users said this reduces the appearance of fine lines & wrinkles
- 80% agree this eye treatment is soothing and reduces the appearance of puffiness
- 71% agree this reduces the appearance of dark circles and immediately brightens the eye area

* based on a panel size of 117



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

Truffle

BODY TRUFFLE

REJUVENATING BODY RADIANCE CRÈME
smooths & brightens
rose quartz | cashmere | black truffles

A celebration for the body!

BODY TRUFFLE is a sumptuous body crème designed to give you the soft touch, beautifully fragrant and radiant skin you long for! The luscious formula combines advanced science with ingredients synonymous with jubilation and luxury, including black winter truffles, cocoa, shea butter, champagne, silk & gold extracts, kombuchka and of course the nourishing benefits of cashmere. The special illuminating effects of rose quartz help give your skin an instant beautiful soft focus glow, and aromatics of mimosa, honey, vetiver, cedar and sandalwood will delicately fragrance your skin. With regular use it will rejuvenate the look and feel of your skin. Heaven on earth for the skin!

BENEFITS:

- ✓ Instant skin brightness, radiance & lustre
- ✓ Evens tone & imperfections
- ✓ Skin smoothing & softening
- ✓ Deeply nourishing & hydrating

CATEGORY:

Skin Therapy | Truffle Premium Skincare

SUITABLE FOR:

All skin types | Unisex

USES:

Use whenever you want flawless and radiant skin or you need a touch of glamour for a special event. A great accompaniment to the classic black dress!

KEY INGREDIENT CLAIMS:

- *Black winter truffles* - reported to have aphrodisiac properties; rich in amino acids which are known to aid collagen building; improves moisture retention; a natural antioxidant.
- *Champagne extract* – a natural fruit acid for a gentle exfoliation, regulates skin humidity. Contains mineral nutrients to support skin regeneration.
- *Long life mushroom (Kombuchka)* - smoothens and freshens the skin. Diminishes skin roughness, increases the brightness, lustre and colour of the skin and improves skin radiance and clarity.
- *Cashmere* - nourishes and retains moisture, provides a smooth and supple texture, strengthens and firms skins. Protects from irritation and redness.
- *Silk & Gold Active* - reduces free radicals, therefore lowering the oxidative stress on the skin. Moisturising, anti-bacterial.
- *Rose Quartz* - light reflective properties illuminate the skin, softening flaws and boosting radiance. Traditionally, rose quartz is understood to help with releasing fears and anxieties and clear the mind of negative feelings. The frequency of rose quartz is said to be connected to the heart and emanates a soft, gentle feminine energy.



- *Sodium Hyaluronate* – moisturising and helps preserve the most important characteristics of youthful, healthy skin, such as suppleness, elasticity and tone.
- *Cocoa Butter* – antioxidant and skin protection properties.

HOW TO APPLY/USE:

Massage all over your body as a daily treat or whenever you want flawless and radiant skin or you need a touch of glamour for a special event. Body beautiful!

PARTNER PRODUCTS:

BODY TRUFFLE is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- SKIN TRUFFLE
- TRUFFLE NOIR
- TRUFFLE DE-LIGHT
- EYE TRUFFLE
- TRUFFLELIXIR
- TRUFFLESQUE

OTHER CREDENTIALS:

- ✓ Natural plant extracts
- ✓ Not animal tested
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Butyrospermum Parkii (Shea) Butter, Coco-Caprylate/Caprata, Coco-Caprylate, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Isostearyl Isostearate, Myristyl Myristate, Glycerin, Saccharomyces/Xylinum/Black Tea Ferment, Parfum (Fragrance), Mica, Polysorbate 60, 1,2-Hexanediol, Caprylyl Glycol, Ceteth-20, Theobroma Cacao (Cocoa) Seed Butter, Butylene Glycol, Quartz, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Alcohol Denat., Silica, Potassium Sorbate, Disodium EDTA, Vitis Vinifera (Grape) Fruit Extract, Xanthan Gum, Hydroxyethylcellulose, Phenoxyethanol, Sodium Hyaluronate, Sodium Citrate, Laureth-3, Citric Acid, Caprylic/Capric Triglyceride, Acetyl Di-peptide-1 Cetyl Ester, Pentylene Glycol, Gold, Hydrolyzed Silk, Tuber Melanosporum Extract, Biotin, Tocopherol, Hydrolyzed Keratin, Alpha-Isomethyl Ionone, Geraniol, Hydroxycitronellal, Limonene, Linalool, CI 77891 (Titanium Dioxide), CI 19140 (Yellow 5), CI 17200 (Red 33), CI 42090 (Blue 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150ml / 5.0fl.oz.

PACKAGING:

Luxury acrylic bronze jar in a sustainable & recyclable FSC carton.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

EYE TRUFFLE

24-HOUR EYE REJUVENATION

replenishes & smooths
black truffles | sapphires | champagne

Round the clock restoration!

This exquisite cashmere crème, rich in luxury ingredients and peptides, melts into the skin to give you that fabulously firm feeling! Helps to visibly tighten and tone the look of the skin around the eyes while replenishing and revitalising. It's a serious dose of do-good. The age of miracles has definitely not passed!

BENEFITS:

- ✓ Brightens the eye area for healthy looking skin
- ✓ Reduces the appearance of fine lines & wrinkles
- ✓ Helps to visibly firm the eye area by replacing lost moisture
- ✓ Reduces the appearance of dark circles, dryness and puffy eyes

CATEGORY:

Skin Therapy | Truffle Premium Skincare

SUITABLE FOR:

All skin types | Unisex

USES:

- As a daily eye cream.
- Before a special event as a 'recovery' product or to bring instant radiance to the eye area.
- As a long term, powerful treatment.

KEY INGREDIENT CLAIMS:

- *PhytoCellTec™ Argan* - cutting edge plant stem cell technology from the argan tree (one of the oldest trees in the world). Protects & vitalises dermal stem cells; regenerates the layer where wrinkles originate, thereby increasing skin density and firmness.
- *Sapphire powder* - a precious stone named 'gem of the heavens' by the Persians. It has properties that soothe & treat the skin, helping give it a natural glow.
- *Eye Regenerator complex* - obtained from the combination of alfalfa & white lupin. Reduces under-eye puffiness (oedema) and fights skin slackening. Increases skin firmness and tone. Smooths traces of accumulated fatigue.
- *Green Microalgae Oligopeptide* - improves appearance of dark circles & spider veins. Diminishes uneven pigmentation and reduce redness. Increases skin firmness & tone. Stimulates collagen & elastin production. Improves the dermis-epidermal junction.
- *HappyBelle-PE™* - a breakthrough phyto-endorphin complex which mimics the endorphin effect on the skin, giving a 'I've just had good news' glow.
- *Kombucha* - a long life mushroom that smoothes and freshens skin. Has been shown to have a 'lipo filling' effect. Diminishes skin roughness, increases brightness, radiance, lustre, clarity and colour of the skin.
- *Champagne extract* - a natural skin humidifier that contains fruit acids for a gentle exfoliation and glow, rich in mineral nutrients and skin regenerating.
- *Strawberry fruit extract* - rich in nutrients, this genuine beauty food is tones, purifies and freshens the skin.
- *Gold & silk actives* - protects against skin stress, fights free radicals and hydrates the skin.
- *Black Summer Truffles* - a natural antioxidant, rich in amino acids to aid the collagen building process, improve water retention, brighten, firm & smooth the skin.
- *Syn-Coll™* - a tri-peptide that mimics the human's body's own mechanism to produce collagen. Actively reduces the appearance of any type of age-related wrinkle.
- *Diamond powder* - helps reduce the appearance of fine lines, wrinkles and age spots by emitting and scattering blue and green light which emulates the light reflection patterns of younger skin.

HOW TO APPLY/USE:

Taking a small pea-size amount, warm the crème between your ring fingers and gently pat onto the bone of the eye socket working from the inner corner to the outer following the bone above and below the eye in a figure of 8. Apply to cleansed skin. A ritual you'll love to perform morning & evening.



PARTNER PRODUCTS

EYE TRUFFLE is part of our premium Truffle Skincare range. Other products in this luxury range are:

- SKIN TRUFFLE
- TRUFFLE NOIR
- TRUFFLE DE-LIGHT
- TRUFFLELIXIR
- BODY TRUFFLE
- TRUFFLESQUE

OTHER CREDENTIALS:

- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Cetearyl Alcohol, Glycerin, Butylene Glycol, Butyrospermum Parkii (Shea) Butter, Dicaprylyl Ether, Squalane, Saccharomyces/Xylinum/Black Tea Ferment, Hydroxystearic/Linolenic/Oleic Polyglycerides, Pentylene Glycol, Cetyl Palmitate, Dimethicone, Ammonium Acryloyldimethyltaurate/VP Copolymer, Cetareth-20, Isomalt, Cetearyl Glucoside, Caprylyl Glycol, Behenyl Alcohol, Phenoxyethanol, Steareth-21, Hydrolyzed Lupine Protein, Mica, Disodium EDTA, Benzimidazole Diamond Amidoethyl Urea Carbamoyl Propyl Polymethylsilsesquioxane, Hexylene Glycol, Sodium Hyaluronate, Medicago Sativa (Alfalfa) Extract, Tocopherol, Cassia Angustifolia Seed Polysaccharide, Helianthus Annuus (Sunflower) Seed Oil, Chlorella Vulgaris Extract, Hydroxyethylcellulose, Fragaria Vesca (Strawberry) Fruit Extract, Sodium Citrate, Alcohol, Citric Acid, Sodium Hydroxide, Lecithin, Ethylhexylglycerin, Palmitoyl Tripeptide-5, Colloidal Gold, Argania Spinosa Callus Culture Extract, Potassium Sorbate, Tuber Aestivum Extract, Vitis Vinifera (Grape) Fruit Extract, Tin Oxide, Olus (Vegetable) Oil, Sapphire Powder, Xanthan Gum, Ascorbic Acid, Vitex Agnus-Castus Extract, Ascorbyl Tetraisopalmitate, Cyclodextrin, Sorbic Acid, Biotin, CI 77891 (Titanium Dioxide), Caramel, CI 16035 (Red 40), CI 42090 (Blue 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

15 ml / 0.5 fl.oz

PACKAGING:

Airless pump in a sustainable & recyclable FSC carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% said that the eye cream leaves the skin around the eyes feeling moisturised and immediately hydrated
- 89% said that the eye cream leaves the eye area feeling replenished and looking healthy
- 82% said that the eye cream reduces the appearance of fine lines and wrinkles and puffiness
- 77% said that the eye cream leaves my eye area looking instantly more youthful and radiant

* based on a panel size of 59



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

SKIN TRUFFLE

ULTRA RADIANCE MOISTURISER

hydrates & revitalises

pure gold | black truffles | diamonds

A celebration for the skin!

Skin Truffle is a luxury moisturiser that brings immediate radiance as well as powerful hydrating benefits. It's a recipe of all things associated with celebration – black summer truffles, champagne, diamonds, strawberries, chocolate, gold & silk, combined with skin boosting peptides to help reduce the appearance of lines and deep wrinkles. Finally, we've added the really clever HappyBelle-PE, to help revitalise your skin with a radiant glow, and so that's why we call Skin Truffle 'happiness in a jar'!

BENEFITS

- ✓ Instant results
- ✓ Replenishes & revitalises
- ✓ Beautiful Cashmere skin touch
- ✓ Long term hydration
- ✓ Instant radiant looking skin
- ✓ Beautiful cashmere skin touch
- ✓ Reduces the appearance of fine lines and wrinkles
- ✓ Firms and hydrates the skin by replacing lost moisture

CATEGORY:

Skin Therapy | Truffle Premium Skincare

SUITABLE FOR:

All skin types | Unisex

USES:

- As a daily facial moisturiser
- Before a special event as a 'recovery' product or to bring instant radiance to complexion.

KEY INGREDIENT CLAIMS:

- *Happybelle-PE™* - breakthrough phyto-endorphin complex which mimics the endorphin effect on the skin. Gives the 'I've just had good news' glow. This complex contains:

Vitex Agnus Castus Extract (Casticin)- for a radiant glow.

Ascorbyl Tetraisopalmitate and Tocopherol- hydrating and skin protecting.

Double Vector System in a Nanoemulsion- a delivery system the skin that grants fast and high activity.

- *Syn@-Coll* - a tri-peptide with a unique sequence to mimic the human body's own mechanism to produce collagen. Actively reduces the appearance of any type of age related wrinkle.
- *Black Truffles* - brightens skin tone, natural antioxidant, firms and smoothes.
- *Cocoa Butter* - antioxidant that fights free radicals and softens and lubricates the skin.
- *Champagne Extract* - acts as to gently exfoliate the skin and aid cellular renewal.
- *Strawberry* - rich in nutrients. A natural beauty food. Tones, purifies, and freshens.
- *Gold & Silk Actives* - antioxidant protects against skin stress, moisturising and antibacterial and skin feel.
- *Diamond Powder* - helps reduce the appearance of fine lines, wrinkles, and age spots by both emitting and scattering blue and green light to emulate the light reflection patterns of younger skin.

HOW TO USE/APPLY:

Use daily as a luxury moisturiser or apply before a special occasion to bring an extra boost of happiness and glow to your complexion.



PARTNER PRODUCTS:

SKIN TRUFFLE is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- EYE TRUFFLE
- TRUFFLE NOIR
- BODY TRUFFLE
- TRUFFLESQUE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Glycerin, C12-20 Acid PEG-8 Ester, Butylene Glycol, Caprylic/Capric Triglyceride, Squalane, Coco-Caprylate/Caprate, Myristyl Myristate, Saccharomyces/Xylinum/Black Tea Ferment, Imperata Cylindrica Root Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Caprylyl Glycol, Potassium Cetyl Phosphate, Theobroma Cacao (Cocoa) Seed Butter, Mica, Carbomer, Phenoxyethanol, Alcohol, Parfum (Fragrance), Xanthan Gum, Polysorbate 60, Caramel, Sodium Hydroxide, Benzimidazole Diamond Amidoethyl Urea Carbamoyl Propyl Polymethylsilsesquioxane, Disodium EDTA, Hexylene Glycol, Colloidal Gold, Glyceryl Acrylate/Acrylic Acid Copolymer, Lecithin, Tocopherol, Helianthus Annuus (Sunflower) Seed Oil, Hydroxyethylcellulose, Sodium Citrate, Fragaria Vesca (Strawberry) Fruit Extract, Sorbitan Isostearate, Palmitoyl Tripeptide-5, Olus (Vegetable) Oil, Citric Acid, Sodium Hyaluronate, Vitex Agnus-Castus Extract, Ascorbyl Tetraisopalmitate, Cyclodextrin, Tin Oxide, Potassium Sorbate, Pentylene Glycol, Tuber Aestivum Extract, Vitis Vinifera (Grape) Fruit Extract, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Ascorbic Acid, Ethylhexylglycerin, Sorbic Acid, Biotin, CI 77891 (Titanium Dioxide), CI 17200 (D&C Red No. 33)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 fl.oz.

PACKAGING:

Cap made from metallised PP material which is not recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 93% said that the moisturiser leaves their skin feeling hydrated and instantly replenished
- 90% said that the moisturiser leaves their complexion glowing
- 88% said that the moisturiser leaves their skin looking radiant
- 83% said that the moisturiser reduces the appearance of fine lines and wrinkles
- 72% said that the moisturiser leaves their skin looking and feeling firmer

* based on a panel size of 60



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

TRUFFLE DE-LIGHT

HYDRA-GEL MOISTURISER

mattifies & rejuvenates

champagne | black truffle | botanical caviar

A refreshing drink for the skin

This ultra-fine, hydra-gel moisturiser is weightless, and the silky texture leaves the skin smooth, matte and cool. Rich in amino acids, minerals and skin-valuable sugars. It helps to tone, balance and moisturise your complexion. Truffle, rose quartz and Happybelle-PE™ help to brighten dull lacklustre skin, providing a healthy-looking radiant glow. Botanical caviar & kombucha hydrate and firm the skin. And if that's not enough, extracts of gold & champagne, strawberry seed oil & prickly pear provide an antioxidant cocktail of perfecting luxury ingredients.

BENEFITS

- ✓ Mattifies & hydrates
- ✓ Reduces the appearance of fine lines & wrinkles
- ✓ Brings radiance & light to dull, tired skin
- ✓ Reduces skin stress & protects against pollution

CATEGORY:

Skin Therapy | Truffle Premium Skincare

SUITABLE FOR:

All skin types | Particularly the oily – combination | Unisex

USES:

- As a daily facial moisturiser
- For an instant healthy radiant complexion

KEY INGREDIENT CLAIMS:

- *Happybelle-PE™* – breakthrough phyto-endorphin complex which mimics the endorphin effect on the skin. Gives the 'I've just had good news' glow. This complex contains:
 - Vitex agnus castus extract* – for a radiant glow.
 - Ascorbyl tetraisopalmitate and Tocopherol* – hydrating and skin-protecting.
- *Botanical caviar* – also known as sea grapes this algae extract releases a wave of hydration to help plump, firm, smooth and soothe the skin.
- *Prickly pear extract* – contains the highest level of betalains than in any other plant and is 60% linoleic acid which skin loves. Multiple benefits: tightens pores for a smooth surface, helps to fade dark spots and brightens
- *Acmella oleracea extract* – has an intriguing floral bloom and when extracted for skincare has an anti-ageing anti-wrinkle active, immediate smoothing, prevents the appearance of expression lines and visibly smooths the skin surface.
- *Black truffles* – brightens skin tone, natural antioxidant, firms and smooths.
- *Champagne extract* – acts as to gently exfoliate the skin and aid cellular renewal.
- *Strawberry seed oil* – rich in nutrients. A natural beauty food. Tones, purifies, and freshens.
- *Gold & silk actives* – antioxidants protect against skin stress, moisturising and antibacterial and skin feel.
- *Rose quartz* – helps promote a brighter glowing looking complexion.
- *Kombucha* – a long-life mushroom super-food that smooths and freshens skin. Has been shown to have a 'lipo filling' effect. Diminishes skin roughness, increases brightness, radiance, lustre, clarity and colour of the skin.



HOW TO USE/APPLY:

Use daily as a luxury moisturiser to keep skin healthy, hydrated, and matte or apply before a special occasion as a great pre make-up priming moisturiser to bring an extra boost of happiness and glow to your complexion.

PARTNER PRODUCTS:

TRUFFLE DE-LIGHT is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- EYE TRUFFLE
- TRUFFLE NOIR
- BODY TRUFFLE
- TRUFFLESQUE
- TRUFFLELIXIR
- SKIN TRUFFLE

INGREDIENTS: Aqua (Water), Glycerin, Butylene Glycol, Dimethicone, Propanediol, Isostearyl Alcohol, Olea Europaea (Olive) Fruit Oil, Prunus Armeniaca (Apricot) Kernel Oil, Shea Butter Ethyl Esters, Cetyl Alcohol, Glyceryl Stearate, Inulin, Butylene Glycol Cocoate, Undecane, Phenoxyethanol, Ammonium Acryloyldimethyltaurate/VP Copolymer, Caprylyl Glycol, PEG-75 Stearate, Saccharomyces/Xylinum/Black Tea Ferment, Dimethicone/Vinyl Dimethicone Crosspolymer, Tridecane, Parfum (Fragrance), Synthetic Fluorophlogopite, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Alpha-Glucan Oligosaccharide, Xanthan Gum, Colloidal Gold, Ceteth-20, Steareth-20, Alcohol Denat., Mica, Acmella Oleracea Extract, Opuntia Ficus-Indica Stem Extract, Vitex Agnus Castus Extract, Tuber Melanosporum Extract, Tetrasodium Glutamate Diacetate, Sodium Hydroxide, Ethylcellulose, Caramel, Fragaria Ananassa (Strawberry) Seed Oil, Caulerpa Lentillifera Extract, Lecithin, Saccharomyces/Grape Ferment Extract, Citric Acid, Hydroxypropyl Bispalmitamide MEA, Olus (Vegetable) Oil, Quartz, Tocopherol, Hydroxyethylcellulose, Sodium Benzoate, Sodium Hyaluronate, Pentylene Glycol, Tin Oxide, Ascorbyl Tetraisopalmitate, Cyclodextrin, Leuconostoc/Radish Root Ferment Filtrate, Potassium Sorbate, Helianthus Annuus (Sunflower) Seed Oil, CI 77891 (Titanium Dioxide)

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES: 50 ml / 1.6fl.oz.

PACKAGING:

Luxury airless acrylic jar that is not currently recyclable. FSC-certified and recyclable carton.

WHAT THE INDEPENDENT USER TRIAL SAY:

- 97% said the moisturiser feels weightless on the skin.
- 96% said the moisturiser absorbs easily into the skin.
- 95% said their skin was hydrated and instantly moisturised.
- 90% said the moisturiser feels luxurious.
- 84% said it provided them with a healthy-looking radiant glow.

* Based on a panel size of 112



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

TRUFFLE NOIR

24-HOUR SKIN REJUVENATION

hydrates & firms

black truffle | platinum | peptides

Round the clock regeneration!

Truffle Noir is a luxurious moisturiser with an ultra-smooth skin touch that gives instant hydrating results by day and performs miracle-working night duty whilst you sleep! It fuses high-performance actives with luxury celebration ingredients, black truffles, platinum, silk, and champagne. Further turbo-charged with hematite, (a powerful antioxidant) and complexes DeepSane™ and Moist-24™ to leave skin looking and feeling younger. The ultimate skin investment!

BENEFITS:

- ✓ Helps prevent the appearance of fine lines & wrinkles
- ✓ Firms the skin by replacing lost moisture
- ✓ Long term hydration
- ✓ Visibly brightens skin tone

CATEGORY:

Truffle Premium Skincare

SUITABLE FOR:

All skin types | Unisex

USES:

- As a daily facial moisturiser
- As an overnight partner to SKIN TRUFFLE
- Boosting treatment for the night before a special occasion

KEY INGREDIENT CLAIMS:

- *Glycerin Moisture Matrix* - keeps skin hydrated for extended periods.
- *Squalane* - prevents moisture loss and helps to restore skin suppleness and flexibility.
- *Moist 24™* - creates water supplies and moisturises the upper layers of the skin for long periods of time. This complex contains a tropical plant extract.
- *Syn-Coll* - mimics the body's own mechanism to produce collagen. Skin appears lifted, tonicity is improved, sagging is decreased and the suppleness and elasticity of the skin is restored.
- *Happybelle-PE* - a Phyto-Endorphin complex, created to mimic the natural increase of endorphins to create a natural radiant glow.
- *Cocoa Butter* - with antioxidant and natural healing properties. Also protects skin against the harsh effects of the environment.
- *Black Summer Truffles* - this antioxidant extract, which improves moisture retention and is rich in amino acids, which are known to aid collagen production.
- *Sodium Hyaluronate* - preserves suppleness, elasticity and tone, with strong moisturizing properties.
- *Champagne Extract* - contains fruit acids for a gentle exfoliation, regulates skin humidity.
- *Hematite Extract* - known as 'the anti-ageing jewel', this wrinkle filling extract provides a stimulating effect that helps re-activate pro-collagen synthesis.
- *Silk & Gold Active* - moisturising and anti-bacterial. Reduces free radicals, therefore lowering the oxidative stress on the skin.
- *Titanium Dioxide* - a physical sunscreen that reflects UV light before it can damage your skin.
- *DeepSane™* - improves skin repairing and comfort and provides protection to sensitive and damaged skin. Calms irritation/razor burns. This complex contains:
 - *Platinum Powder* - a powerful antioxidant which moisturises and protects the epidermis.
 - *PerfectionPeptide P3* - gentle exfoliation that will smooth your skin to give you a young and glowing radiance.

HOW TO APPLY/USE:

Use daily to breathe life into dull skin and apply overnight to take advantage of its special nocturnal replenishment performance.



PARTNER PRODUCTS:

TRUFFLE NOIR is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- EYE TRUFFLE
- SKIN TRUFFLE
- TRUFFLE DE-LIGHT
- TRUFFLELIXIR
- BODY TRUFFLE
- TRUFFLESQUE

OTHER CREDENTIALS:

- ✓ Natural plant extracts
- ✓ Professional strength formula

INGREDIENTS: Aqua, Glycerin, C12-20 Acid PEG-8 Ester, Butylene Glycol, Caprylic/Capric Triglyceride, Squalane, Coco-Caprylate/Caprate, Myristyl Myristate, Imperata Cylindrica Root Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Caprylyl Glycol, Potassium Cetyl Phosphate, Theobroma Cacao Seed Butter, Carbomer, Phenoxyethanol, Alcohol, Hematite Extract, Lecithin, Xanthan Gum, Polysorbate 60, Sodium Hydroxide, Disodium EDTA, Hexylene Glycol, Colloidal Gold, Glycerol Acrylate/Acrylic Acid Copolymer, Tocopherol, Helianthus Annuus Seed Oil, Parfum, Sorbitan Isostearate, Palmitoyl Tripeptide-5, Olus Oil, Sodium Citrate, Sodium Hyaluronate, Vitex Agnus-Castus Extract, Ascorbyl Tetraisopalmitate, Cyclodextrin, Pentylene Glycol, Tuber Aestivum Extract, Vitis Vinifera Fruit Extract, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Citric Acid, Sorbic Acid, Hexanoyl Dipeptide-3 Norleucine Acetate, Biotin, Alteromonas Ferment Extract, Polysorbate 80, Platinum Powder (Nano), Limonene, Linalool, CI 77891, CI 77499.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 fl.oz.

PACKAGING:

Cap made from metallised PP material which is not recyclable. Shive is made from LDPE which is recyclable. Jar made from PET which is recyclable. FSC-certified carton, which is also recyclable.

WHAT THE INDEPENDENT TRIALS SAY:

- 96%** said that the moisturiser left their skin feeling hydrated
- 92%** said that the moisturiser left their skin feeling immediately smooth and instantly hydrated
- 80%** said that the moisturiser left their skin feeling firmer
- 75%** said that the moisturiser left their skin tone looking brighter and younger

* based on a panel size of 117



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

TRUFFLELIXIR

SUPER LUXE LUMINOSITY SERUM
firms & plumps
retinol | black diamonds | silk peptides

LIQUID RADIANCE

TRUFFLELIXIR™ is a high performance super-serum that has been crafted by Swiss derma-scientists using unique patented technology, powerful botanicals and highly refined ingredients. The ingenious formula provides immediate, short and long-term results, a very big task for a serum.

A potent elixir, it's the quintessence of intelligent ingredients that target all signs of visible ageing around eyes, mouth and every tell-tale part of the face. Like gorgeous silk lingerie, Trufflexir™ is a super-luxe serum that's worn underneath moisturiser, treating the skin at a cellular and epidermal level to smooth, firm, lift, and deeply hydrate.

The ultra-gossamer texture melts into the skin delivering an invisible veil of elite transforming properties. Truffle ingredients of gold, silk peptides, champagne extract and black summer truffles have been joined by encapsulated retinol, sodium hyaluronate, marine extracts, black diamonds and iris extract. In essence, it has been designed to support the skin at every level, giving lustre and luminosity, as well as plumping the skin, addressing the fine lines as well as all those tell-tale signs of a well lived life. Bottled radiance indeed.

BENEFITS

- ✓ Reduces & softens the appearance of wrinkles
- ✓ Brings radiance to dull looking skin
- ✓ Hydrates, firms & lifts the skin
- ✓ Silky smooth texture
- ✓ Targets visible ageing around eyes, mouth, forehead, brow and every tell-tale part of the face

CATEGORY: Skin Therapy | Truffle Premium Skincare
SUITABLE FOR: All skin types | Unisex

USES:

- Morning and night after cleansing and toning prior to application of your daily moisturiser.

KEY INGREDIENT CLAIMS:

- *Encapsulated retinol* - allows a controlled release over a prolonged period of time. It helps improve the condition of rough and dry skin. It aids skin elasticity and stimulates collagen formation, improving the look and feel of the skin.
- *Swertia chirata stem cell extract* - an ultra-high tech ingredient that is used in Indian medicine for its healing properties. The ingredient helps to comfort and hydrate the skin, improving the skin barrier. It smoothes skin and blurs the appearance of vertical wrinkles in seven days.
- *Blackcurrant extract* - has free radical scavenging, antioxidant and anti-blotch properties. The leaf is also allotted soothing, purifying and astringent virtues. Given these properties, it is considered an efficient anti-ageing active ingredient.
- *Hyaluronic acid* – strong moisturising & lifting properties to help preserve suppleness, elasticity and tone, retaining youthful and healthy skin.
- Iris extract – helps to protect the epidermis, improves skin tone and decreases wrinkles. Known for its anti-inflammatory properties it helps to nourish and soothe the skin,
- *Gold & silk actives* – silk peptide is conjugated with very fine gold. Reduces free radicals, protects against oxidative skin stress, and is moisturising.



- *Black summer Truffles* – brightens skin tone, firms and smoothes.
- *Diamond illuminating powder* – a technologically advanced soft-focus powder with diamond core that increases luminosity. Helps reduce the appearance of fine lines, wrinkles, discolorations, pigmentations and age spots by both emitting and scattering blue and green light to emulate the light reflection patterns of young skin.
- *Champagne extract* – contains fruit acids for a gentle exfoliation and aids cellular renewal.
- *Marine exopolysaccharide skin lifting agent* – tightens the skin, leading to immediate smoothing and anti-wrinkle effects. Collagen and elastin boosting action. Smoothing effect within 15 minutes and lasts for over 6 hours. Wrinkle filling, comfort and suppleness. It diminishes the appearance of crow's feet.
- *Black diamond* – far rarer than the colourless variety, black diamonds contain inclusions which provide their captivating appearance. They help to improve the appearance of skin complexion.

HOW TO USE/APPLY:

Pump 1-2 times into the hand and apply all over the face, focusing on laughter lines and areas of concern, repeat application as required, use daily for at least 28 days.

PARTNER PRODUCTS:

TRUFFLELIXIR is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- TRUFFLESQUE
- EYE TRUFFLE
- SKIN TRUFFLE
- TRUFFLE DE-LIGHT

INGREDIENTS: Aqua (Water), Butylene Glycol, Pentylene Glycol, Maltodextrin, Polysorbate 20, PEG-8 Dimethicone, Sodium Hyaluronate, Xanthan Gum, Hydroxypropyl Cyclodextrin, Ethylhexylglycerin, Parfum (Fragrance), Caprylic/Capric Triglyceride, Caprylyl Glycol, Glycerin, Colloidal Gold, Benzimidazole Diamond Amidoethyl Urea Carbamoyl Propyl Polymethylsilsesquioxane, Swertia Chirata Extract, Phenoxyethanol, Retinol, Ribes Nigrum (Black Currant) Leaf Extract, Aleromonas Ferment Extract, Alcohol, Citric Acid, Tocopherol, Iris Florentina Root Extract, Tuber Aestivum Extract, Vitis Vinifera (Grape) Fruit Extract, Diamond Powder.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:
30ml/1fl.oz.

PACKAGING: Airless pump in a sustainable & recyclable FSC carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 92% said that the serum has a silky soft texture and melts easily into the skin
- 86% said the serum makes their skin feel smoother
- 81% said that the serum deeply hydrated their skin and gave them a radiant glow
- 76% said that the serum helps to reduce and soften the appearance of fine lines and wrinkles

* based on a panel size of 59



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

TRUFFLESQUE

HYDRATING RADIANCE MASK

replenishes & plumps

pure gold | black truffles | diamonds

THE GOLDEN GLOW AWARD

Trufflesque is a power-packed luxury mask with unbelievable transforming results. The unique skin boosting Hydra-Plump complex™ helps to create an appearance of instant youthfulness in the skin. With black summer truffles, gold and silk peptides, natural plant extracts and a fruit & amino acid cocktail that work their magic to leave skin plumper, more lifted, super hydrated and silky smooth.

And if that's not enough a clever combination of diamond powder and gold photo-reflective particles convert UV light to blue light which injects luminosity and radiance. The perfect pick-me-up for complete skin rejuvenation and worth its weight in gold!

BENEFITS

- ✓ Clinically proven to significantly increase hydration
- ✓ Luxury face mask for instant radiance
- ✓ Firms & plumps skin
- ✓ Wakes up tired skin
- ✓ Reduces the appearance of fine lines and wrinkles
- ✓ Skin looks visibly younger

CATEGORY:

Skin Therapy | Truffle Premium Skincare

SUITABLE FOR:

All skin types | Unisex

USES:

- As a mask spa treatment, once or twice a week.
- Before a special event as a 'recovery' product or to bring instant radiance and hydration to tired skin.

KEY INGREDIENT CLAIMS:

- *Gold & Silk Actives* – silk peptide is conjugated with very fine gold. Reduces free radicals, protects against oxidative skin stress, and is moisturising.
- *Gold Pearlescent Pigment* – a subtle, shimmery photo-reflecting agent that gives a golden illuminated glow and radiance to the skin.
- *Black Truffles* - brightens skin tone, firms and smoothens.
- *Diamond Illuminating Powder* – a technologically advanced soft-focus powder with diamond core that increases luminosity. Helps reduce the appearance of fine lines, wrinkles, discolorations, pigmentations and age spots by both emitting and scattering blue and green light to emulate the light reflection patterns of young skin.
- *Pectin and lemon tree honey* help to improve skin hydration/help to prevent dehydration
- *Mica & Silica* – photo-reflecting agent which gives the skin a natural radiance.
- *Strawberry stem cell extract* – rich in nutrients and helps protect the moisture in the skin. A genuine beauty food, that tones and purifies the skin, providing freshness and wellbeing.
- *Champagne extract* – contains fruit acids for a gentle exfoliation and aids cellular renewal.



- *Hydra-plump Complex™* - contains:
 - *Pearlgenist Technology* – a novel ingredient that contains encapsulated algae that is activated when light is absorbed in the skin. It helps the cells to function in a better way leading to more radiant and firm skin.
 - *Marine Exopolysaccharide Skin Lifting Agent* – tightens the skin, leading to immediate smoothing and anti-wrinkle effects. Collagen and elastin boosting action. Smoothing effect within 15 minutes and lasts for over 6 hours. Wrinkle filling, comfort and suppleness.
 - *Sodium Hyaluronate* – strong moisturising properties to help preserve suppleness, elasticity and tone, retaining youthful and healthy skin.

HOW TO USE/APPLY:

After cleansing, use the brush to paint the masque generously over the face and neck (steering clear of the eye area). Relax and indulge for 15-20 minutes; then massage the masque and leave for 2-3 more minutes. Remove with a damp TAKE IT OFF muslin cloth then rinse the face with warm water.

PARTNER PRODUCTS:

TRUFFLESQUE is part of our Premium Truffle Skincare range. Other products in this luxury range are:

- SKIN TRUFFLE
- EYE TRUFFLE
- TRUFFLE NOIR

INGREDIENTS: Glycerin, Aqua (Water), Pentylene Glycol, Xylitylglucoside, Mica, Carbomer, Anhydroxylitol, Phenoxyethanol, Xylitol, Sodium Hydroxide, Ethylhexylglycerin, Silica, Glucose, PPG-26-Buteth-26, PEG-40 Hydrogenated Castor Oil, Benzimidazole Diamond Amidoethyl Urea Carbamoyl Propyl Polymethylsilsesquioxane, Parfum (Fragrance), Sodium Hyaluronate, Fragaria Vesca (Strawberry) Fruit Extract, Alteromonas Ferment Extract, Colloidal Gold, Tuber Aestivum Extract, Vitis Vinifera (Grape) Fruit Extract, Xanthan Gum, Ascorbic Acid, Sorbic Acid, Caprylyl Glycol, Glyceryl Caprylate, Lactic Acid/Glycolic Acid Copolymer, Phenylpropanol, Chlorella Vulgaris Extract, Polyvinyl Alcohol, Heptapeptide-15 Palmitate, CI 77891 (Titanium Dioxide), CI 77491 (Iron Oxides)
Please check your product, ingredient lists may differ due to updates in formulations.

PACKAGING: A recyclable tinted PET jar, with non-recyclable metalised PP cap and applicator brush. Carton and liner from FSC material & recyclable.

SIZES: 80 ml / 2.7 fl.oz.

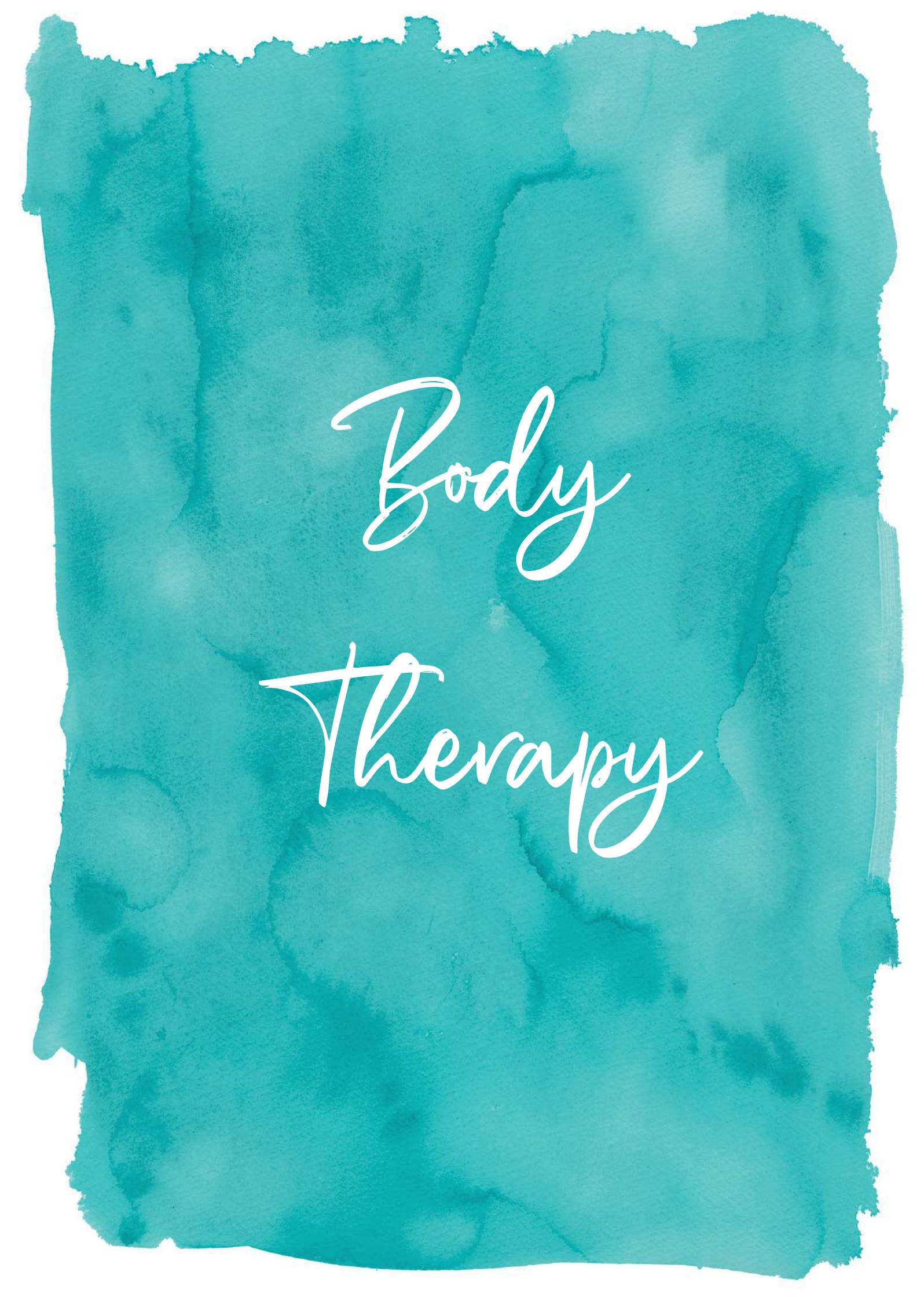
WHAT THE INDEPENDENT TRIALS SAY:

- 90% said that the mask provides skin with instant radiance.
- 95% said the mask left their skin feeling hydrated.
- 90% said that their skin appeared more youthful.
- 89% said that their skin felt plumper.
- 93% said that the mask helps to wake up tired looking skin.

* based on a panel size of 109.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

The background is a textured teal watercolor wash with irregular, feathered edges. The color varies from a light, airy turquoise to a deeper, more saturated teal, creating a soft, painterly effect.

*Body
Therapy*

AAAHHH!

INSTANT COOLING BALM

refreshes & soothes
mint | magnesium | dandelion

A cooling respite!

Don't you just hate it when your legs feel heavy & restless and your shoulders tense & tight? This lightweight, refreshing formula is a real saviour against muscle fatigue, especially when you've been standing or working hard for too long. Rich in Mediterranean botanicals that help to cool down and packed with 5 fermented minerals to ease overworked muscles including magnesium, iron & zinc. It really does go AAAHHH!

BENEFITS:

- ✓ Gives tired legs a lift
- ✓ Helps to relieve shoulder tension
- ✓ Invigorates with a cool & tingly feeling
- ✓ Easily absorbed, non-greasy

CATEGORY:

Body Therapy

SUITABLE FOR:

Unisex

USES:

- Cools & refreshes the skin
- Helps to alleviate tension
- Helps to ease overworked muscles
- Great after exercise

KEY INGREDIENT CLAIMS:

- *Fermented Magnesium* – encourages muscles to relax, preventing cramps. Settles nerve activity for a more restful sleep.
- *Fermented Iron* – assists in the transport of oxygen around the body to ensure muscles can do their job properly.
- *Fermented Zinc* – one of the powerhouses behind healthy muscular cells. Also plays a role in wound healing, growth & development.
- *Fermented Copper* – plays a vital role in energy production as well as in the production of collagen for healthy-looking skin.
- *Fermented Silicon* – improves bone strength and encourages the production of collagen, healthy-looking skin and healthy joints, connective tissue and cartilage.
- *Dandelion extract* – contains beta-carotene, an antioxidant that helps protect cells from damage. Also naturally rich in potassium which helps against water retention.
- *Menthol* – creates a refreshing and cooling sensation on the skin.

HOW TO APPLY/USE:

Massage into feet and legs using upwards strokes to help ease overworked muscles. It does wonders on the back of the neck and shoulders to refresh and perfect also on a tired back. Wash hands after application.



PARTNER PRODUCTS:

AAAHHH is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing. Other products in this range include:

- PALM BALM
- SOLE BALM
- SUGAR BUFF
- WORK IT OUT

INGREDIENTS: Aqua (Water), Coco-Caprylate, Alcohol Denat., Caprylic/Capric Triglyceride, Coco-Caprylate/Caprate, Menthol, Phenoxyethanol, Sorbitan Stearate, Carbomer, Triethanolamine, Polysorbate 60, Parfum (Fragrance), Ethylhexylglycerin, Benzophenone-4, Glycerin, Linalool, Saccharomyces/Silicon Ferment, Saccharomyces/Iron Ferment, Saccharomyces/Magnesium Ferment, Saccharomyces/Copper Ferment, Saccharomyces/Zinc Ferment, Limonene, Leuconostoc/Radish Root Ferment Filtrate, Benzyl Benzoate, Taraxacum Officinale (Dandelion) Leaf Extract, Geraniol, Citronellol, CI 19140 (FD&C Yellow No. 5), CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

150 ml / 5.0 fl.oz.

PACKAGING:

100% recyclable tube with handy flip-top cap in a sustainable & recyclable FSC carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 96% said balm instantly cools my skin
- 96% said this lightweight balm gives my tired legs a lift
- 94% agreed this balm leaves a cool & tingly fresh feeling on legs & feet
- 94% said the balm leaves my legs feeling immediately refreshed.
- 87% said the balm leaves my legs feeling lighter
- 87% said the balm is perfect for my overworked back and arms
- 80% said the balm leaves my legs feeling immediately less restless.

*based on a panel size of 56



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

ALL CLEAN

NO RINSE HAND DEFENCE

Freshness on the go!

No soap and water in sight? No worries. Keep pesky germs at bay with ALL CLEAN. Great to pop in your bag, on your desk or when travelling and doing life on-the-go. Laced with an upbeat blend of Mediterranean essential oils including rosemary, lime, bergamot & lemon, and skin-caring aloe vera and arnica. Fresh!

BENEFITS:

- ✓ Anti-bacterial lotion that sanitises the skin
- ✓ Leaves skin cool & silky smooth
- ✓ Revives & refreshes

CATEGORY:

Body Therapy

SUITABLE FOR:

Unisex | All skin types

USES:

- Cleans hands & kill germs
- Works like a dry shower

KEY INGREDIENTS CLAIMS:

- *Organic Aloe Vera* – skin calming and intensely moisturising.
- *Arnica flower extract* – intensely soothing.
- *Tapioca* – absorbing, gives a smooth, velvet-like skin feel.
- *Menthol crystals* – cooling and refreshing.
- *Rosemary* – energising and uplifting.
- *Thyme* – natural antibacterial.
- *Bergamot* – reviving and stress reducing.
- *Lemon & lime* – Refreshing, stimulating and natural antiseptic.

HOW TO APPLY/USE:

Apply to the palm of one hand and rub all over your hands until it is fully absorbed.



PARTNER PRODUCTS:

ALL CLEAN is part of our Body Therapy range – products to help you spa wherever you are and formulated to treat your body and maintain wellbeing.

Other products in this range include:

- PALM BALM
- AAAHHH!
- SOLE BALM
- SUGAR BUFF

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal-derived ingredients

INGREDIENTS: Alcohol Denat., Aqua (Water), Tapioca Starch, Phenoxyethanol, Triethanolamine, Carbomer, Parfum (Fragrance), Menthyl Lactate, Menthol, Ethylhexylglycerin, Aloe Barbadensis Leaf Juice Powder, Sodium Hyaluronate, Arnica Montana Flower Extract, Benzyl Salicylate, Coumarin, Limonene, Linalool, CI 42053 (FD&C Green No. 3).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 fl.oz.
100 ml / 3.3 fl.oz.

PACKAGING:

100% recyclable packaging, handy tube with flip-top cap.



FROM STRENGTH TO STRENGTH

NAIL & CUTICLE TREATMENT SERUM
strengthens & restores
calcium | minerals

Damage control!

A highly nutritious, intensive daily treatment formulated with a cocktail of 65 power-minerals including calcium, magnesium, zinc & iron and a blend of nourishing oils designed to improve the condition of nails and cuticles weakened by outside elements, gel manicures, constant applications of sanitiser and just day to day wear and tear. Designed to restore and strengthen nails, improve resistance to splitting and promote healthy growth.

BENEFITS:

- ✓ Prevents brittle & flaking nails
- ✓ Restores strength to weak nails
- ✓ Softens cuticles

CATEGORY:

Body Therapy

SUITABLE FOR:

All skin types | Unisex

USES:

- Nail strengthener
- Cuticle treatment

KEY INGREDIENT CLAIMS:

- *Calcium* – Maintains a healthy nail bed and keeps nails strong to prevent splitting.
- *Magnesium* – Helps with protein synthesis, the formation of new nails and helps reduce nail ridges.
- *Zinc* – Helps the development of healthy nail cells and promote nail growth.
- *Iron* – Helps nails grow healthy and strong and not brittle.
- *Apricot Kernel Oil* – Prevents dryness, conditions & protects cuticles.
- *Vitamin B5* – Helps to improve the strength & flexibility of nails.

HOW TO APPLY/USE:

Work a thin layer onto bare nails massaging in circular motions and focusing on the base of the nail. Use daily to keep your nails in check and use up to 3-4 times a day for intense treatment. Use any time daily and night-time application is a must.



PARTNER PRODUCTS:

FROM STRENGTH TO STRENGTH is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- PALM BALM
- SOLE BALM
- SUGAR BUFF
- AAAHHH!
- WORK IT OUT

INGREDIENTS: Aqua, PEG-20 Stearate, Cetearyl Alcohol, Olea Europaea Fruit Oil, Glycerin, Dicaprylyl Carbonate, Dimethicone, Dimethyl Isosorbide, Prunus Armeniaca Kernel Oil, Sodium Stearoyl Glutamate, Soil Minerals, Phenoxyethanol, Sclerotium Gum, Parfum, Xanthan Gum, Ethylhexylglycerin, Panthenol, Sodium Hydroxide, Limonene.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

30 ml / 1.0 fl.oz.

PACKAGING:

Fully recyclable tube & cap made with 30% recycled material with nozzle for precise application in recyclable FSC carton.



GIVING IT THE BRUSH OFF

DETOXING DRY BODY BRUSH
softens & energises

Give dull, bumpy skin the brush off!

Create your very own spa at home detoxing routine with this luxurious, natural bristle body brush.

Dry skin brushing is an ancient spa practice that has many benefits. The skin is the largest organ of our bodies and so it makes perfect sense to adopt this wonderful treatment at home. Dry skin brushing is said to help improve skin texture by increasing circulation, eliminating dead skin cells, and helping to give your whole body a detoxing spa experience. Body brushing will to help you feel totally revived and give your skin back its healthy glow.

BENEFITS:

- ✓ Helps the body's natural detoxification process
- ✓ Helps increase blood circulation & release toxins
- ✓ Eliminates dead skin cells and bumpy skin
- ✓ Helps reduce ingrown hairs
- ✓ Improves skin tone, skin feel & skin texture
- ✓ Helps you feel energised, revived and radiant
- ✓ Natural bristles won't irritate the skin

CATEGORY:

Body Therapy

SUITABLE FOR:

All skin types

USES:

- Dry skin brushing for a home detox.
- To prepare the skin for a faux tan and before applying body moisturiser.

HOW TO USE:

On dry skin, before you shower or bathe, take the brush in the palm of your hand. Get a firm grip and use the strap to support the hand. Start brushing at the feet and work up the legs, using gentle, sweeping movements towards the heart. Then, work on your hands and move up the arms the over shoulders, back and body. Avoid the very sensitive areas of the chest and do not use on the face. You can follow this routine daily or every 3-5 days for 5 minutes a day.

HOW TO LOOK AFTER YOUR BRUSH

The bristles on your brush need to be cleaned regularly to avoid bacteria growth.

The easiest way to do this is by filling a bowl with soapy water.

Place the brush in the water, bristles facing down and move around for a minute or so.

Then make sure the bristles dry completely; using a towel or letting it air dry on a warm day.

Try not to get the wood too wet as it can get damaged.

How often you clean your brush depends on how often you use it. If you use it daily, we recommend that you clean it once a week. Once a month should be enough if you use your brush once a week.



PARTNER PRODUCTS:

GIVING IT THE BRUSH OFF is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- PALM BALM
- SOLE BALM
- SUGAR BUFF
- AAAHHH!
- WORK IT OUT

READ ME:

Not suitable for sensitive or broken skin. Avoid use on neck and face. If irritation occurs discontinue use. Not suitable for children. Consult your midwife or GP for suitability during pregnancy.

PACKAGING:

Synthetic bristles set in an FSC-certified wooden base, packaged in a recyclable FSC-certified carton.



PALM BALM

NOURISHING HAND CREAM

hydrates & smoothes

vitamin c | vitamin e | jojoba

Probably the best hand cream you'll ever use!

PALM BALM is not just a hand cream – it's a luxurious skincare treatment.

This fast-absorbing formula is a multivitamin cocktail that fuses Mediterranean essential oils of lemon, lavender and bergamot, and extracts of aloe vera, jojoba and vitamins to soothe, moisturise and turn back the clock. PALM BALM ensures skin remains hydrated by replacing lost moisture, helps reduce the appearance of age spots and creates a protective barrier against free radicals.

The result... an adorably silky texture that instantly leaves your hands looking brighter, younger and feeling like velvet. You're definitely in safe hands!

BENEFITS:

- ✓ Hydrates & restores the look of youthful hands
- ✓ Smoothes & evens skin tone
- ✓ Helps reduce the appearance of age spots
- ✓ Quickly absorbed, non-greasy

CATEGORY:

Body Therapy

SUITABLE FOR:

Unisex | All skin types

USES:

- Daily skin treatment for the hands
- Nail and cuticle conditioner
- Hand moisturiser and the perfect massage medium
- Great for a spa professional manicure

KEY INGREDIENT CLAIMS:

- *Crambe abyssinica seed oil* – rich in Omega 9, excellent moisturising properties to help promote skin suppleness & softness by forming an effective barrier against your skin drying out.
- *Aloe vera leaf* – powerful antioxidant with soothing & moisturising properties. Great for treating dry skin, wounds, burns and minor skin complaints.
- *Jojoba oil* – rich emollient, moisturising, softening.
- *Vitamin E* – anti-ageing benefits, helps protect from UV damage and an antioxidant.
- *Vitamin C* – skin lightening & firming properties, and an antioxidant.
- *Vitamin B3* – strengthens skin barrier, improves skin pigmentation, moisturises and anti-ageing benefits.
- *Vitamin B5* – locks in moisture and soothes skin. Helps to delay the appearance of age spots.
- *Vitamin B6* – helps to maintain healthy looking skin. Known for helping skin conditions

HOW TO APPLY/USE:

Massage into hands and cuticles morning and night, or whenever your hands are begging for special attention.



PARTNER PRODUCTS:

PALM BALM is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- SOLE BALM
- SUGAR BUFF
- AAAHHH!
- WORK IT OUT

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derivatives
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Dimethicone, Tripelargonin, Crambe Abyssinica Seed Oil, Cetearyl Alcohol, Polyacrylate Crosspolymer-6, Polysilicone-11, Ceteth-20, Phenoxyethanol, Parfum (Fragrance), Simmondsia Chinensis (Jojoba) Seed Oil, Niacinamide, Sodium Starch Octenylsuccinate, 1,2-Hexanediol, Calcium Pantothenate, Caprylyl Glycol, Maltodextrin, Tocopheryl Acetate, Benzophenone-3, Ethylhexylglycerin, Citric Acid, Sodium Ascorbyl Phosphate, Pyridoxine HCl, Aloe Barbadensis Leaf Juice Powder, Silica, Citral, Geraniol, Limonene, Linalool, CI 19140 (FD&C Yellow No. 5), CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

75ml / 2.5fl.oz.

PACKAGING:

100% recyclable tube with 30% PCR material and a flip-top cap in recyclable and FSC-certified carton.

WHAT THE INDEPENDENT TRIALS SAY:

100%	said this hand cream is easy to apply
98%	said this hand cream absorbs quickly into the skin
94%	said this hand cream is non-greasy
94%	said the hand cream leaves my hands feeling instantly softer
93%	said the hand cream leaves my hands feeling moisturised
85%	said the hand cream improves the condition of my cuticles
76%	said the hand cream reduced the signs of ageing on their hands

* based on a panel size of 58



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

SOLE BALM

NOURISHING FOOT BALM

smoothes & softens

papaya extract | cocoa butter | menthol

Jump in with both feet!

Relaxation starts with the feet, so your soles and your soul are going to love, love, love a daily dose of SOLE BALM! A powerful blend of 22 Mediterranean essential oils help to alleviate tension and tiredness, and a plethora of botanicals and essential oils such as cocoa butter, honey, papaya, olive, soy and avocado to deeply moisturise. Clever exfoliating enzymes gently nibble away dead skin cells, so those rough bits get softer and softer. Peppermint oil & menthol have been included to gently soothe and cool. A spa pedicure indeed!

BENEFITS:

- ✓ Deeply nourishes the feet
- ✓ Softens hard skin
- ✓ Gently exfoliates
- ✓ Quickly absorbed

CATEGORY:

Body Therapy

SUITABLE FOR:

Unisex | All skin types

USES:

- Skin care for the feet
- Foot moisturiser and massage medium
- After a pedicure

KEY INGREDIENT CLAIMS:

- *Cocoa butter* – softens skin and prevents dryness.
- *Honey* – moisturises & nourishes, and a natural antioxidant.
- *Papaya extract* – exfoliating agent which smoothes dry, rough skin by accelerating the shedding of dead skin cells.
- *Olive Fruit Oil* – soothes, smoothes and nourishes skin.
- *Avocado Oil* – strengthens skin by boosting skin's ability to generate stronger cells and moisturising.
- *Wheat-germ Oil* – antioxidant and anti-ageing properties. Skin softening.
- *Salicylic acid* – a beta hydroxy acid (BHA) extracted from the bark of the willow tree. Works as a natural gentle exfoliator. Helps to calm aggravated skin.
- *Menthol* – imparts a cooling and fresh feeling to the skin.

HOW TO APPLY/USE:

Apply to cleansed feet, morning and night, or whenever feet, heels and toes are begging for special attention. If you've got the time, a five-minute foot soak before use will perfect your pedicure. Wash hands after use (as menthol transferred to the eyes can sting).



PARTNER PRODUCTS:

SOLE BALM is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- PALM BALM
- SUGAR BUFF
- AAAHHH!
- ALL CLEAN
- WORK IT OUT

INGREDIENTS: Aqua (Water), Cetearyl Alcohol, Glycerin, Myristyl Myristate, Theobroma Cacao (Cocoa) Seed Butter, PEG-100 Stearate, Glyceryl Stearate, Glycine Soja (Soybean) Oil, Caprylic/Capric Triglyceride, Phenoxyethanol, Parfum (Fragrance), Dimethicone, Mel (Honey), Menthol, Maltodextrin, Panthenol, Xanthan Gum, Triticum Vulgare (Wheat) Germ Oil, Tocopheryl Acetate, Carica Papaya (Papaya) Fruit Extract, Olea Europaea (Olive) Fruit Oil, Persea Gratissima (Avocado) Oil, Disodium EDTA, Salicylic Acid, Ethylhexylglycerin, Palmaria Palmata Extract, Sodium Hydroxide, Linalool, Limonene, Benzyl Benzoate, Geraniol, Citronellol, Alpha-Isomethyl Ionone, Eugenol, CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

100 ml / 3.3 fl.oz.

PACKAGING:

Recyclable HDPE tube including 30% PCR material, with a handy flip-top cap in a sustainably sourced FSC-certified & recyclable carton.

WHAT DID THE INDEPENDENT USER TRIAL REPORT SAY:

98%	said the product quickly absorbs into the skin.
93%	said their feet feel instantly deeply moisturised.
93%	said the hard skin on their feet feels softer.
93%	said their feet feel soothed and cool.
91%	said their feet feel deeply moisturised.
91%	said the rough skin on their feet feels smoother.
89%	said the product improves the look of cracked heels.
84%	said the product gives them confidence to wear flip-flops or sandals in public.

* Based on a panel size of 58.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

STUBBLE TROUBLE

SOOTHING SHAVE GEL

For the smoothest, coolest shave!

Shaving and skincare in one. Use this plant-based, super rich gel is a fusion of soothing herbal extracts including rosemary and aloe vera to help reduce skin irritation and a lively blend of Mediterranean essential oils to help revive you and your skin.

BENEFITS:

- ✓ Helps to soothe skin
- ✓ Soothing and cooling gel
- ✓ Moisturising formula
- ✓ Rejuvenating aromatic blend
- ✓ Herbal extracts to soothe irritation

CATEGORY:

Body Therapy

SUITABLE FOR:

All skin types

USES:

- Facial and body shaving

KEY INGREDIENTS:

- *Aloe Vera* – soothing & moisturising properties. Known for treating wounds and burns, minor skin complaints.
- *Rosemary* – clear, refreshing herbal scent.
- *Bergamot* – stimulates and creates a feeling of happiness & energy.
- *Thyme* – helps to focus and calm the nerves.

HOW TO APPLY/USE:

Apply to wet skin or lather up with a drop of water and your razor will glide through the stubble. Rinse away with warm clean water.

PARTNER PRODUCTS:

STUBBLE TROUBLE is part of our Body Therapy range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are.

Other products that partner with it include:

- GOOD HAIR DAY
- IN GOOD CONDITION
- LA LA LAGOON
- PEACE BE STILL



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Glycerin, Cocamidopropyl Betaine, Propylene Glycol, Sodium Coco-Sulfate, Phenoxyethanol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Disodium EDTA, Parfum (Fragrance), Sodium Hydroxide, Ethylhexylglycerin, Butyl Methoxydibenzoylmethane, Aloe Barbadensis Leaf Juice Powder, Limonene, CI 42090 (FD&C Blue No. 1), CI 17200 (D&C Red No. 33).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz.

PACKAGING:

Handy travel size tube made from 30% PCR plastic with a flip-top cap with foil band made from 100% PCR plastic. 100% recyclable pack.



SUGAR BUFF

SMOOTHING BODY SCRUB

refines & nourishes
oil | fig | pomegranate

Prepare to bare!

For all year round velvety-soft skin that radiates with a healthy glow. SUGAR BUFF is a deliciously fragranced, Mediterranean- inspired sugar exfoliator with the most luscious texture that removes dead skin cells and encourages cell renewal to reveal silky smooth skin. A gorgeous, skin-boosting blend including hydrating olive and grape seed oil, fig, pomegranate, vitamin E plus a relaxing cocktail of essential oils including lavender, patchouli, clove, eucalyptus and rosemary. Treat your body from top to toe!

BENEFITS:

- ✓ Removes dead skin cells
- ✓ Rejuvenates & softens
- ✓ Leaves skin looking radiant
- ✓ Nourishes & hydrates
- ✓ Leaves the skin wonderfully fragrant

CATEGORY:

Body Therapy

SUITABLE FOR:

All skin types

USES:

- Body scrub
- Quick spa at home treatment
- Pre-tan preparation

KEY INGREDIENT CLAIMS:

- *Sucrose (sugar)* – softens the skin and smooth its texture.
- *Sweet almond shell powder* – gently exfoliates.
- *Olive oil* – locks in moisture, preventing skin dryness. Leaves skin feeling hydrated & soft.
- *Grape seed oil* – tightens skin and helps it retain its normal structure, consequently diminishing the appearance of stretch marks and scars. Rich in beta-carotene and vitamins D, C, E.
- *Fig* – Packed full of enriching vitamins, antioxidants, and minerals. Helps to balance skin and helps with circulation.
- *Pomegranate* – high levels of vitamin C and antioxidants, which help prevent cell damage.
- *Vitamin E* – soothing, antioxidant and protect cells from environmental pollutants.

HOW TO APPLY/USE:

Dampen the skin before applying SUGAR BUFF. Spread between your palms and apply to skin by using circular movements to invigorate the skin and improve circulation. Rinse off with clean, warm water until scrub is fully removed. Apply lashings of DUVET comforting body cream.



PARTNER PRODUCTS:

SUGAR BUFF is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- PALM BALM
- SOLE BALM
- AAAHHH!
- WORK IT OUT

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free-from synthetic colours and fragrance
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Sodium Chloride, Sucrose, Elaeis Guineensis (Palm) Oil, Caprylic/Capric Triglyceride, PEG-7 Glyceryl Cocoate, Stearalkonium Hectorite, Glyceryl Stearate, PEG-100 Stearate, Parfum (Fragrance), Olea Europaea (Olive) Fruit Oil, Vitis Vinifera (Grape) Seed Oil, Aqua (Water), Propylene Carbonate, Phenoxyethanol, Xylitylglucoside, Prunus Amygdalus Dulcis (Sweet Almond) Shell Powder, Tocopheryl Acetate, Anhydroxylitol, Propylene Glycol, Xylitol, Olea Europaea (Olive) Seed Powder, Ficus Carica (Fig) Fruit Extract, Sodium Hyaluronate, Punica Granatum Fruit Extract, Caprylyl Glycol, Xanthan Gum, Sorbic Acid, Linalool, Limonene, Benzyl benzoate, Geraniol, Citronellol.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

220 g / 7.76 oz

PACKAGING:

100% recyclable packaging: PP jar & lid including 30% PCR plastic in sustainable FSC-certified & recyclable carton.



WORK IT OUT

MUSCLE-TOX BATHING & MASSAGE OIL
detoxifies & soothes
juniper | cypress | lavender

Works for me!

When toxins, cellulite, sluggish circulation and sore muscles have taken their toll, it's time to WORK IT OUT. This detoxifying and warming oil will truly help reboot your system and work wonders on knots, tensions, tight muscles and best of all, help flush out those nasty toxins. A body boosting blend of 21 Mediterranean essential oils including juniper, clove, cypress & thyme, renowned for their muscle soothing and detoxifying superpowers, in a lush base of natural oils - sesame, avocado, jojoba, kukui, grapeseed, soya bean & grapefruit. Detox-licious!

BENEFITS:

- ✓ Helps eliminate toxins
- ✓ Eases muscle tension
- ✓ Encourages lymphatic drainage
- ✓ Stimulates circulation

CATEGORY:

Body Therapy

SUITABLE FOR:

All skin types

USES:

- Deep tissue, detox massage
- Detox bathing regime
- Remedy for overworked, tired & achy muscles

KEY INGREDIENT CLAIMS:

- *Sesame seed oil* – antioxidant properties, relieves dryness, provides long lasting hydration and softens rough areas.
- *Grape seed oil* – deeply penetrating moisturisation, rich in antioxidants, anti-ageing, improve elasticity and treats dry skin conditions.
- *Avocado oil* – nutrient rich and contains skin nourishing vitamins A, D & E, protein, amino acids and minerals
- *Jojoba oil* – moisturising, soothing, creates skin suppleness, softens skin and prevents water loss.
- *Juniper fruit oil* – helps remove impurities, detoxifies and reduces appearance of cellulite.
- *Lavender essential oil* – soothing and stress-relieving properties.
- *Clove essential oil* – known to improve blood circulation and boost energy.

HOW TO APPLY/USE:

For a daily skin-fitness workout, wake up your circulation first with GIVING IT THE BRUSH OFF then vigorously massage WORK IT OUT in circular motions, up the body towards the heart. Pay attention to the fatty zones and areas of knotted muscles and tension.

For a detoxing or muscle-relaxing bath, pour a couple of capfuls under warm running water and agitate to mix in. Sink in and allow the detoxing blend of essential oils to go to work.

Note – it is always advisable to protect the floor or bed with an old towel to prevent splashes of oil.



WORK IT OUT is part of our Body Therapy range – body treatment products to help you create that spa experience at home and maintain wellbeing.

Other products in this range include:

- PALM BALM
- SUGAR BUFF
- AAAHHH!
- ALL CLEAN
- SOLE BALM

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Caprylic/Capric Triglyceride, Glycine Soja (Soybean) Oil, C12-13 Pareth-3, Sesamum Indicum (Sesame) Seed Oil, Parfum (Fragrance), Vitis Vinifera (Grape) Seed Oil, Persea Gratissima (Avocado) Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Aleurites Moluccanus Seed Oil, Tocopheryl Acetate, Juniperus Communis Fruit Oil, Menthol, Cupressus Sempervirens Oil, Lavandula Angustifolia (Lavender) Oil, Thymus Vulgaris (Thyme) Flower/Leaf Oil, Eugenia Caryophyllus (Clove) Bud Oil, Citral, Geraniol, Limonene, Linalool, Eugenol.

Please check your product, INCI's may differ due to updates in formulations. Check with your GP for use during pregnancy.

SIZES:

100 ml / 3.3 fl.oz.

PACKAGING:

Bottle – Recyclable glass

Cap – PP and recyclable

Carton – 100% FSC-certified recyclable card



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

The background is a dark green, textured surface with irregular, torn edges, resembling a piece of paper or fabric. The texture is slightly mottled and uneven. The text is centered on this background.

Soul
Therapy

BREATH OF LIFE

INHALATION ESSENCE

energises & uplifts
eucalyptus | tea tree



Aromatherapy brain booster!

A heady blend of eucalyptus, tea tree, menthol & lavender essential oils to clear the nasal passages. Use with steam inhalation, pop on a tissue or sniff straight from the bottle. Whoa!

BENEFITS:

- ✓ Uplifting fragrance
- ✓ Helps breathing
- ✓ Perfect for travel
- ✓ Anti-nausea properties, ideal for travel sickness
- ✓ Help fight off fatigue
- ✓ Helps clear the nose during/after a flu or cold
- ✓ Helps to ward off germs

CATEGORY:

Soul Therapy | Energy & Strength

SUITABLE FOR:

Unisex

USES:

- When you need to clear your head or just feeling a little out of sorts
- For those suffering from cold, flu, headaches or hay fever
- For those embarking on long journeys or when you are in a confined space
To feel energised
- Keep one in your travel bag, office drawer and first aid cabinet.

KEY INGREDIENT CLAIMS:

- *Eucalyptus oil* – strong antibacterial, antiviral, antiseptic properties and a natural decongestant. Soothing aroma that helps breathing and has relaxing qualities.
- *Menthol* – anti-bacterial ingredient that cleanses, purifies and refreshes. Known to improve mental alertness.
- *Tea tree leaf oil* – anti-bacterial, antimicrobial, antiseptic and antiviral benefits that provides relief from congestion and boosts immunity.
- *Lavender oil* – a clean, calming aroma that helps to eliminate nervous tension and improve respiratory problems.

HOW TO APPLY / USE:

1. Breathe in straight from the bottle.
2. Put a couple of drops on a handkerchief or clean, folded tissue for instant relief and breathe it in during the day.
3. Use in an aromatherapy oil burner, diluted with water.
4. Use as an inhalation treatment by popping two drops into a bowl of boiling water. Lean over the water and create a tent over your head with a towel. Take deep breaths through the nose, breathing out of the mouth slowly. You might get a bit hot and flushed, but it is a glorious way to clear the head!

PARTNER PRODUCTS:

BREATH OF LIFE is part of our Soul Therapy | Energy & Strength range – uplifting products that give you a boost of energy when you need it.

Other products in this range include:

- SPIRITUDE
- LIGHT MY FIRE
- IN GOOD SPIRITS
- IT'S A WONDERFUL LIFE

OTHER CREDENTIALS:

- ✓ Free from synthetic colours & fragrance
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: C12-15 Alkyl Benzoate, Eucalyptus Globulus Leaf Oil, Menthol, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Limonene, Linalool, Coumarin, Geraniol.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

10 ml / 0.3 fl.oz

PACKAGING:

Fully recyclable glass bottle with PP cap in FSC-certified and recyclable carton.



DRIFT AWAY

RELAXING BATHING & MASSAGE OIL

calms & nourishes

jojoba | lavender | geranium

The most luxurious aromatherapy oil ever!

DRIFT AWAY is a must for when you need to wind down and have your moment of peace and quiet. A soothing blend of Mediterranean essential oils including patchouli, lavender, geranium, frankincense, chamomile, myrrh, dill seed and orange, suspended in a lush base of sesame, jojoba and avocado oils, plus replenishing vitamin E. Helps you chill out in no time, especially when you find it hard to switch off. To help restore a feeling of wellbeing!

BENEFITS:

- ✓ Helps bring a sense of relaxation
- ✓ Massage & bath oil in one
- ✓ Transforms into a luxurious bath milk
- ✓ Nurturing & hydrating

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

Unisex | All skin types

USES:

- Massage oil - apply straight to the skin
- Bath oil - drizzle into a warm bath

KEY INGREDIENT CLAIMS:

- *Lavender* – calming, soothing, helps to ease tension and tense muscles.
- *Patchouli* – a natural relaxant with anti-depressant qualities.
- *Geranium* – sedative & soothing benefits.
- *Frankincense* – produces a sense of calm and deepens breathing.
- *Orange* – comforting & calming properties.
- *Chamomile* – soothing, relaxing, aids sleep.
- *Dill extract* – a mild sedative herb and a good remedy for sleeplessness, acting as a mild tranquilizer.
- *Jojoba oil* – oil carrier, moisturiser, soother. Creates skin suppleness, softens skin and prevents water loss.
- *Sesame seed* – easily absorbed by skin, helps to promote skin softness.
- *Avocado oil* – contains skin-nourishing vitamins A, D & E, amino acids and minerals. Deeply moisturising, helps to maintain soft & supple skin.
- *Kukui seed oil* – excellent skin conditioning properties, soothes and softens.
- *Vitamin E* – a powerful antioxidant that locks in moisture, improves the appearance of dry & damaged skin.

HOW TO APPLY/USE:

For a soothing massage pour a few drops of this delicious oil into the palm of your hand. Smooth it into the skin using firm upward strokes in a direction towards the heart. For a relaxing bath, pour one capful under running water and agitate to mix in. Note – it is always advisable to protect the floor or bed with an old towel to prevent splashes of oil.



PARTNER PRODUCTS:

DRIFT AWAY is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquility.

Other products in this peace-loving range include:

- QUIETUDE
- DUVET
- REPOSE
- SIESTA FOREVER
- KEEP THE PEACE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Caprylic/Capric Triglyceride, Sesamum Indicum (Sesame) Seed Oil, Coco-Caprylate/Caprate, C12-13 Parath-3, Parfum (Fragrance), Persea Gratissima (Avocado) Oil, Glycine Soja (Soybean) Oil, Aleurites Moluccanus Seed Oil, Tocopheryl Acetate, Isopropyl Myristate, Simmondsia Chinensis (Jojoba) Seed Oil, Anethum Graveolens (Dill) Seed Oil, Citrus Aurantium Amara (Bitter Orange) Leaf/Twig Oil, Commiphora Myrrha Oil, Linalool, Limonene, Benzyl Benzoate, Geraniol, Citronellol, Alpha-Isomethyl Ionone, Eugenol, Citral, Cinnamyl Alcohol, CI 61565 (D&C Green No. 6).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

30 ml / 1.0 fl.oz (travel size)
100 ml / 3.3 fl.oz

PACKAGING:

100% recyclable packaging – bottle is glass, cap is PP which are both widely recyclable. Carton is recyclable and FSC-certified.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

DUVET

COMFORTING BODY CREAM

nourishes & tones

super seeds | olive | pomegranate

A hug for body & soul!

This luxurious, advanced cream is designed to wrap the body with hydrating goodness and to leave the skin feeling smooth, toned and deliciously fragranced. Rich in omega oils, olive, guarana and fig, liquorice, vitamin E and relaxing Mediterranean essential oils of lavender, frankincense, myrrh and chamomile. We've added Aquaxyl™, an anti-dehydration saviour that will keep your skin looking and feeling deeply moisturised, firmer and glowing.

We call it your skin's DUVET – comfort and skincare in one.

BENEFITS:

- ✓ Softer feeling skin
- ✓ Improves skin suppleness
- ✓ Deeply moisturising & softening
- ✓ Revitalises skin

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

Unisex | All skin types

KEY INGREDIENT CLAIMS:

- *Aquaxyl™* – a naturally-derived, moisturising & restructuring active agent. It helps the flow of water throughout the layers of the skin for deep, long-term hydration. It boosts the level of hyaluronic acid which helps lock in moisture, improving the skin's hydration and texture.
- *Olive fruit oil* – one of the best skin-nourishing agents packed with strong antioxidant such as vitamin A and E that help repair and renew skin. Locks in moisture to prevent skin dryness.
- *Coconut oil* – skin-conditioning agent rich in antioxidants, it provides deep hydration and improves skin elasticity.
- *Fig* – rich in vitamin B & C, minerals and omega 3, keeps skin moisturised and conditioned.
- *Liquorice root extract* – anti-irritant and powerful antioxidant that help protect skin against environmental factors. Helps reduce the appearance of age spots and uneven pigmentation.
- *Pomegranate seeds* – packed with vitamin C, increases the longevity of collagen and elastin producing cells to keep skin feeling supple.

HOW TO APPLY/USE:

Massage lashings into your skin morning and night, or whenever your skin begs for care and attention.



PARTNER PRODUCTS:

DUVET is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquillity.

Other products in this peace-loving range include:

- QUIETUDE
- DRIFT AWAY
- REPOSE
- SIESTA FOREVER
- KEEP THE PEACE

We also love to partner it with: SUGAR BUFF and GO FIGURE.

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ Free from synthetic colours
- ✓ No animal-derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Aqua (Water), Olea Europaea (Olive) Fruit Oil, Hydrogenated Polydecene, C12-15 Alkyl Benzoate, Glycerin, Dimethicone, Arachidyl Alcohol, Caprylic/Capric Triglyceride, Cocos Nucifera (Coconut) Oil, Coco-Caprylate, Plukenetia Volubilis Seed Oil, Phenoxyethanol, Behenyl Alcohol, Xylitylglucoside, Parfum (Fragrance), Anhydroxylitol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Tocopheryl Acetate, Arachidyl Glucoside, Glyceryl Stearate, Propylene Glycol, Xylitol, Acacia Senegal Gum, Xanthan Gum, Disodium EDTA, Ethylhexylglycerin, Ficus Carica (Fig) Fruit Extract, Paullinia Cupana Seed Extract, Sodium Hydroxide, Punica Granatum Seed Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Caprylyl Glycol, Tocopherol, Sorbic Acid, Benzyl Benzoate, Citronellol, Eugenol, Geraniol, Limonene, Linalool, Alpha-Isomethyl Ionone.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

180 ml / 5 fl.oz.

PACKAGING:

100% recyclable packaging: PP jar & lid including 30% PCR in sustainable FSC-certified & recyclable carton.



TEMPLESIPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESIPA.COM

IN GOOD SPIRITS

ENERGISING BATHING & MASSAGE OIL

revives & hydrates
argan | sunflower | ginger

The ultimate pick me up!

This luxurious treatment oil will help boost your energy levels and leave you feeling... IN GOOD SPIRITS! Its refreshing, invigorating blend of over 30 Mediterranean essential oils, including lemon, mandarin, grapefruit, bergamot, ginger and peppermint, work together to hydrate your skin and elevate your mood. You'll feel restored in no time. Perfect when you need a real pep-up. It's top-to-toe revival in a bottle.

BENEFITS:

- ✓ Revitalises body & soul
- ✓ Massage & bath oil in one
- ✓ Transforms into a luxurious bath milk
- ✓ Intensely hydrating

CATEGORY:

Soul Therapy | Energy & Strength

SUITABLE FOR:

Unisex | All skin types

USES:

- Deep tissue, energising massage
- Energising bathing regime
- To uplift, revive and kick start your day

KEY INGREDIENT CLAIMS:

- *Grape seed oil* – deeply moisturising, rich in antioxidants, helps maintain skin elasticity and treats dry skin conditions.
- *Sunflower oil* – rich in vitamin E. Soothing and calming properties, helps dry or damaged skin.
- *Apricot kernel oil* – extremely nourishing to the skin. Helps skin feel softer and smoother, reduces dryness and keeps skin supple and in good condition.
- *Ginger oil* – energising, warming and stimulating aroma, helps to boost blood circulation.
- *Bergamot* – energising, antiseptic and helps alleviate stress.

HOW TO APPLY/USE:

For an energising massage pour a few drops of this beautiful oil into the palm of your hand. Smooth it into the skin using firm upward strokes in the direction towards the heart. For an uplifting bath, pour one capful under running water and agitate to mix in. Note – it is always advisable to protect the floor or bed with a towel to prevent splashes of oil.



PARTNER PRODUCTS:

IN GOOD SPIRITS is part of our Soul Therapy | Energy & Strength range – uplifting aromatherapy products that give you a boost of energy when you need it.

Other products in this range include:

- SPIRITUDE
- IT'S A WONDERFUL LIFE
- BREATH OF LIFE
- LIGHT MY FIRE

INGREDIENTS: Vitis Vinifera (Grape) Seed Oil, Caprylic / Capric Triglyceride, Helianthus Annuus (Sunflower) Seed Oil, C12-13 Pareth-3, Olea Europaea (Olive) Fruit Oil, Prunus Armeniaca (Apricot) Kernel Oil, Parfum (Fragrance), Citrus Limon (Lemon) Peel Oil, Citrus Nobilis (Mandarin Orange) Peel Oil, Tocopheryl Acetate, Argania Spinosa Kernel Oil, Mauritia Flexuosa Fruit Oil, Citrus Sinensis (Orange) Peel Oil Expressed, Benzyl Benzoate, Citral, Citronellol, Geraniol, Hexyl Cinnamal, Limonene, Linalool.

SIZE:

100 ml / 3.3 fl.oz.

PACKAGING:

Cap – PP and widely recyclable

Bottle – Glass and widely recyclable

Carton – Sustainable FSC & 100% recyclable carton.



IT'S A WONDERFUL LIFE

ENERGISING SHOWER SCRUB

revives & exfoliates

lemon | bergamot | wild mint

Get up & glow

A deliciously zesty shower scrub that will help brighten your day or revive you when weary. For all over invigorating body cleansing with added melting jojoba beads and walnut shell to buff and polish your skin to silky smoothness. Fresh Mediterranean essential oils of grapefruit, bergamot, ginger, lemon tea tree and water mint work together to really make your day. Your mind, body and soul wake-up call.

BENEFITS:

- ✓ Leaves skin feeling cleansed and refreshed
- ✓ Brightens dull, lacklustre skin
- ✓ Makes you & your body sing
- ✓ Exfoliator and shower gel in one

CATEGORY:

Soul Therapy | Energy & Strength

SUITABLE FOR:

Unisex | All skin types

USES:

- To cleanse
- To smooth skin
- To energise and uplift

KEY INGREDIENT CLAIMS:

- *Jojoba oil beads* – natural & gentle exfoliant with moisturising properties.
- *Walnut shell powder* – naturally exfoliates skin by removing dead skin cells to reveal silky soft skin.
- *Lemon tea tree oil* – invigorating, energy-boosting citrus aroma.
- *Water mint* – refreshing & cooling sensation on skin.

HOW TO USE:

Apply to wet skin, lather up and massage all over. Pay special attention to dry areas like elbows and knees. Rinse with clean water to leave your skin refreshingly fragrant and gorgeously radiant.



PARTNER PRODUCTS:

IT'S A WONDERFUL LIFE is part of our Soul Therapy | Energy & Strength range – uplifting products that give you a boost of energy when you need it.

Other products in this range include:

- SPIRITUDE
- IN GOOD SPIRITS
- LIGHT MY FIRE
- BREATH OF LIFE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Disodium Cocoyl Glutamate, Coco-Glucoside, Glycerin, Lauryl Glucoside, Acrylates Copolymer, PEG-7 Glyceryl Cocoate, Hydrogenated Jojoba Oil, Glyceryl Caprylate/Caprate, Propylene Glycol, Sodium Chloride, Glyceryl Oleate, Phenoxyethanol, Leptospermum Petersonii Oil, Parfum (Fragrance), Juglans Regia (Walnut) Shell Powder, Triethanolamine, Hydrated Silica, Citric Acid, Benzophenone-4, Mentha Citrata Herb Oil, Disodium EDTA, Ethylhexylglycerin, Tocopherol, Hydrogenated Palm Glycerides Citrate, Benzyl Benzoate, Citronellol, Farnesol, Geraniol, Hexyl Cinnamal, Limonene, Linalool, CI 47005 (D&C Yellow No.10), CI 19140 (FD&C Yellow No.5).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

150 ml / 5 fl.oz

PACKAGING:

100% recyclable tube with 30% PCR and handy flip-top cap in a sustainable & recyclable FSC carton.



KEEP THE PEACE

RELAXING AROMATIC DIFFUSER

Create a moment of peace with this aromatic diffuser. With Mediterranean essential oils of lavender, geranium, chamomile, frankincense and a touch of patchouli too, it brings a sense of warmth and tranquillity to the air and spaces around you. Great to place at the bedside for night-time sleep prep, or anywhere in your home for a calm and relaxed vibe.

Peaceful home, peaceful life.



CATEGORY:

Soul Therapy | Peace & Relaxation

BENEFITS:

- ✓ Transforms the space around you into a haven of calm & tranquillity
- ✓ Provides long-lasting fragrance lift
- ✓ Warming, relaxing aroma
- ✓ Sophisticated packaging to help dress any room

KEY INGREDIENT CLAIMS:

- *Lavender* – calming, soothing, great for aching muscles and easing tension.
- *Patchouli* – a natural relaxant with anti-depressant qualities.
- *Frankincense* – produces a sense of calm and deepens breathing.
- *Orange peel* – promotes a happy, relaxed feeling.
- *Geranium* – feel-good aroma that helps alleviate stress and anxiety.
- *Chamomile* – soothes, relaxes and helps to induce sleep.

USES:

- For your home, office or any space where you want to generate a peaceful, relaxed atmosphere
- To refresh the atmosphere in a room

HOW TO USE:

Unscrew the silver collar and remove the protective black disc from the bottle. Screw the silver collar back on.

Place the reeds into the diffuser bottle one at a time ensuring even distribution.

Each reed soaks up the fragrance, diffusing into the air, leaving the air beautifully scented.

Turn the reeds every 5 days to ensure constant throw of the fragrance.

Keep the protective disc in a safe place. Should you wish to move the diffuser in future, be sure to remove the reeds, replace the disc & collar securely, and keep the reeds safe.

PARTNER PRODUCTS:

KEEP THE PEACE is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquillity.

Other products in this peace-loving range include:

- SIESTA FOREVER
- QUIETUDE
- REPOSE
- DRIFT AWAY
- DUVET

SIZE:

200ml / 6.7fl.oz.

PACKAGING:

Recyclable glass vessel in sustainable FSC-certified & recyclable carton.



LIGHT MY FIRE

ENERGISING AROMATIC CANDLE

Liven up your space!

You know those times when you want to fill your room with welcoming energy and verve? Those times when you have a lot to do and need a bit of get-up-and-go? Well, LIGHT MY FIRE is the perfect aromatic motivator! It has a stunningly fresh, upbeat blend of pure essential oils to liven up the atmosphere of any space in your home or office, and includes clary sage, grapefruit, ginger, orange, peppermint and bergamot. You might even find yourself whistling... come on baby LIGHT MY FIRE!

BENEFITS:

- ✓ Burn time up to 45 hours
- ✓ Fresh, upbeat aromatic blend of essential oils including clary sage, grapefruit, ginger, orange, peppermint and bergamot

CATEGORY:

Soul Therapy | Energy & Strength

SUITABLE FOR:

All spaces

USES:

- Create an uplifting aroma for any occasion
- Create a spa ambience in your own setting
- Beautifully enhance the mood of a space

PARTNER PRODUCTS:

LIGHT MY FIRE is part of our Soul Therapy | Energy & Strength range – uplifting products that give you a boost of energy when you need it.

Other products in this range include:

- IN GOOD SPIRITS
- BREATH OF LIFE
- IT'S A WONDERFUL LIFE
- SPIRITUDE

SIZE:

200g

PACKAGING:

100% recyclable packaging, glass vessel in sustainable FSC-certified & recyclable carton.



LIGHT RELIEF

CBD SKIN BOOSTER OIL

calms & settles

CBD | hemp | mandarin

Give me strength!

Enriched with hemp, CBD and green mandarin oils, this light-weight superfood oil is designed to support the recovery process and bring comfort to stressed out, fragile, dry or dehydrated, skin. Calming down signs of redness and irritation plus alleviating blemishes. A soothing blend of coconut, hemp and olive oils together deliver a deep-down rescue mission for your skin.

BENEFITS:

- ✓ Calms skin
- ✓ Deeply moisturising & softening
- ✓ Green mandarin essential oil to settle the mind
- ✓ 3% CBD complex

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

Unisex | All skin types

KEY INGREDIENT CLAIMS:

- **CBD complex** – a rich, naturally-derived source of essential skin nutrients, known to deliver multiple benefits to the skin.
 - **Hemp seed oil** – or Cannabis Sativa Seed Oil, a deeply nourishing oil made from cold-pressed hemp seeds rich in essential Omega-3 & Omega-6 acids. Helps to improve skin concerns like dryness or redness.
 - **Cannabidiol** – or CBD, is a non-psychoactive component of the Cannabis Sativa plant which is known for its antioxidant & anti-inflammatory properties. Ability to interact with neurotransmitters to help with anxiety and stress.
 - **Linoleic acid** – fatty acid that nourishes and strengthens the skin barrier. Helps to balance the skin's natural sebum production, it can significantly benefit acne-prone skin. Works to nourish and protect the skin without being too heavy.
- **Olive oil** – one of the best skin-nourishing agents packed with strong antioxidant such as vitamin A and E that help repair and renew skin. Locks in moisture to prevent skin dryness.
- **Coco-caprylate/Caprates** – skin-conditioning agent naturally derived from coconut oil, provides deep intense hydration without a greasy feel.
- **Green mandarin** – known for its soothing properties on the nervous system, promotes a cheerful, energised mood.



HOW TO USE:

After cleansing and toning, apply a few drops of LIGHT RELIEF directly onto skin and massage in using upward & outward movements.

Alternatively, add a couple of drops to your serum, moisturiser, hand cream or body lotion to boost your daily routine.

PARTNER PRODUCTS:

LIGHT RELIEF is partnered with STRESS NOT in our skin-soothing duo TO THE RESCUE, working together to press the reset button for stressed, fragile or frazzled skin, achy muscles and tired minds

We also love to partner it with our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquillity:

Other products in this peace-loving range include:

- QUIETUDE
- DRIFT AWAY
- REPOSE
- SIESTA FOREVER

INGREDIENTS: Coco-Caprylate/Caprates, Undecane, Tridecane, Cannabis Sativa Seed Oil, Citrus Nobilis (Mandarin Orange) Peel Oil, Limonene, Hydrogenated Olive Oil Unsaponifiables, Cannabidiol, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

10 ml / 0.3 fl.oz.

PACKAGING:

Glass bottle with dropper, widely recyclable once pipette removed



QUIETUDE

CHILL OUT & SLEEP WELL MIST

unwinds & soothes

lavender | chamomile | patchouli

The ambience of a spa in a bottle!

Surround yourself with a beautiful aroma of stillness! QUIETUDE is a body and room fragrance, crafted from a blend of the most cocooning Mediterranean essential oils of cedarwood, cypress, lavender, clove, vetiver, orange, patchouli, frankincense and chamomile. This wonderful soothing aroma leaves your skin, body and soul wrapped in a blanket of serenity.

BENEFITS:

- ✓ Relaxing essential oil fragrance
- ✓ Restores and comforts
- ✓ Gives you a heavenly hug
- ✓ Creates a spa wherever you are
- ✓ Aids to promote a restful night's sleep
- ✓ Helps deepen breathing
- ✓ Induces instant peace and calm
- ✓ Helps ease insomnia or jetlag
- ✓ Helps soothes the nerves

CATEGORY:

Soul Therapy | Peace & Relaxation

USES:

- Body fragrance
- Room mist
- Pillow spray

KEY INGREDIENT CLAIMS:

- *Cedarwood oil* – a natural sedative with calming and soothing benefits on the mind.
- *Lavender* – relaxing aroma that helps induce sleep, helps to calm nerves.
- *Clove oil* – sweet, spicy note that acts as a powerful stress buster.
- *Vetiver* – a well-known sedative.
- *Patchouli* – a natural relaxant with anti-depressant qualities.
- *Frankincense* – produces a sense of calm and deepens breathing.
- *Bitter orange* – comforting & calming properties.
- *Chamomile* – soothing & relaxing aroma that helps induce sleep.

HOW TO APPLY/USE:

Spray this delicious mist on your body, your pillow and in the space around you to induce a feeling of peace and calm.



PARTNER PRODUCTS:

QUIETUDE is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquility.

Other products in this peace-loving range include:

- DRIFT AWAY
- DUVET
- REPOSE
- SIESTA FOREVER
- KEEP THE PEACE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Alcohol Denat., Aqua (Water), Parfum (Fragrance), PEG-40 Hydrogenated Castor Oil, Disodium EDTA, Linalool, Limonene, Benzyl Benzoate, Geraniol, Citronellol, Alpha-Isomethyl Ionone, Eugenol, Cinnamyl Alcohol, CI 19140 (FD&C Yellow No. 5), CI 14700 (FD&C Red No. 4), CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

100 ml / 3.3 fl.oz.

PACKAGING:

Bottle & pump - Unfortunately this is non-recyclable due to the pump. Please stay with us while we look for an alternative!

Cap - Made from PP and is easily recycled so just pop in your plastic recycling bin at home.

Carton - Made from 100% sustainably sourced FSC paper, simply pop in your card and paper bin so you can meet again.



REPOSE

RELAXING NIGHT CREAM

nourishes & de-stresses
multivitamins | hops | jojoba

A good night's sleep in a jar!

This beautiful sumptuous cream helps you rest easy while it nourishes your skin by replacing lost moisture. The cashmere texture sinks in immediately, leaving your complexion feeling ultra-smooth and hydrated. REPOSE is a gorgeous mélange of essential oils including frankincense, lavender, patchouli, geranium, chamomile & vetiver combined with hops all renowned for aiding rest and known for their soothing and relaxing aromas. Mmmm...heaven!

BENEFITS:

- ✓ Relaxation & skincare in one
- ✓ Helps settle & moisturise
- ✓ Comforting essential oils

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

All skin types

USES:

- Facial moisturiser
- Night cream & rest-day moisturiser in one
- Applied to the pulse points will relieve anxiety

KEY INGREDIENT CLAIMS:

- *Lavender* – calming, soothing, great for aching muscles and easing tension.
- *Jojoba* – deeply hydrating by locking in moisture, helps to maintain skin suppleness, soothing and settling properties.
- *Hops* – powerful antioxidant that promote healthy and young-looking skin. Nourishes dry and stressed skin.
- *Patchouli* – a natural relaxant known for its mood-enhancing qualities.
- *Frankincense* – produces a sense of calm and deepens breathing.
- *Bitter orange* – comforting & calming properties.
- *Geranium* – feel-good aroma that helps alleviate stress and anxiety.
- *Chamomile* – soothing & relaxing aroma that helps induce sleep.
- *Galbanum* – a natural decongestant that helps deepen breathing for a more restful sleep.
- *Vitamin E* – soothing, antioxidant and protect cells from environmental pollutants.
- *Vitamin A* – helps to improve skin's elasticity.
- *Panthenol (Vitamin B5)* – deeply moisturising, promotes healthy looking skin, reduces the appearance of fine lines, wrinkles & age spots.

HOW TO APPLY / USE:

Massage into face & neck any time you and your skin need to rest. Great as a night cream, as a 2-hour mask to revive tired skin or pressed on pulse points. Pure slumber in a jar!



PARTNER PRODUCTS:

REPOSE is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquility.

Other products in this peace-loving range include:

- QUIETUDE
- DUVET
- DRIFT AWAY
- LIGHT RELIEF
- STRESS NOT
- SIESTA FOREVER
- KEEP THE PEACE

INGREDIENTS: Aqua (Water), Ethylhexyl Stearate, Stearic Acid, Cetearyl Ethylhexanoate, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Alcohol, Dimethicone, Glycerin, Triethanolamine, Parfum (Fragrance), Phenoxyethanol, Panthenol, Tocopheryl Acetate, Ethylhexylglycerin, Retinyl Palmitate, Caprylic/Capric Triglyceride, Sodium Hyaluronate, Humulus Lupulus (Hops) Extract, Alcohol Denat., Tocopherol, Sodium Benzoate, Sorbic Acid, Citric Acid, Alpha-Isomethyl Ionone, Benzyl Benzoate, Citronellol, Eugenol, Geraniol, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

15 ml / 0.5 fl.oz.
50 ml / 1.6 fl.oz.

PACKAGING:

100% recyclable packaging; lid made from PP, shive made from LDPE and jar made from PET which are widely recyclable. Carton is recyclable and made in sustainable FSC-certified carton.

WHAT THE INDEPENDENT TRIALS SAY:

- 90% said the aroma of the face cream is soothing
- 89% said this face cream leaves their skin instantly smoother and hydrated
- 78% said this cream left their skin feeling comforted & settled
- 71% said that the aroma of the face cream improves the quality of sleep

* based on a panel size of 117



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

SIESTA FOREVER

RELAXING AROMATIC CANDLE

Calm your space!

Imagine you are in the relaxation room of the most exquisite spa you've ever been in... a wonderfully, chilled out ambience wraps around you and you just know everything is going to be okay! We've captured that experience in the aroma of this beautiful candle. It's infused with a warming essential oil blend that includes lavender, petitgrain, geranium, frankincense, chamomile, myrrh, black pepper, dill and patchouli. We just know you'll want to SIESTA FOREVER all night (and day) long!

BENEFITS:

- ✓ Burn time up to 45 hours
- ✓ Warming, relaxing, aromatic blend of Mediterranean-inspired essential oils including lavender, petitgrain, geranium, frankincense, chamomile, myrrh, black pepper, dill and patchouli.

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

All spaces

USES:

- Creating a relaxing aroma for any occasion
- Create a spa ambience in your own setting
- Beautifully enhance the mood of a space

PARTNER PRODUCTS:

SIESTA FOREVER is a part of our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquillity.

Other products in this peace-loving range include:

- DRIFT AWAY
- DUVET
- REPOSE
- QUIETUDE
- KEEP THE PEACE

SIZE:

200g

PACKAGING:

100% recyclable packaging, glass vessel in sustainable FSC-certified & recyclable carton.



SPIRITUDE

ENERGY-BOOSTING MIST

restores & re-vitalises

ginger | mandarin | bergamot

Give your soul a lift!

SPIRITUDE is a body and room essence with a zesty fresh aroma of Mediterranean essential oils including lemon, passion fruit, bergamot, grapefruit, peppermint and ginger. The wonderfully energising fragrance is just the thing when you need help to restore your equilibrium and lift flagging spirits. A touch of vitality when you're lacking energy, or feeling a little tired. The ultimate pick-me-up!

BENEFITS:

- ✓ A great wake-up call
- ✓ Energises body & soul
- ✓ Great for that 'foggy' feeling
- ✓ Air & body fragrance in one

CATEGORY:

Soul Therapy | Energy & Strength

SUITABLE FOR:

Unisex | All skin types

USES:

- For those looking for the ultimate pick-me-up!
- Weary travellers and workers in need of a boost
- Anyone who is lacking energy or feeling tired
- For those seeking an uplifting atmosphere

KEY INGREDIENT CLAIMS:

- *Lemon oil* – naturally purifying, helps to lift mood and fight depression.
- *Mandarin oil* – a natural relaxant with tonic properties that sweeps anxiety away!
- *Bergamot* – energising, antiseptic and helps alleviate stress.
- *Wild mint* – wakening & stimulating aroma.
- *Juniper fruit oil* – stimulates all the activities within the body, helps overcome tiredness.
- *Coriander fruit oil* – rich in vitamins & minerals, a real pick-me-up fragrance.
- *Ginger oil* – energising, warming and stimulating aroma, helps to boost blood circulation.

HOW TO APPLY/USE:

Spray this uplifting mist lightly on the body and in the space around you.



PARTNER PRODUCTS:

SPIRITUDE is part of our Soul Therapy | Energy & Strength range – uplifting products that give you a boost of energy when you need it.

Other products in this range include:

- IT'S A WONDERFUL LIFE
- LIGHT MY FIRE
- IN GOOD SPIRITS
- BREATH OF LIFE

OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Professional strength formula

INGREDIENTS: Alcohol Denat, Aqua (Water), Limonene, PEG-40 Hydrogenated Castor Oil, Parfum (Fragrance), Citrus Limon (Lemon) Peel Oil, Citrus Nobilis (Mandarin Orange) Peel Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Disodium EDTA, Benzyl Benzoate, Citral, Citronellol, Geraniol, Hexyl Cinnamal, Linalool, CI 19140 (FD&C Yellow No. 5).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

100 ml / 3.3 fl.oz

PACKAGING:

Bottle & pump - Unfortunately this is non-recyclable due to the pump. Please stay with us while we look for an alternative!

Cap - Made from PP and is easily recycled so just pop in your plastic recycling bin at home.

Carton - Made from 100% sustainably sourced FSC paper, simply pop in your card and paper bin so you can meet again.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

STRESS NOT

ALL-OVER CBD BALM

calms & settles

CBD | hemp | mandarin

Top-to-toe skin whisperer!

This clever multi-purpose CBD-infused balm has 2 missions. The first to bring comfort to stressed out, dry and dehydrated skin. The second to bring anti-inflammatory relief to aches and pains, ease overworked muscles and settle a frayed mind. A deeply soothing blend of shea butter, vitamin E and 9 powerful and nourishing superfood oils, including hemp, canola, rice bran and apricot that together deliver a deep-down dose of do-good.

BENEFITS:

- ✓ Calms skin
- ✓ Deeply moisturising & softening
- ✓ Green mandarin essential oil to settle the mind
- ✓ 3% CBD complex

CATEGORY:

Soul Therapy | Peace & Relaxation

SUITABLE FOR:

Unisex | All skin types

KEY INGREDIENT CLAIMS:

- **CBD complex** – a rich, naturally-derived source of essential skin nutrients, known to deliver multiple benefits to the skin.
 - **Hemp seed oil** – or Cannabis Sativa Seed Oil, a deeply nourishing oil made from cold-pressed hemp seeds rich in essential Omega-3 & Omega-6 acids. Helps to improve skin concerns like dryness or redness.
 - **Cannabidiol** – or CBD, is a non-psychoactive component of the Cannabis Sativa plant which is known for its antioxidant & anti-inflammatory properties. Ability to interact with neurotransmitters to help with anxiety and stress.
 - **Linoleic acid** – fatty acid that nourishes and strengthens the skin barrier. Helps to balance the skin's natural sebum production, it can significantly benefit acne-prone skin. Works to nourish and protect the skin without being too heavy.
- **Olive fruit oil** – one of the best skin-nourishing agents packed with strong antioxidant such as vitamin A and E that help repair and renew skin. Locks in moisture to prevent skin dryness.
- **Avocado oil** – contains skin-nourishing vitamins A, D & E, amino acids and minerals. Deeply moisturising, helps to maintain soft & supple skin.
- **Rice bran oil** – packed with antioxidants, vitamins B & E, it soothes, hydrates, and protects the skin.
- **Apricot kernel oil** – extremely nourishing to the skin. Helps skin feel softer and smoother, reduces dryness and keeps skin supple and in good condition.
- **Green mandarin** – known for its soothing properties on the nervous system, promotes a cheerful, energised mood.



HOW TO USE:

Apply a small amount thinly onto desired areas of the skin and massage in. Use as often as necessary.

PARTNER PRODUCTS:

STRESS NOT is partnered with LIGHT RELIEF in our skin-soothing duo TO THE RESCUE, working together to press the reset button for stressed, fragile or frazzled skin, achy muscles and tired minds

We also love to partner it with our Soul Therapy | Peace & Relaxation range – products that are all about helping you find that space for rest and relaxation, created to bring an immediate sense of peace and tranquillity:

Other products in this peace-loving range include:

- QUIETUDE
- DRIFT AWAY
- REPOSE
- SIESTA FOREVER

INGREDIENTS: Elaeis Guineensis (Palm) Kernel Oil, Vitis Vinifera (Grape) Seed Oil, Butyrospermum Parkii (Shea) Butter, Prunus Armeniaca (Apricot) Kernel Oil, Synthetic Beeswax, Oryza Sativa (Rice) Bran Oil, Brassica Campestris (Rapeseed) Seed Oil, Persea Gratissima (Avocado) Oil, Shea Butter Ethyl Esters, Citrus Nobilis (Mandarin Orange) Peel Oil, Trihydroxystearin, Limonene, Cannabis Sativa Seed Oil, Olea Europaea (Olive) Fruit Oil, Tocopheryl Acetate, Zea Mays (Corn) Starch, Polyvinyl Alcohol, Glycerin, Cannabidiol, Citric Acid, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz.

PACKAGING:

100% recyclable tin



TEMPLESPA Ltd. | Littlehampton BN17 6JX England

Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.

TEMPLESPA.COM

The image features a vibrant teal watercolor wash as a background. The paint is applied in a textured, layered manner, creating various shades of blue and green with soft, feathered edges. The overall effect is artistic and organic. Centered on this background is the word "Fragrance" written in a clean, white, cursive script font. The word is the focal point of the composition, standing out clearly against the busy, colorful background.

Fragrance

MY ESSENCE

EAU DE TOILETTE

Unique. Like you.

There's only one you. You have a heart, soul and unique essence.

Composed like a Mediterranean melody, MY ESSENCE opens with zesty top notes of bergamot & petitgrain, blooms with a heart of jasmine, neroli & rose absolute and rests on a base of cedarwood & amber. And its soul? ... A secret essence that cleverly adapts to release a scent that's exclusively yours. Empowered, expressive and individual.

BENEFITS:

- ✓ Beautiful scent that boosts your confidence
- ✓ Emphasises your own unique essence
- ✓ Long lasting fragrance
- ✓ A little goes a long way

CATEGORY:

Fragrance | Citrus Woody

SUITABLE FOR:

Unisex

KEY INGREDIENT CLAIMS:

Top Notes

- *Bergamot* – beautiful citrus scent, with a freshness and crispness to it, that can lift many a fragrance, as well as your mood.
- *Petitgrain* – fresh & zesty oil derived from the leaves and branches of the orange tree. It has the sweetness of orange blossom, with a woody, green and slightly masculine edge.
- *Peach skin* – soft fruity note that contrasts the citrus notes beautifully, to create a subtle sweetness.

Heart Notes

- *Jasmine Sambac* – adds a floral, yet soft note, that pairs wonderfully with the Neroli to create an uplifting feel that lasts.
- *Neroli* – rich floral scent, that works well to enhance and lengthen the citrus notes in the fragrance, whilst also using its soothing effect on your mood.
- *Rose Absolute* – brings an aspect of floral freshness, it lifts the fragrance and creates a lasting softness. It is also calming and balancing.

Base Notes

- *Cedarwood* – gentle, woody scent that adds depth and softness to a fragrance.
- *Amber* – warm, rich and musky, with a comforting, honey-like quality.

Soul

- *Soul Complex* – a molecular complex that works uniquely with your skin to bring out a moreish, alluring softness in the fragrance.



HOW TO USE:

With sophisticated ease, spritz onto your pulse points (on wrists, behind ears and on neck) breathe in and fall in love with it every time.

Top tip – spray through your hair to carry the deliciousness with you, with each swish.

INGREDIENTS: Alcohol Denat., Aqua (Water), Parfum (Fragrance), Limonene, Hexyl Cinnamal, Geraniol, Linalool, Citral.

SIZE:

50ml / 1.6 fl.oz.

PACKAGING:

Turquoise sprayed glass bottle in an FSC-certified carton.



The image features a vibrant teal watercolor wash as a background. The paint is applied in a textured, layered manner, creating various shades of blue and green with soft, feathered edges. The overall effect is artistic and organic. Centered on this background is the text "Spa Luxe" written in a clean, white, cursive script. The letters are well-defined and contrast sharply with the darker teal tones.

Spa Luxe

ALL IN HAND

CLEANSING HAND WASH

Clean as a whistle!

This wonderfully refreshing hand wash revitalises and leaves hands exquisitely soft, thoroughly clean and naturally fragrant. With a delicious Mediterranean essential oil blend of amber, cedar wood, cinnamon and nutmeg with a squeeze of fresh bergamot and Seville orange on top. A spa-luxe experience in a bottle.

BENEFITS:

- ✓ Super gentle to the skin
- ✓ Creamy rich lather
- ✓ Long lasting fragrance

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

All skin types

KEY INGREDIENT CLAIMS:

- *Aloe Vera* – replenishes lost moisture to the skin. Softening, soothing, restoring, and anti-inflammatory.
- *Bergamot* – natural antiseptic. Purifying, cooling and energising.
- *Nutmeg* – antiseptic, stimulant, antioxidant.
- *Patchouli* – antiseptic, anti-inflammatory and known to have mood enhancing benefits.

HOW TO APPLY/USE:

Apply to wet hands, lather up and rinse.

PARTNER PRODUCTS:

ALL IN HAND is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are. ALL IN HAND partners specifically with ALL IS WELL hydrating hand lotion.

Other products in this range include:

- GOOD HAIR DAY
- IN GOOD CONDITION
- LA LA LAGOON
- PEACE BE STILL



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Free from synthetic colours

INGREDIENTS: Aqua (Water), Sodium C14-16 Olefin Sulfonate, Cocamidopropyl Betaine, PEG-7 Glyceryl Cocoate, Glycerin, Sodium Chloride, Parfum (Fragrance), Phenoxyethanol, Sodium Benzoate, PEG-120 Methyl Glucose Dioleate, Citric Acid, Panthenol, Benzophenone-4, Disodium EDTA, Aloe Barbadensis Leaf Juice Powder, Tocopherol, Citral, Eugenol, Limonene, Linalool, Caramel.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

300ml / 10fl.oz.

PACKAGING:

Bottle – made from PET with 30% PCR
Pump – not currently recyclable but we're working on an alternative!



ALL IS WELL

HYDRATING HAND LOTION

The smooth operator!

This beautifully sophisticated 3-in-1 lotion deeply moisturises hand, nails and cuticles. The super smooth and quickly absorbed formula is blended with Mediterranean essential oils of amber, cedar wood, patchouli, and nutmeg with a squeeze of fresh bergamot and Seville orange on top. Leaves hands nourished and wonderfully fragranced.

BENEFITS:

- ✓ Softer feeling skin
- ✓ Long lasting hydration
- ✓ Kind skincare for the hands

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

All skin types

KEY INGREDIENT CLAIMS:

- *Vitamin B5* – deeply moisturising, conditioning and rejuvenating.
- *Bergamot* – natural antiseptic. Purifying, cooling and energising.
- *Nutmeg* – natural antiseptic and antioxidant. Stimulating.
- *Patchouli* – antiseptic, anti-inflammatory and known to have mood enhancing benefits.

HOW TO APPLY/USE:

Apply to clean and dry hands after you have washed with ALL IN HAND cleansing hand wash, or as often as required.

PARTNER PRODUCTS:

ALL IS WELL is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are. ALL IS WELL partners specifically with ALL IN HAND cleansing hand wash.

Other products in this range include:

- GOOD HAIR DAY
- IN GOOD CONDITION
- LA LA LAGOON
- PEACE BE STILL



OTHER CREDENTIALS:

- ✓ Natural plant extracts
- ✓ No animal derived ingredients
- ✓ Free from synthetic colours
- ✓ Essential oils

INGREDIENTS: Aqua (Water), Caprylic/Capric Triglyceride, Cetearyl Alcohol, Ethylhexyl Stearate, Sorbitan Palmitate, Polysorbate 40, Dimethicone, Sodium PCA, Triethanolamine, Panthenol, Polyquaternium-39, Parfum (Fragrance), Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Ethylhexylglycerin, Sodium Benzoate, Phenoxyethanol, Limonene, Linalool, Eugenol, Citral.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

300ml / 10fl.oz.

PACKAGING:

Bottle – made from PET with 30% PCR
Pump – not currently recyclable but we're working on an alternative!



GOOD HAIR DAY

FREQUENT USE SHAMPOO

Have a great day!

Is it the Mediterranean plant extracts or the ability to condition as well as clean that makes this so great? This gentle formula is mild enough to use every day, is kind to the scalp and will leave hair silky and shiny. It contains ingredients to condition the hair and to help it resist split ends and damage. A GOOD HAIR DAY is exactly what you'll have!

BENEFITS:

- ✓ Cleanses & nourishes
- ✓ Locks in moisture
- ✓ Luxurious spa fragrance
- ✓ Reduces flyaways

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

Unisex | All hair types

KEY INGREDIENT CLAIMS:

- *Aloe Vera* – softening, soothing and cell-regenerating properties. Known for its healing and moisturising properties.
- *Patchouli* – a warm, spicy scent known to have mood enhancing benefits.
- *Lemon* – detoxifying, antiseptic, purifying, cooling, energising.
- *Lavender* – fresh clean aroma, with anti-viral and antiseptic properties.
- *Bergamot* – natural antiseptic. Purifying, uplifting and energising.
- *Panthenol (Vitamin B5)* – conditioning, nurses damaged hair and reduces flyaway. Plumps and moisturises hair shaft to make it appear thicker.
- *Glycerine* – helps prevent excessive moisture loss.

HOW TO APPLY/USE:

Apply to wet hair and work into a lather. Rinse with clean water and repeat if necessary.

PARTNER PRODUCTS:

GOOD HAIR DAY is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are. GOOD HAIR DAY partners specifically with IN GOOD CONDITION everyday hair conditioner.

Other products in this range include:

- ALL IN HAND
- ALL IS WELL
- IN GOOD CONDITION
- PEACE BE STILL
- LA LA LAGOON



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Sodium C14-16 Olefin Sulfonate, Cocamidopropyl Betaine, Sodium Chloride, Glycerin, Parfum (Fragrance), Phenoxyethanol, Polysorbate 20, Sodium Benzoate, Hydrolyzed Wheat Protein, Panthenol, Citric Acid, Disodium EDTA, Aloe Barbadensis Leaf Juice Powder, Anthemis Nobilis Flower Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Citrus Limon (Lemon) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citronellol, Geraniol, Limonene, Linalool, CI 19140 (FD&C Yellow No 5), CI 14700 (FD&C Red No 4).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 fl.oz. (travel size)
150 ml / 5 fl.oz

PACKAGING:

100% recyclable packaging

Tube - Made from HDPE with 30% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.

Cap - Made from PP with 100% recycled plastic and easily recycled so just pop in your plastic recycling bin at home. Make sure to leave the cap on the tube.



IN GOOD CONDITION

EVERYDAY HAIR CONDITIONER

For mint condition hair!

No hair care regime should be without a great conditioner. IN GOOD CONDITION softens and adds shine as it conditions. It nurses split ends and damage, caused by styling and blow drying, and reduces tangling, helping knots to comb out with ease.

BENEFITS:

- ✓ Softens, shines & hydrates
- ✓ Deeply nourishing
- ✓ Uplifting & energising scent

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

Unisex | All hair types

USES:

- Hair conditioner
- Detangler

KEY INGREDIENT CLAIMS:

- *Jojoba seed oil* – moisturiser and emollient agent to improve suppleness.
- *Avocado oil* – rich in biotin, vitamin E & vitamin B5, it moisturises, repairs and strengthens hair.
- *Polyquaternium-7* – complex which improves wet combing and detangling of hair due to its anti-static properties.
- *Wild mint oil* – cooling, revitalising and invigorating to the scalp.
- *Grapefruit peel oil* – stimulating, a natural hair tonic that keeps your hair shiny & strong.

HOW TO APPLY/USE:

After washing with Good Hair Day, apply In Good Condition from root to tip and leave on hair for 2–3 minutes. Rinse off thoroughly with clean water.

PARTNER PRODUCTS:

IN GOOD CONDITION is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are. IN GOOD CONDITION partners specifically with GOOD HAIR DAY frequent use shampoo.

Other products in this range include:

- ALL IS WELL
- ALL IN HAND
- GOOD HAIR DAY
- LA LA LAGOON
- PEACE BE STILL



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Cetearyl Alcohol, Dimethicone, Caprylic/Capric Triglyceride, Brassicamidopropyl Dimethylamine, Phenoxyethanol, Citric Acid, Coco-Caprylate/Caprates, Persea (Avocado) Gratiissima Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Parfum (Fragrance), Polyquaternium-7, Disodium EDTA, Benzophenone-4, Ethylhexylglycerin, Sodium Benzoate, Limonene, CI 61570 (D&C Green 5), CI 19140 (FD&C Yellow 5).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 fl.oz. (travel size)
150 ml / 5 fl.oz.

PACKAGING:

100% recyclable packaging
Tube - Made from HDPE with 30% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Cap - Made from PP with 100% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Make sure to leave the cap on the tube.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

KEEP CALM

AROMATIC CLEANSING BAR

Keep clean and calm!

A luxe triple-milled, vegetable-based cleansing bar that will leave your skin soft, clean and fresh. Formulated with skin-soothing aloe vera and an invigorating, aromatic blend of lemon verbena and orange essential oils.

BENEFITS:

- ✓ Gentle all-over cleansing
- ✓ Luxurious creamy lather
- ✓ Uplifting fragrance

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

Unisex | All Skin types

KEY INGREDIENT CLAIMS:

- *Aloe vera leaf extract* – softening, soothing & restoring.
- *Glycerine* – moisturises skin.
- *Lemon verbena oil* – fresh, vibrant, lemon aroma with restorative properties, stimulates & lifts spirits.
- *Orange oil* – mood lifting, helps to create a relaxed feeling.

PARTNER PRODUCTS:

KEEP CALM is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are.

Other products in this range include:

- ALL IN HAND
- ALL IS WELL
- GOOD HAIR DAY
- IN GOOD CONDITION
- PEACE BE STILL
- LA LA LAGOON



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal-derived ingredients

INGREDIENTS: Sodium Palmate, Sodium Palm Kernelate, Aqua (Water), Glycerin, Parfum (Fragrance), Palm Kernel Acid, Sodium Chloride, Tetrasodium EDTA, Tetrasodium Etidronate, Aloe Barbadensis Leaf Extract, Citral, Limonene, CI 77891 (Titanium Dioxide).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

40g/1.4oz

PACKAGING:

100% recyclable & FSC-certified carton.



LA LA LAGOON

AROMATIC BATH & SHOWER GEL

Out of the blue!

La la in the shower, or bathe in a marine blue lagoon – either way, let your imagination send you to exotic places as you use this relaxing, reviving, LA LA LAGOON. The unisex fragrance will soothe away any tiredness whilst it cleanses, softens and purifies.

BENEFITS:

- ✓ Suitable for all skin types
- ✓ Gently cleanses
- ✓ Softens & soothes skin
- ✓ Invigorates body & soul

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

Unisex | All skin types

USES:

- Bathing foam
- Shower gel

KEY INGREDIENT CLAIMS:

- *Aloe Vera* – softening, soothing and restoring.
- *Panthenol (Vitamin B)* – conditioning, revitalising effect on hair, nurses damaged hair, reduces flyaway.
- *Wild Mint* – cooling and invigorating to the skin.
- *Anise* – a natural antiseptic, boosts metabolism making us feel more alert.
- *Rosewood* – a mild spicy aroma that acts as a natural deodorant, helps body feel refreshed.
- *Patchouli* – a long-lasting, warm fragrance that uplifts mood & relaxes tension.
- *Tea Tree* – antibacterial, antiseptic, helps skin to heal, stimulant.
- *Bergamot* – uplifting & refreshing aroma, which is also a natural antiseptic.

HOW TO APPLY/USE:

Apply to wet skin in the shower or drizzle into the bathtub for a wonderfully frothy soak and let yourself la la away!

PARTNER PRODUCTS:

LA LA LAGOON is part of our Everyday Spa Luxe range, products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are.

Other products in this range include:

- GOOD HAIR DAY
- IN GOOD CONDITION
- PEACE BE STILL
- ALL IS WELL
- ALL IN HAND



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Cocamidopropyl Betaine, Sodium Coco-Sulfate, Coco-Glucoside, Glycerin, Polysorbate 20, Parfum (Fragrance), Phenoxyethanol, Sodium Benzoate, Citric Acid, Benzophenone-4, Disodium EDTA, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Illicium Verum (Anise) Fruit Oil, Aloe Barbadensis, Leaf Juice Powder, Panthenol, Fucus Vesiculosus Extract, Potassium Sorbate, Geraniol, Linalool, CI 17200 (D&C Red No. 33), CI 42090 (FD&C Blue No. 1).

Please check your product, ingredient lists may differ due to updates in formulations.

SIZES:

50 ml / 1.6 flo.oz (travel size)
150 ml / 5 fl.oz

PACKAGING:

100% recyclable packaging
Tube - Made from HDPE with 30% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Cap - Made from PP with 100% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Make sure to leave the cap on the tube.



PEACE BE STILL

CALMING SKIN BALM

Leave your skin in peace!

This sophisticated all-over balm deeply moisturises and softens, leaving your skin feeling oh so silky to touch. PEACE BE STILL is aromatherapy and skincare in one – with extracts of coriander, lemon, nutmeg, antioxidants and a fusion of relaxing Mediterranean essential oils and vitamin B5. An altogether deliciously textured formula that sinks into the skin immediately, leaving it ultra-smooth and beautifully settled. Calming to skin, body & soul!

BENEFITS:

- ✓ Hydration for body, hands & face
- ✓ Helps settle skin
- ✓ Comforting essential oils
- ✓ Quickly absorbed, non-greasy

CATEGORY:

Everyday Spa Luxe

SUITABLE FOR:

Unisex | All skin types

USES:

- Body balm
- Hand lotion
- Facial moisturiser

KEY INGREDIENT CLAIMS:

- *Panthenol (Vitamin B5)* – deeply moisturising, promotes healthy looking skin, reduces the appearance of fine lines, wrinkles & age spots.
- *Sodium PCA* – locks in moisture for long-lasting hydration.
- *Lemon oil* – a natural antiseptic, purifying, cooling and detoxifying.
Nutmeg – a natural antiseptic with refreshing properties, helps dull looking more radiant.
Coriander – warms & stimulates body & mind, uplifts spirits.

HOW TO APPLY/USE:

Massage over your body in long sweeping upward strokes.

PARTNER PRODUCTS:

PEACE BE STILL is part of our Everyday Spa Luxe range products that are rich in essential oils to help you create that 'just spa'd' feeling wherever you are.

Other products in this range include:

- GOOD HAIR DAY
- IN GOOD CONDITION
- LA LA LAGOON
- ALL IN HAND
- ALL IS WELL



OTHER CREDENTIALS:

- ✓ Essential oils
- ✓ Natural plant extracts
- ✓ No animal derived ingredients

INGREDIENTS: Aqua (Water), Caprylic/Capric Triglyceride, Cetearyl Alcohol, Ethylhexyl Stearate, Polysorbate 40, Sorbitan Palmitate, Triethanolamine, Phenoxyethanol, Dimethicone, Parfum (Fragrance), Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Panthenol, Polyquaternium-39, Ethylhexylglycerin, Sodium PCA, Sodium Benzoate, Citral, Coumarin, Geraniol, Limonene, Linalool.

Please check your product, ingredient lists may differ due to updates in formulations.

SIZE:

50 ml / 1.6 fl.oz. (travel size)
150 ml / 5 fl.oz.

PACKAGING:

100% recyclable packaging
Tube - Made from HDPE with 30% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Cap - Made from PP with 100% recycled plastic and easily recycled so just pop in your plastic recycling bin at home.
Make sure to leave the cap on the tube.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

The image features a vibrant teal watercolor wash as a background. The wash is composed of various shades of teal, with darker, more saturated areas and lighter, more translucent areas, creating a textured, organic feel. The edges of the wash are irregular and feathered. In the center of the image, the word "Gifting" is written in a white, elegant cursive script. The letters are fluid and connected, with a classic, slightly formal feel. The white color of the text contrasts sharply with the teal background, making it the focal point of the composition.

Gifting

ALL BEING WELL

THE WELLNESS RITUAL

Need a moment of peace but don't have much time? Feeling stressed, overwhelmed or need five to gather your thoughts?

This restorative aromatherapy kit will create a calming moment in your day, wherever you are. Practise our wellness ritual and you'll be ready to face the day again.

CATEGORY:
Gift Therapy

CONTENTS:

AAAHHH! | 50 ml
BREATH OF LIFE | 10 ml
QUIETUDE | 30 ml
REPOSE | 15 ml

AAAHHH! | instant cooling balm

Don't you just hate it when your legs feel heavy & restless and your shoulders tense & tight? This lightweight, refreshing formula is a real saviour against muscle fatigue, especially when you've been standing or working hard for too long. Rich in Mediterranean botanicals that help to cool down and packed with 5 fermented minerals to ease overworked muscles including magnesium, iron & zinc. It really does go AAAHHH!

BREATH OF LIFE | inhalation essence

Aromatherapy brain booster!

A heady blend of eucalyptus, tea tree, menthol & lavender essential oils to clear the nasal passages. Use with steam inhalation, pop on a tissue or sniff straight from the bottle. Whoa!

QUIETUDE | chill out & sleep well mist

The ultimate product to say goodbye to stress and tension. We love QUIETUDE because it can be used in a number of ways. Spritz onto your towels and drape them over a warm radiator; or simply spray in the air around you to release the wonderfully cocooning Mediterranean essential oils of cedarwood, cypress, lavender, clove, vetiver, orange, patchouli, frankincense and chamomile.



REPOSE | relaxing night cream

We call this a 'good night's sleep in a jar'. Enriched with jojoba, hops (to aid restful sleep), multivitamins and a blend of a dozen essential oils that are famous for assisting a calm mind and body. After cleansing, pop a generous scoop in each hand. Hold your hands up to your face and breathe in the aroma, then take time to gently massage all over your face and neck. You can also use it on your pulse points to help relieve anxiety, or on those duvet days when you are having a makeup break.



DO NOT DISTURB

PEACE & RELAXATION COLLECTION

Is life a bit hectic and you need to press pause? Craving some me-time or perhaps just some well-earned peace & quiet? You've found your solution! Each product is a mélange of calming aromas, cashmere textures and botanicals borrowed from the Mediterranean garden that together help you relax, restore and repose.

CATEGORY:
Gift Therapy

CONTENTS:

DO NOT DISTURB pillow
QUIETUDE | 50 ml / 1.6 fl.oz.
DRIFT AWAY | 50 ml / 1.6 fl.oz.
BECALM | 30 ml / 1 fl.oz.
DUVET | 45 ml / 1.5 fl.oz.
REPOSE | 15 ml / 0.5 fl.oz.

DO NOT DISTURB | pillow

Scent your DO NOT DISTURB pillow with QUIETUDE, hang it on the door to remind the outside world that this is your time! You can even put it under your pillow so the gorgeous aromas will help lull you to sleep, or pop it in your small's drawer!

QUIETUDE | chill out & sleep well mist

The ultimate product to say goodbye to stress and tension. We love QUIETUDE because it can be used in a number of ways. Spritz onto your towels and drape them over a warm radiator; or simply spray in the air around you to release the wonderfully cocooning Mediterranean essential oils of cedarwood, cypress, lavender, clove, vetiver, orange, patchouli, frankincense and chamomile.

DRIFT AWAY | relaxing bathing & massage oil

DRIFT AWAY is laden with relaxing essential oils in a lush base oil of sesame, jojoba and avocado. For a relaxing bath, pour under running water and agitate to mix in. Watch the water turn beautifully milky. For a soothing massage, pour a few drops into the palm of your hand and smooth it all over the body using firm, upward strokes, in a direction towards the heart. The perfect antidote to fatigue!



BECALM | soothing face mask

BECALM is a luscious, creamy- textured mask that does exactly what it promises...tells stressed skin to BECALM and happy! Super effective Calmaderm™ complex and naturally-kind cucumber, liquorice, basil, aubergine, chamomile and lavender all deliver a boost of vitamins strengthen delicate tissue and help repair lost elasticity. Strength renewed!

DUVET | comforting body cream

This luxurious, advanced cream is designed to wrap the body with hydrating, anti-ageing ingredients, leaving skin smooth, toned and deliciously fragranced. The silky, featherweight formula envelops the skin in a veil of moisture, and its exquisite texture leaves a cashmere touch. Rich in omega oils, olive, guarana, fig, pomegranate, liquorice, vitamin E and relaxing Mediterranean essential oils of lavender, frankincense, myrrh and chamomile. We call it your skin's DUVET - skin-hugging aromatherapy and skincare in one!

REPOSE | relaxing night cream

We call this a 'good night's sleep in a jar'. Enriched with jojoba, hops (to aid restful sleep), multivitamins and a blend of a dozen essential oils that are famous for assisting a calm mind and body. After cleansing, pop a generous scoop in each hand. Hold your hands up to your face and breathe in the aroma, then take time to gently massage all over your face and neck. You can also use it on your pulse points to help relieve anxiety, or on those duvet days when you are having a makeup break.



MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

BALANCING SKIN ESSENTIALS

A clever trio that knows how to purify oily areas and hydrate dryer patches, restoring beautiful skin, leaving you feeling balanced and ready to go.

BENEFITS:

- ✓ Restore
- ✓ Purify
- ✓ Balance

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types, especially combination skin

CONTENTS:

DUAL ACT | 150 ml / 5 fl.oz.

TONING ESSENCE | 150 ml / 5 fl.oz.

MOISTURE TO GO | 50 ml / 1.6 fl.oz.

DUAL ACT | wet & dry cleansing lotion

DUAL ACT is a highly intelligent formula that behaves as two cleansers in one by treating multiple skin types at the same time! It intuitively deals with an oily T-zone, whilst gently cleansing the drier areas of the face. Use on dry skin as a wipe-off lotion, or splash with water and lather it up when you feel like washing off the daily grime. Either way it is perfect for skin with a dual personality, leaving the whole face clean and smooth without being taut. The gel-lotion texture contains the savvy Combiderm™ complex, as well as Mediterranean extracts of tomato, marjoram, olive, apricot, grapefruit and wild yam, plus skin boosters and vitamins. What a great double-act performance!

TONING ESSENCE | essential mist tonic without the alcohol

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!



MOISTURE TO GO | balancing moisturiser

Clever. Advanced. A texture like pure velvet and well-behaved on both oily and dry areas of your split personality skin! Mediterranean ingredients of tomato, grapefruit, marjoram, wild yam and olive combine with vitamins and our high performance Combiderm™ complex to bring balance - absorbing excess oil and rehydrating the drier areas at the same time. We actually think MOISTURE TO GO might just be telepathic!



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

PICK & MIX YOUR KIT

No one knows your skin better than you! Whatever your skin type and whatever your preferences, tailor your skincare to what you need in the moment for healthy, beautiful, glowing skin.

BENEFITS:

- ✓ Effective cleanse
- ✓ Tone & refresh
- ✓ Moisturise & protect
- ✓ Your skin, your choice

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types

CONTENTS:

Choose your favourite cleanser, toner and moisturiser!



Step 1:
Choose your
cleanser



BE GONE UNCARTONED
150 ml / 5.0 fl.oz.



DUAL ACT UNCARTONED
150 ml / 5.0 fl.oz.



GOOD TO GO
UNCARTONED
170 ml / 5.7 fl.oz.



WAY TO GO UNCARTONED
150 ml / 5.0 fl.oz.



IN THE BEGINNING
UNCARTONED
75g / 2.5 fl.oz.

Step 2:
Choose your
toner



TONING ESSENCE
UNCARTONED
150 ml / 5.0 fl.oz.



EASY ON THE EYE
UNCARTONED
150ml / 5.0 fl.oz.



GLOWCOLIC UNCARTONED
150 ml / 5 fl.oz.

Step 3:
Choose your
moisturiser



BE STILL UNCARTONED
50 ml / 1.6 fl.oz.



DOUBLE CREAM
UNCARTONED
50 ml / 1.6 fl.oz.



MOISTURE MATTE
UNCARTONED
50 ml / 1.6 fl.oz.



MOISTURE TO GO
UNCARTONED
50 ml / 1.6 fl.oz.



LIFE DEFENCE
UNCARTONED
50 ml / 1.6 fl.oz.



TEMPLESPA Ltd. | Littlehampton BN17 6JX England
Templespa is a registered trademark of Rhythm & Blue Inc. Ltd.
TEMPLESPA.COM

MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

HYDRATING SKIN ESSENTIALS

The perfect hydrating trio to cleanse, tone and moisturise your dry, thirsty skin leaving it feeling plump and soft.

BENEFITS:

- ✓ Nourish
- ✓ Brighten
- ✓ Hydrate

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types, especially dry skin

CONTENTS:

IN THE BEGINNING | 75 g / 2.6 oz.

TONING ESSENCE | 150 ml / 5 fl.oz.

DOUBLE CREAM | 50 ml / 1.6 fl.oz.

IN THE BEGINNING | deep cleansing melt

IN THE BEGINNING is one of those 'desert island products' you can't live without! A concentrated balm that gives that 'just had a facial' feeling every time. Its unique buttery-crystalline texture melts as you massage, delivering rich vitamin E straight to your skin. Formulated with Mediterranean ingredients of olive, calendula, basil, clary and lavender to ensure a nutritious, intense cleanse, leaving skin feeling dewy and glowing with health and vitality. The result... deeply cleansed & brightened skin!

TONING ESSENCE | essential mist tonic without the alcohol

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!



DOUBLE CREAM | hydrating moisturiser

Rich. Creamy. Feel the texture and you just know this is going to make a difference! Phirmaderm™ complex and Mediterranean botanicals of olive, avocado, red pepper, horse chestnut and blackberry help rehydrate and firm, leaving skin dewy and full of vitality. DOUBLE CREAM is true salvation for seriously parched and dehydrated skin. Your skin will thank you!



MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

PROTECTING SKIN ESSENTIALS

Lucky enough to have normal skin? Our lightweight formulas will help keep it that way. This clever trio will cleanse, tone and protect your skin leaving it feeling prepped for the day ahead.

BENEFITS:

- ✓ Refresh
- ✓ Refine
- ✓ Protect

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types

CONTENTS:

GOOD TO GO | 170 ml / 5 fl.oz.

TONING ESSENCE | 150 ml / 5 fl.oz.

LIFE DEFENCE SPF30 | 50 ml / 1.6 fl.oz.

GOOD TO GO | creamy foaming cleanser

A bouncy foam skin cleanser that washes off to leave you feeling clean and uber fresh. Perfect for no-fuss people on the run who need a quick yet effective wash-off cleanser that leaves the skin soft and nourished without feeling taut. The clever pump miraculously transforms the liquid formula into a luscious creamy foamy texture. The naturally bountiful and highly nutritious formula includes aloe vera, carrot, bergamot, lemon, tangerine, cucumber, honey, watercress & multivitamins. It's Mediterranean market goodness!

TONING ESSENCE | essential mist tonic without the alcohol

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!



LIFE DEFENCE | SPF 30 moisturiser

A feather-light moisturiser provides an environmental skin filter for your face. With UVA/UVB broad-spectrum protection SPF 30, plus a potent antioxidant complex of rocket, ginseng root, vitamin E and hyaluronic acid. These clever ingredients create a barrier against the sun and skin-damaging free radicals, city pollution, air con, high energy visible blue light from digital devices and daily skin stress. LIFE DEFENCE safeguards your skin leaving it comfortable, radiant and healthy, 7 days a week, 365 days a year.



MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

PURIFYING SKIN ESSENTIALS

An SOS for those who suffer with excess oil, blemishes and breakouts. This trio will leave your skin feeling clean, clear and shine-free.

BENEFITS:

- ✓ Decongest
- ✓ Mattify
- ✓ Purify

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types, especially oily skin

CONTENTS:

WAY TO GO | 150 mL / 5 fl.oz.

TONING ESSENCE | 150 ml / 5 fl.oz.

MOISTURE MATTE | 50 ml / 1.6 fl.oz.

WAY TO GO | purifying cleansing wash

WAY TO GO a wash-off cleansing gel for people who crave that squeaky clean feeling. It's a brilliantly fresh formula that devotes itself to cleansing without leaving skin feeling taut!

The cooling gel texture is enriched with Seberderm™ complex that cleverly reduces the appearance of oily skin, plus Mediterranean botanicals of anise, bergamot, rosemary, date fruit, balm mint, pomegranate, myrtle and vitamins A & E. It has a natural foaming agent making it quick and easy to use, but gentle enough to not strip the protective layers of the skin. Clean as a whistle, and oh-so fresh!

TONING ESSENCE | essential mist tonic without the alcohol

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!



MOISTURE MATTE | mattifying moisturiser

Genius. State-of-the-art. An incredible cashmere-soft texture that targets super-shiny patches and keeps skin matte all day. MOISTURE MATTE contains classic, Mediterranean ingredients of bergamot, pomegranate, apricot, myrtle, lemongrass, anise, and vitamins A, C & E, combined with a collection of oil-absorbing microspheres...You'll fall in love with this one!



MY KINDA SKIN

ESSENTIAL SKINCARE COLLECTION

What does your skin need? Whether looking to hydrate, soothe, balance, purify, protect or glow, one of our exclusive collections will give you the results you're looking for this season. Each comes in a gorgeous black mesh bag made from recycled cotton!

SOOTHING SKIN ESSENTIALS

A soothing, prebiotic skincare trio that comes to the rescue of sensitive skin. Gently cleanses, tones and moisturises, leaving your skin feeling settled and smooth.

BENEFITS:

- ✓ Calm
- ✓ Settle
- ✓ Soothe

CATEGORY:

Gift Therapy

SUITABLE FOR:

All skin types, including sensitive skin

CONTENTS:

BE GONE | 150 ml / 5 fl.oz.

TONING ESSENCE | 150 ml / 5 fl.oz.

BE STILL | 50 ml / 1.6 fl.oz.

BE GONE | kind-hearted cleansing crème

BE GONE has an exquisitely unique, state-of-the-art elastic cream texture that literally 'springs' debris deep from within the pores to give your skin a really thorough cleanse. The elegant gentle cleansing formula is a blend of natural Mediterranean botanicals of basil, aubergine, olive, liquorice, cucumber, apricot, vitamins A & E plus the advanced science of Calmaderm™ complex that's designed to be kind and gentle on delicate skin. Your skin will feel fresh, settled and soothed. It's definitely love in action!

TONING ESSENCE | essential mist tonic without the alcohol

The cleansing finale of your daily skincare routine! Toning removes deeply embedded debris and the final traces of cleanser, to leave skin squeaky clean and ready for your favourite moisturiser. Wonderfully calming, soothing, and full to the brim with goodness to ensure pores are refined, toned and hydrated. It's quite an essential skin treatment! TONING ESSENCE has a light, refreshing texture and the fragrance is inspired by a Mediterranean summer salad. The ingredient list is straight from the markets - tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. It'll leave your skin singing!



BE STILL | settling moisturiser

Beautiful. Sophisticated. A texture like liquid silk that settles the skin immediately, leaving it smooth and hydrated. BE STILL uses calming Mediterranean ingredients of aubergine, cucumber, liquorice, basil, apricot, calendula and lavender. This vitamin enriched moisturiser with Calmaderm™ complex gives sensitive skin the comfort it craves. We even left out the things that make sensitive skin cross, like perfume and colour. Calm skin... calm you!



SILENT NIGHT

THE RELAXATION / SLUMBER KIT

Can't sleep? Feeling over-whelmed? Nerves frazzled? Need to chill? This wonderful kit of preparations will help rid you of tension and stress and restore your equilibrium.

CATEGORY:
Gift Therapy

CONTENTS:

AAAHHH! | 15 ml / 0.5 fl.oz.
DRIFT AWAY | 30 ml / 1 fl.oz.
REPOSE | 15 ml / 0.5 fl.oz.
QUIETUDE | 30 ml / 1 fl.oz.
IN THE STILLNESS
TOTAL PEACE

AAAHHH! | instant cooling balm

Don't you just hate it when your legs feel heavy & restless and your shoulders tense & tight? This lightweight, refreshing formula is a real saviour against muscle fatigue, especially when you've been standing or working hard for too long. Rich in Mediterranean botanicals that help to cool down and packed with 5 fermented minerals to ease overworked muscles including magnesium, iron & zinc. It really does go AAAHHH!

QUIETUDE | chill out & sleep well mist

The ultimate product to say goodbye to stress and tension. We love QUIETUDE because it can be used in a number of ways. Spritz onto your towels and drape them over a warm radiator; or simply spray in the air around you to release the wonderfully cocooning Mediterranean essential oils of cedarwood, cypress, lavender, clove, vetiver, orange, patchouli, frankincense and chamomile.

DRIFT AWAY | relaxing bathing & massage oil

DRIFT AWAY is laden with relaxing essential oils in a lush base oil of sesame, jojoba and avocado. For a relaxing bath, pour under running water and agitate to mix in. Watch the water turn beautifully milky. For a soothing massage, pour a few drops into the palm of your hand and smooth it all over the body using firm, upward strokes, in a direction towards the heart. The perfect antidote to fatigue!



REPOSE | relaxing night cream

We call this a 'good night's sleep in a jar'. Enriched with jojoba, hops (to aid restful sleep), multivitamins and a blend of a dozen essential oils that are famous for assisting a calm mind and body. After cleansing, pop a generous scoop in each hand. Hold your hands up to your face and breathe in the aroma, then take time to gently massage all over your face and neck. You can also use it on your pulse points to help relieve anxiety, or on those duvet days when you are having a makeup break.

IN THE STILLNESS | luxury eye duvet

A luxurious velvet duvet for the eyes. These beautiful eyeshades have been designed uniquely by Templespa in response to the usually tight, thin and harsh versions available. They are shaped ergonomically for maximum comfort over lengthy use, blocking out all light and leaving the eye area relaxed and without indentations. IN THE STILLNESS eye shades are fabulous for use on a long-haul flight or if your job demands you sleep when others are active. Pop over the eyes for a deep, undisturbed sleep and you'll soon be counting sheep!

TOTAL PEACE | earplugs

A pair of snugly fitting earplugs to help reduce outside noise to ensure your sleep is uninterrupted.



SPA RETREAT

THE SKIN VACATION

Create your own spa wherever you are. A collection of spa favourites to leave your skin feeling fabulous and your body utterly pampered, all in the comfort of your own space.

CATEGORY:
Gift Therapy

CONTENTS:
DRIFT AWAY | 30 ml / 1 fl.oz.
IN THE BEGINNING | 15 ml / 0.5 fl.oz.
BREAKFAST SMOOTHIE | 15 ml / 0.5 fl.oz.
BECALM | 15 ml / 0.5 fl.oz.
TONING ESSENCE | 30 ml / 1 fl.oz.
WINDOWS OF THE SOUL | 5 ml / 0.16 fl.oz.
BE STILL | 15 ml / 0.5 fl.oz.
AAAHHH! | 15 ml / 0.5 fl.oz.
REPOSE | 15 ml / 0.5 fl.oz.

DRIFT AWAY | relaxing bathing & massage oil

Laden with relaxing essential oils in a lush base oil of sesame, jojoba and avocado. For a relaxing bath, pour under running water and agitate to mix in. Watch the water turn beautifully milky. For a soothing massage, pour a few drops into the palm of your hand and smooth it all over the body using firm, upward strokes, in a direction towards the heart. The perfect antidote to fatigue!

IN THE BEGINNING | deep cleansing melt

One of those 'desert island products' you can't live without! A concentrated balm that gives that 'just had a facial' feeling every time. Its unique buttery-crystalline texture melts as you massage, delivering rich vitamin E straight to your skin. Rich in Mediterranean ingredients olive, calendula, basil, clary and lavender ensure a nutritious, intense cleanse, leaving skin feeling dewy and glowing with health and vitality. The result... deeply cleansed & brightened skin!

BREAKFAST SMOOTHIE | gentle exfoliator

You know those times when your skin would love a facial but there's just no time? This creamy-textured scrub is a nutritious alternative that cleanses and polishes in one and won't upset the balance of your skin. Super abundant in Mediterranean anti-ageing ingredients, honey, jojoba, olive, papaya, strawberry, orange, apricot, pear, apple and oatmeal, that hydrate and slough off dead skin cells to reveal a bright and smooth complexion. Just like a healthy smoothie!

BECALM | soothing face mask

A luscious, creamy- textured mask that does exactly what it promises...tells stressed skin to BE CALM and happy! Super effective Calmaderm™ complex, and naturally kind cucumber, liquorice, basil, aubergine, chamomile and lavender all deliver a boost of vitamins strengthen delicate tissue and help repair lost elasticity. Strength renewed!

TONING ESSENCE | essential mist tonic without the alcohol

A light, refreshing texture and the ingredients list is straight from the markets: tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. A lovely hydrating, cooling, fresh pick-me-up as well as a toner. It'll have your skin singing!



WINDOWS OF THE SOUL | eye treatment gel-cream

A velvet formula that treats the eye area with kindness. WINDOWS OF THE SOUL is a revolutionary gel cream, that is lightweight and hydrating. Formulated with echinacea, eyebright, cucumber and edelweiss to soothe. This is the product to reach for first thing in the morning and last thing at night. It also helps prevent moisture loss and ensure the delicate skin around the eye remains hydrated and smooth. Let your eyes tell your story!

BE STILL | settling moisturiser

Beautiful and sophisticated, BE STILL settles the skin immediately, leaving it smooth and dewy. Using calming Mediterranean ingredients of aubergine, cucumber, liquorice, basil, apricot, calendula and lavender, this vitamin enriched moisturiser with Calmaderm™ complex treats sensitive skin just the way it's craving to be treated. We even left out the things that make sensitive skin cross, like perfume and colour. Calm skin...calm you!

AAAHHH! | instant cooling balm

Don't you just hate it when your feet and legs swell up and ache? This lightweight formula will chill, calm and refresh feet and limbs that have been standing for too long. Rich in natural extracts and Mediterranean essential oils of peppermint, clove, lavender, black pepper and clary that cool and soften the skin, soothe away aches and help reduce fluid retention and puffiness. You really will go AAAHHH!

REPOSE | relaxing night cream

We call this a 'good night's sleep in a jar'. Enriched with jojoba, hops (to aid restful sleep), multivitamins and a blend of a dozen essential oils that are famous for assisting a calm mind and body. After cleansing, pop a generous scoop in each hand. Hold your hands up to your face and breathe in the aroma, then take time to gently massage all over your face and neck. You can also use it on your pulse points to help relieve anxiety, or on those duvet days when you are having a makeup break.



SPA WHEREVER YOU ARE

REFRESH, RELAX & UNWIND KIT

A handy collection of trusted favourites that you can take wherever you go to invigorate and refresh your senses leaving you ready to face the day. Whether you use them in the car, office, gym or when travelling, it doesn't matter as long as you make some time for you. These are the perfect products for refreshing, reviving and helping you to unwind. They are all you need to help you create a spa wherever you are!

CATEGORY:
Gift Therapy

CONTENT:
TONING ESSENCE | 30 ml / 1fl.oz.
QUIETUDE | 30 ml / 1 fl.oz.
AAAHHH! | 15 ml / 1 fl.oz.
ALL TALK | 5 ml / 0.16 fl.oz.
BECALM | 15 ml / 1 fl.oz.
PALM BALM | 15 ml / 0.5 fl.oz.
REPOSE | 15 ml / 0.5 fl.oz.
IN THE STILLNESS

TONING ESSENCE | essential mist tonic without the alcohol

A light, refreshing texture and the ingredients list is straight from the markets: tomato, lemon, orange, melon, rosemary, basil, mandarin, lime and ginger. A lovely hydrating, cooling, fresh pick-me-up as well as a toner. It'll have your skin singing!

QUIETUDE | chill out & sleep well mist

The ultimate product to say goodbye to stress and tension. We love QUIETUDE because it can be used in a number of ways. Spritz onto your towels and drape them over a warm radiator; or simply spray in the air around you to release the wonderfully cocooning Mediterranean essential oils of cedarwood, cypress, lavender, clove, vetiver, orange, patchouli, frankincense and chamomile.

AAAHHH! | instant cooling balm

Don't you just hate it when your feet and legs swell up and ache? This lightweight formula will chill, calm and refresh feet and limbs that have been standing for too long. Rich in natural extracts and Mediterranean essential oils of peppermint, clove, lavender, black pepper and clary that cool and soften the skin, soothe away aches and help reduce fluid retention and puffiness. You really will go AAAHHH!



ALL TALK | moisturising lip balm

Kiss those dry lips goodbye, with vitamin E, soybean and Mediterranean fruit essential oils for a delicious sun-kissed flavour. Massage into lips and enjoy the softness, taste and enriching experience! Use lots... you won't be able to stop yourself!

BECALM | soothing face mask

A luscious, creamy- textured mask that does exactly what it promises...tells stressed skin to BE CALM and happy! Super effective Calmaderm™ complex, and naturally kind cucumber, liquorice, basil, aubergine, camomile and lavender all deliver a boost of vitamins strengthen delicate tissue and help repair lost elasticity. Strength renewed!

PALM BALM | nourishing hand cream

A treatment for the hands. This long lasting, hydrating cream is rich in aloe, jojoba and vitamin E and gives silky, soft, smooth skin. Apply morning and night to hands, cuticles and wrists, or whenever your skin is begging for attention.

REPOSE | relaxing night cream

We call this a 'good night's sleep in a jar'. Enriched with jojoba, hops (to aid restful sleep), multivitamins and a blend of a dozen essential oils that are famous for assisting a calm mind and body. After cleansing, pop a generous scoop in each hand. Hold your hands up to your face and breathe in the aroma, then take time to gently massage all over your face and neck. You can also use it on your pulse points to help relieve anxiety, or on those duvet days when you are having a makeup break.

IN THE STILLNESS | luxury eye duvet

A luxurious velvet duvet for the eyes. These beautiful eyeshades have been designed uniquely by Temple Spa in response to the usually tight, thin and harsh versions available. They are shaped ergonomically for maximum comfort over lengthy use, blocking out all light and leaving the eye area relaxed and without indentations. IN THE STILLNESS eye shades are fabulous for use on a long-haul flight or if your job demands you sleep when others are active. Pop over the eyes for a deep, undisturbed sleep and you'll soon be counting sheep!



TRAVEL THERAPIES

GRAB & GO TRAVEL KIT

Your ultimate travelling companion!

A luxury collection of four essential products with concentrated formulas to keep you going throughout your travels, the kit contains everything you need to cleanse and condition your hair and body. Housed in a sleek bag that takes up little space, leaving more room for the important stuff.

CATEGORY:

Gift Therapy

SUITABLE FOR:

Unisex | All skin & hair types

USES:

- Those travelling or on the go
- To keep in your office drawer or your gym bag
- Anyone lacking on space in their luggage
- Anyone looking for travel size products to take in their hand luggage

CONTENTS:

GOOD HAIR DAY | 50ml / 1.6fl.oz.

IN GOOD CONDITION | 50ml / 1.6fl.oz.

LA LA LAGOON | 50ml / 1.6fl.oz.

PEACE BE STILL | 50ml / 1.6fl.oz.

GOOD HAIR DAY | frequent use shampoo

Is it the Mediterranean plant extracts or the ability to condition as well as clean that makes this so great? This gentle formula is mild enough to use every day, is kind to the scalp and will leave hair silky and shiny. It contains ingredients to condition the hair and to help it resist split ends and damage. A GOOD HAIR DAY is exactly what you'll have!

- ✓ Cleanses & nourishes
- ✓ Locks in moisture
- ✓ Luxurious spa fragrance
- ✓ Reduces flyaway

IN GOOD CONDITION | everyday hair conditioner

No hair care regime should be without a great conditioner. IN GOOD CONDITION softens and adds shine as it conditions. It nurses split ends and damage, caused by styling and blow drying, and reduces tangling, helping knots to comb out with ease.

- ✓ Softens, shines & hydrates
- ✓ Deeply nourishing
- ✓ Uplifting & energising scent



LA LA LAGOON | aromatic bath & shower gel

La la in the shower, or bathe in a marine blue lagoon – either way, let your imagination send you to exotic places as you use this relaxing, reviving, LA LA LAGOON. The unisex fragrance will soothe away any tiredness whilst it cleanses, softens and purifies.

- ✓ Suitable for all skin types
- ✓ Gently cleanses
- ✓ Softens & soothes skin
- ✓ Invigorates body & soul

PEACE BE STILL | calming skin balm

This sophisticated all-over balm deeply moisturises and softens, leaving your skin feeling oh so silky to touch. PEACE BE STILL is aromatherapy and skincare in one – with extracts of coriander, lemon, nutmeg, antioxidants and a fusion of relaxing Mediterranean essential oils and vitamin B5. An altogether deliciously textured formula that sinks into the skin immediately, leaving it ultra-smooth and beautifully settled. Calming to skin, body & soul!

- ✓ Hydration for body, hands & face
- ✓ Helps settle skin
- ✓ Comforting essential oils
- ✓ Quickly absorbed, non-greasy

